

# COMMUNITY RESOURCE BOOK

2024-2025





COMMUNITY SERVICES FOR CHILDREN, INC.
HEAD START/EARLY HEAD START OF
THE LEHIGH VALLEY
WWW.CSCINC.ORG

### Who We Are

Community Services for Children (CSC) is a regional leader in early childhood education, and family services affecting the lives of 20,000 children annually.

CSC's Head Start/Early Head Start of the Lehigh Valley program is recognized as a national center of excellence and innovation. CSC provides early childhood education and family services for economically disadvantaged throughout 17 counties of Northeast PA.

Headquartered in Allentown, with offices in 10 counties, Community Services for Children is a 501-c-3 not for profit organization employing 400 individuals who are committed to ensuring a successful future for children.

### **Programs and Services**

Head Start and Pre-K Counts
Early Head Start
Early Learning Resource Centers
Head Start Alumni Scholarship
Community Initiatives
Project Child
STEM Resources

### **Our Mission**

Prepare young children and their families to succeed in learning and life through innovative, comprehensive, leading-edge services.

### **Our Vision**

Engaged communities where every child thrives and every family succeeds

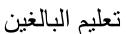
### **Table of Contents**

Adult Education	1		
Educación para adultos/تعليم البالغين			
Advocacy			
		Asientos de bebés para autos/مقاعد السيارة للأطفال <b>Child Behavioral Support</b> Apoyo para niños con problemas de conducta/الدعم السلوكي للطفال	11
			12
l12			
Child Care	14		
Servicios de guardería/رعاية الأطفال	14		
Children and Family Services	15		
خدمات الأطفال و الأسر/Servicios para niños y familias	15		
Consumer Information	26		
معلومات العملاء/Información al consumidor	26		
Counseling	27		
lالاستشارات/Consejería	27		
Crisis	35		
Crisis/کوارث/ کوارث/ کوارث Drug and Alcohol Support			
		Apoyo para personas (y sus familiares) adictas a las drogas y o	<del>-</del>
Emergency Numbers			
Employment			
Free or Low Cost Health Clinics			
ية مجانية أو منخفضة التكلفة/Clínicas de salud gratuitas o a bajo costo	67		
Health Insurance Plans for the Uninsured			
بالتأمين)/Planes de seguro médico para personas sin cobertura			
Healthcare Providers Directory	70		
دليل مقدمي الخدمات الطبية/Directorio de proveedores médicos	70		

Health Related Service Agencies	94
وكالات الخدمات الصحية/Agencias de servicios relacionados con la salud	94
Home Buying Programs	98
برامج لشراء منزل/Programas de compra de viviendas	98
Hotlines	100
Líneas directas de emergencia/الخطوط الساخنة	100
Legal and Pre-Legal Services	102
خدمات قانو نية و التثقيف القانو ني/Servicios legales	102
Libraries	105
Bibliotecas/المكتبات	105
Preschool Programs at No Cost	107
برامج التعليم ماقبل المدرسي (بدون تكلفة)/Programas preescolares gratuitos	107
Pregnancy and Newborn Support	108
دعم الحمل وحديثي الولادة/Ayuda para el embarazo y el recién nacido	108
Prescription Drug Assistance	110
Asistencia para recetas médicas/مساعدة الوصفات الطبية	110
Public Assistance Offices	111
Oficinas de asistencia pública/مكاتب الخدمات العامة	111
Recreation and After School Programs	112
برامج ترفيهية وبرامج مابعد المدرسة/Programas extraescolares y de recreación	112
School Districts	117
Distritos escolares/المناطق التعليمية	117
Services for Individuals with Disabilities	118
خدمات لذوي الاحتياجات الخاصة/Servicios para personas con discapacidad	118
Support Groups	124
Grupos de apoyo/مجموعات الدعم	124
Thrift Shops	126
متاجر البضائع المستعملة/Tiendas de segunda mano	126
Transportation	127
Trasnportación/المواصلات	127
Voting	128
Votación/التصويت	128

### **Adult Education**

### Educación para adultos



# **Bethlehem Area Vocational Technical School**

3300 Chester Avenue Bethlehem, PA 18020 610-866-8013 Website: **www.bethlehemavts.org** 

Provides Vocation-Technical Programs including: construction-related, mechanical, technical, creative, service, health and medical. Separate classes for high school students and adults in continuing education.

### **Career Institute of Technology**

5335 Kesselersville Road Easton, PA 18040 Phone: 610-258-2857

Website: www.citvt.com

Serves the school districts of Bangor, Easton, Nazareth, Pen Argyl and Wilson with high school programs. Adult Educational Programs are also available and are held either in the evening or full-time during the day. Call for further information about individual program hours and information.

### **CareerLink Lehigh Valley**

Lehigh and Northampton Counties (Hablamos español)

### **Primary Location**

555 Union Boulevard Allentown, PA 18109

Phone: 610-437-5627, TTY: 610-437-0741

Fax: 610-434-4122

Hours: 7:30 AM-4:00 PM, M-F

Website: www.careerlinklehighvalley.org

PA CareerLink Lehigh Valley is your ONE-STOP resource for employment and training programs

for eligible youth, adults, dislocated workers, veterans and other targeted populations. Services include:

- Assessment of skills, aptitudes, abilities and other needs
- Workshops: resume, career exploration, basic computer, job and labor market information and more
- Training funds available if qualified
- Assistance to individuals with disabilities
- Career Resource Centers: fully equipped for job searching

### **Casa Jeanette**

705 N. 8th Street Allentown, PA 18102 Phone: 484-860-0303

English as a second language, literacy classes, naturalization exam prep, educational workshops

### **Center for Humanistic Change**

555 Union Blvd., Suite 7 Allentown, PA 18109 Phone: 610-443-1595

Fax: 610-443-1598

Hours: 8:30 AM-4:30 PM, M-F Website: **www.thechc.org** 

Our mission is to give people (especially youth), the knowledge and tools they need to make better- informed and more positive life choices. CHC programs are offered in schools, communities and workplaces. Our clients include students, counselors, parents, social service employees, teachers, administrators, community groups, and individuals interested in personal growth. Drug and alcohol prevention programs remain a core service. Call for more information.

### **Community Action Development -**Allentown (Hablamos español)

(A subsidiary of Community Action Committee of the Lehigh Valley)

523-525 North 7th Street Allentown, PA 18102 Phone: 610-433-5703

Website: www.communityactionlv.org

The Community Action Lehigh Valley works toward the stabilization of neighborhoods and the economic empowerment of residents by enabling and encouraging them to develop and own businesses in the neighborhood. Through training and business-related programs, projects, and initiatives, The Community Action promotes a diversified economy of small-scale, locally owned businesses and empowers residents to assume more active roles in the stewardship of their community.

### **Community Action Development –** Bethlehem (Hablamos español)

(A subsidiary of Community Action Committee of the Lehigh Valley)

409 East Fourth Street Bethlehem, PA 18015 Phone: 610-807-9337

Website: www.communityactionlv.org

Learn how to start your own business. Training and assistance for business owners and those wanting to start a business in Bethlehem.

### **East Penn School District**

800 Pine Street Emmaus, PA 18049 Phone: 610-966-8300

Contact: Laura Groh at 610-966-8335 from

7:30 AM-3:30 PM

Website: www.eastpennsd.org

Runs non-credit adult education classes.

### **Educational Opportunity Centers** (EOC), Inc.

8 West Broad Street Hazleton, PA 18201 Phone: 570-454-6161

Bilingual Spanish: 610-554-0805 Hours: By appointment only Website: www.eocinc.org

EOC provides educational-based services (at NO COST) to individuals looking to advance in their education, whether that be obtaining a GED, short-term certificate, or college degree. We provides educational counseling, assistance with completing financial aid forms and college applications, occupational research, career assessments, and much more. EOC serves the participants of many community partners, including DATS, Recovery Bank, colleges and universities, United Neighborhood Centers, Outreach Center for Community Resources.

### **Employment Advancement and Retention Network (EARN)**

PA Career Link Lehigh Valley (Hablamos español)

Lehigh and Northampton County 555 Union Blvd. Allentown, PA

Phone: 610-437-5627

Website:

### www.careerlinklehighvalley.org/youth/skillsu sa-council

EARN provides a network of supportive services to assist eligible individuals gain access to appropriate employment and/or training. Program options include a full range of vocational, educational, and work activity options to include employability skills, career guidance, and directed job search. Skills and work readiness assessment, individualized career planning, job development, and retention services provide optimal job placement and retention support. Eligibility: Must be referred by County Assistance Office.

### **Hispanic American Organization**

(Hablamos español)

462 W. Walnut Street Allentown, PA 18102 Phone: 610-435-5334 Fax: 610-435-2131

E-mail: <u>HAO@hao-lv.org</u>

Counseling Service: 610-351-2292, ext. 412

Website: www.hao-lv.org

Partners with the Roberto Clemente Charter School; Nutrition – a program to educate clients on the availability of food stamps; Housing Case Management Services. Limited funding is available for rent assistance. Family Counseling Clinic – a bilingual counseling service; Evening School: English as a Second Language (ESL) and GED; ESL classes during the evenings (7 p.m.-9 p.m.); Computer Lab open to the public for ESL, job search, resume writing, GED preparation (Plato software), typing practice; Intake, Information and Referral Services.

### **Hispanic Center Lehigh Valley**

520 East Fourth Street Bethlehem, PA 18015 Phone: 610-868-7800 Fax: 610-868-4096

Email: hclvinfo@hclv.org Website: www.hclv.org

Classes in Computer and Resume Writing. Family Planning program also provided.

### **Job Corps**

Phone: 800-733-5627 or 570-788-1164

Website: www.jobcorps.gov

A GED and job skills training program for youth, between the ages 16-24 that have left high school. Job Corps is a residential program (students live in dorms) where students typically stay 9 months to 2 years. It is federally funded and free of cost. Job Corps provides many recreational opportunities for students. Families can visit the sites and students can visit their

homes while in Job Corps. While they earn their GED, students learn the following trades/skills: auto mechanics, carpentry, health occupations like EKG Tech, culinary arts (cooking), clerical and business technology, electrical, plumbing, brick laying, landscaping, others. There are several Job Corps sites in PA. The closest are near Hazleton (Keystone Center) and near Lopez, PA next to Ricketts Glen State Park (Red Rock Center).

### **Lehigh Carbon Community College**

### **LCCC Main Campus**

4525 Education Park Drive Schnecksville, PA 18078 Phone: 610-799-2121

### **LCCC Allentown at the Donley Center**

718 W. Hamilton Street Allentown, PA 18101 Phone: 610-799-1940

### **LCCC at LVIA**

600 Hayden Circle Allentown, PA 18109 Phone: 610-264-7089

### LCCC Tamaqua at the Morgan Center

234 High Street Tamaqua, PA 18252 Phone: 570-668-6880

Website: www.lccc.edu

LCCC offers degree and certificate programs in more than 90 different areas, with support to help students succeed, including tutoring, advising and career counseling. The college is affordable with a variety of scholarships and financial aid. Child care is offered on campus for children ages 3 to 5 year, with financial assistance available. The college also offers ESL, Adult Basic Education and GED classes and testing.

### **Lehigh Career & Technical Institute**

4500 Education Park Drive Schnecksville, PA 18078 Phone: 610-799-2300

Adult Workforce Education 610-799-1372 Career Academy Program 610-799-1491

School-to-Career 610-799-1361

Website: www.lcti.org

Adult Classes in: Construction, Heavy Equipment, Manufacturing, Mechanics, and Transportation.

### **The Literacy Center**

1132 W. Hamilton Street, Suite 300 Allentown, PA 18101-1025 Phone: 610-435-0680, ext. 804

Fax: 610-435-5134

Email: info@theliteracycenter-lv.org
Website: www.theliteracycenter-lv.org

GED, English as a Second Language, and Workforce Development Classes are offered in the daytime and evening to adult students. College Access Counseling, Career Counseling, Administrative Professional Training, Work From Home (WFH) Training, Support Services programming are also offered.

### **New Choices Program**

Northampton Community College

New Choices is a career decision-making program designed for: displaced homemakers, single parents, dislocated workers, single pregnant women, people interested in a career that is not traditional for their gender.

New Choices graduates have had great success in gaining employment and many go on to further their education. We have helped more than 3,200 women and men find the right education and career track for their situation. We can help you, too.

For more information call 610-861-5350 Website: www.northampton.edu/student-experience-and-support/new-choices.html

### Northampton Community College Center for College and Career Readiness

511 E 3rd Street, Suite 450 Bethlehem, PA 18015

Email: northamptoninfo@northampton.edu

Phone: 610-332-8650 Contact: Mayra Perez

Email: mperez@northampton.edu

Website: www.northampton.edu/education-and-training/community-education/esl-ged.html

GED test preparation and ABE (Adult Basic Education) classes are designed for adult learners who need to improve their basic skills in the areas of math, reading, and writing in preparation to take the GED test.

ESL classes are designed for individuals who are non-native speakers of English and who want to improve their ability to communicate in English at home or at work. These classes emphasize all areas of the English language, including listening, speaking, reading, and writing.

- Classes are free to eligible adults.
- Classes are offered year-round, morning or evening, remotely or in-person at the NCC Fowler Southside Center in Bethlehem, PA. Classes meet several times per week.
- All students must be 18 years of age.
- ESL students must be Pennsylvania residents.
- Students are required to attend a Student Orientation prior to attending classes. Preregistration for Student Orientation is required.

Call to learn more and ask about programs in your area.

### Allentown Office of Vocational Rehabilitation (OVR) (Hablamos español)

45 N. Fourth Street (other side of SS building)

Allentown, PA 18102

Phone: 610-821-6441 or 1-800-922-9536 TTY/TDD: 610-821-6144 or 888-377-9207

Hours: 8:00 AM - 4:30 PM, M-F

Call for appointment.

OVR is a state and federal program that assists individuals with disabilities to obtain, maintain and prepare for employment. Services include job training, vocational assessment, vocational counseling, job placement, and on-the-job supports. Transition services for students with disabilities may start as early as age 14. Serves Lehigh, Northampton, Carbon and Monroe Counties.

### Penn State Extension – Lehigh County

(Hablamos español)

### **Lehigh County Extension Office**

4184 Dorney Park Road, Room 104

Allentown, PA 18104 Phone: 610-391-9840

Email: LehighExt@psu.edu

Website: www.extension.psu.edu/lehigh

### **Northampton County Extension Office**

14 Gracedale Avenue Nazareth, PA 18064 Phone: 610-813-6613

Email: NorthamptonExt@psu.edu

Web: www.extension.psu.edu/northampton

Penn State Extension provides sound, researchbased educational programs and resources to the residents of Lehigh and Northampton counties. Program areas include: youth resiliency/family strengths, child development and professional development for early childhood educators, basic parenting skills, nutrition education for low-income families (EFNEP) and 4-H. Master Gardeners are trained volunteers who educate residents on topics related to home gardening. Programs and

resources are available in various formats on topics such as food preservation, food safety, integrated pest management and starting a small farm.

### **Pennsylvania Higher Education** Assistance Agency (PHEAA)

(Hablamos español)

1200 North Seventh Street Harrisburg, PA 17102 Website: www.pheaa.org

Call to get information and application for loans and grants to go to college.

### ProJeCt of Easton (Hablamos español)

### **Administration Building**

320 Ferry Street Easton, PA 18042

Phone: 610-258-4361, ext. 21

Fax: 610-258-7502

Email: communityrelations@projecteaston.org

### **Fowler Literacy Center**

200 Ferry Street Easton, PA 18042 Phone: 610-258-1100

Website: www.projecteaston.org

ProJeCt is a community benefit human service agency founded by local clergy and community leaders in 1968. Its purpose was to advocate for action and to provide services to an underserved poor population in Easton, Pennsylvania. Services include: emergency assistance and food program, case management support services that assist people in developing life skills and moving to self-sufficiency and educational programs that include adult basic literacy, English as a second language, GED preparation, family literacy and supplemental education programs for school age children.

### **Rising Tide Community Loan Fund**

(A subsidiary of Community Action Committee of the Lehigh Valley)

1337 East 5th Street (Forte Building)

Bethlehem, PA 18015 Contact: Chris Hudock Phone: 484-893-1039

Email: chudock@caclv.org Contact: Yajahira Rodriguez

Phone: 484-893-1032

Email: **yrodriguez@caclv.org**Website: **www.therisingtide.org** 

Provide micro and small business loans to startup an existing business within Carbon, Lehigh, Monroe, Northampton, and Upper Bucks counties.

### **Walter's Driving School**

15 E Main Street Macungie PA 18062 Phone: 610-366-0570

Email: waltersdrive@gmail.com

Website: www.drivewithwalters.com

Walter's Driving School is family owned and was founded in 1975 by Francis Walter. Offers driver education classes, drivers test preparation, brush-up lessons, defensive driving, confidence building, city & expressway driving with patient understanding teachers 7 days a week.

### **YWCA Bethlehem**

3895 Adler Place, Building A, Suite 180 Bethlehem, PA 18017

Phone: 610-867-4669

Website: www.ywcabethlehem.org

Hours: 8:00 AM - 5:00 PM, M-F

Operates Adult Day Services Center for seniors with disabilities and/or dementia to assist family caregivers. Operates TechGYRLS afterschool program at multiple BASD elementary schools. Holds annual Prom Dress Day each March to help girls purchase inexpensive gently used gowns.

### **Advocacy**

Abogacía مناصرة

# Advocacy is to act on someone's behalf (including your own) to get something done and to have your voice heard.

Call your city/town hall for these types of concerns: streets, garbage, recycling, parks, and crime.

Allentown: 610-437-7546 Bath: 610-837-1648 Bethlehem: 610-865-7000 Fountain Hill: 610-867-0301 Easton: 610-250-6600 Emmaus: 610-965-9292 Northampton: 610-262-2576 Catasaugua: 610-264-0571 Whitehall: 610-437-5524

Visit: www.dgs.pa.gov/publications/Documents/2020CommonwealthTelephoneDirectory-index\_WEB.pdf for more information or locations.

Call your school district office, your State or US Representative or Senator, call your US Congressperson. For more information, visit www.legis.state.pa.us/cfdocs/legis/home/findyourlegislator/index.cfm

### STATE SENATORS

### **Senator Lisa Boscola**

Senate Box 203018 Harrisburg, PA 17120 Phone: 717-787-4236

1 East Broad Street, Suite 120 Bethlehem, PA 18018 Phone: 610-868-8667

### www.senatorboscola.com

#### **Senator Nick Miller**

Senate Box 203014 Harrisburg, PA 17120-3014 Room: 352 Main Capitol 717-787-7105

740 West Hamilton Street Allentown, PA 18101 Phone: 610-821-8468

www.pasenatormiller.com

### **Senator Jarrett Coleman**

Senate Box 203016 Harrisburg, PA -3016 Room: 459 Main Capitol 717-787-1349

314 W. Broad Street Room 102 Quakertown, PA 18951 267-551-3744 FAX: 267-551-37642

7535 Windsor Drive

Suite 200-B Allentown, PA 18106 484-861-4964

FAX: 484-861-4965

www.senatorcoleman.com

### **US SENATORS**

### **US Senator Bob Casey**

Lehigh Valley Office 840 West Hamilton Street, Suite 301

Allentown, PA 18101 Phone: 610-782-9470

### www.casey.senate.gov

### **US Senator John Fetterman**

Harrisburg Office320 Market Street, Suite 475E Harrisburg,

PA 17101

**Phone:** 717-782-3951

www.fetterman.senate.gov

### **PA REPRESENTATIVES**

### Ryan E. Mackenzie

3402 Brookside Rd. Macungie, PA 18062 Phone: 610-965-9933

210 Ryan Office Building PO Box 202134 Harrisburg, PA 17120 Phone: 717-787-1000

### **Peter Schweyer**

1501 Lehigh Street, Suite 206 Allentown, PA 18103 Phone: 610-791-6270

527E Main Capitol Building P.O. Box 202022 Harrisburg, PA 17120 Phone: 717-787-2909

### Michael H. Schlossberg

5100 Tilghman Street, Suite 200

Allentown, PA 18104 Phone: 610-821-5577

147 Main Capitol Building P.O. Box 202132 Harrisburg, PA 17120 Phone: 717-705-1869

### Jeanne McNeill

1080 Schadt Avenue Whitehall, PA 18052 Phone: 610-266-1273

219 Irvis Office Building P.O. Box 202133 Harrisburg, PA 17120 Phone: 717-772-9902

### **Joshua Siegel**

1801 Union Boulevard Suite H-2 2nd Floor Allentown, PA 18109 Phone: 484-656-7744

117B East Wing P.O. Box 202022 Harrisburg, PA 17120-2022 Phone: 717-705-6433

#### Joe Emrick

301 Village at Stones Crossing Road Easton, PA 18045 Phone: 484-544-0146

134 South Main Street Nazareth, PA 18064 Phone: 610-746-5090

108 Ryan Office Building P.O. Box 202137 Harrisburg, PA 17120-2137 717-260-6159

#### **Robert Freeman**

215 Northampton Street Easton, PA 18042 Phone: 610-253-5543

207 Irvis Office Building PO Box 202136 Harrisburg, PA 17120 Phone: 717-783-3815

#### **Ann Flood**

962 Pennsylvania Avenue Pen Argyl, PA 18072 Phone: 610-746-2100

402 Irvis Office Building PO Box 202138 Harrisburg, PA 17120 Phone: 717-783-8573

### **Steve Samuelson**

104 East Broad Street Bethlehem, PA 18018 Phone: 610-867-3890

208 Irvis Office Building P.O. Box 202135 Harrisburg, PA 17120-2135 Phone: 717-705-1881

#### Milou Mackenzie

1425 Mountain Drive North Bethlehem, PA 18015 Phone: 610-965-5830

405 Irvis Office Building P.O. Box 202131 Harrisburg, PA 17120-2131 Phone: 717-783-1673

### **Zachary Mako**

2030 Center Street Northampton, PA 18067 Phone: 610-502-2701

125 South Walnut Street Slatington Borough Hill-1st Floor Slatington, PA 18080

Phone: 610-760-9805 402 Irvis Office Building PO Box 202183

Harrisburg, PA 17120 Phone: 717-772-5398

### **CONGRESS**

### Congresswoman Susan Wild

E-mail: wild.press@mail.house.gov

Website: wild.house.gov

### **Northampton County**

400 Northampton Street, Suite 503

Easton, PA 18042 Phone: 610-333-1170

Hours: 9:00 AM - 5:00 PM, M-F

### **Lehigh County**

840 Hamilton Street, Suite 303

Allentown, PA 18101 Phone: 484-781-6000

Hours: 9:00 AM - 5:00 PM, M-F

To learn more call the county voter registration office at 610-782-3194 (Lehigh County) or 610-559-3055 (Northampton County)

## Community Action Development – Allentown

523-525 N. 7th Street Allentown, PA 18102 Phone: 610-433-5703 Fax: 484-821-2218

Website: www.communityactionlv.org

The Community Action Development
Corporation of Allentown works toward the
stabilization of neighborhoods and the
economic empowerment of residents by
enabling and encouraging them to develop and
own businesses in the neighborhood. Through
training and business-related programs, projects,
and initiatives, CADCA promotes a diversified
economy of small-scale, locally owned
businesses and empowers residents to assume
more active roles in the stewardship of their
community.

### **League of Women Voters**

### **Lehigh County**

P.O. Box 3275 Allentown, PA 18106

Phone: 610-432-1456

E-mail: email@lwvlehighcounty.org Website: www.lwvlehighcounty.org

### **Northampton County**

P.O. Box 523

Bethlehem, PA 18016 Phone: 610-252-1339

E-mail: lwvnorthco@yahoo.com Website: www.lwvnorthco.org

Non-partisan information on elections, issues and candidates. Visit website for more information, events and voting tools.

### **National Head Start Association**

Phone: 1-866-677-8724

Hours: 9:30 AM - 5:30 PM, M-F

Website: www.nhsa.org

The National Head Start Association (NHSA) is a nonprofit organization committed to the belief that every child, regardless of circumstances at birth, has the ability to succeed in life. NHSA is the voice for more than 1 million children, 200,000 staff and 1,600 Head Start grantees in the United States. Since 1974, NHSA has worked diligently for policy changes that ensure all atrisk children have access to the Head Start model of support for the whole child, the family and the community.

# Pennsylvania Head Start Association (PHSA)

P.O. Box 6445

Harrisburg, PA 17112 Phone: 717-526-4646

Email: stateoffice@paheadstart.org Website: www.paheadstart.org

The Pennsylvania Head Start Association (PHSA) is a non-profit membership organization. PHSA is an advocacy organization for Head Start programs, families, staff and administrators in Pennsylvania.

### Pre-K for PA

415 Market Street Harrisburg, PA 17101

Email for General Inquiries: Info@prekforpa.org

Building on the shared belief that all children should have the opportunity to enter school ready to succeed, a broad coalition of organizations launched the Pre-K for PA campaign in 2014. The campaign set out to make pre-k a priority issue to the legislative elections, advocating increased access to high-quality pre-kindergarten for all of Pennsylvania's 3- and 4-year olds.

Website: www.prekforpa.org

# Promise Neighborhoods of the Lehigh Valley

333 West Union Street Suite 103

Allentown, PA 18102 Phone: 610-351-4288

Contact: Hasshan Batts, Director

Website: www.promiseneighborhoodslv.org

### Zero to Three

2445 M Street NW Suite 600 Washington, DC 20037

Phone: 202-638-1144 Toll free: 800-899-4301

Website: www.zerotothree.org

The mission of Zero to Three is to ensure that all babies and toddlers have a strong start in life. At Zero to Three, we envision a society that has the knowledge and will to support all infants and toddlers in reaching their full potential.

A Family Guide to Inclusive Learning in Pennsylvania www.elc-pa.org/wp-content/uploads/2012/08/ELC\_EarlyLearning\_Guide\_2ndedition\_2012.pdf

The Right to Special Education in Pennsylvania: A Guide for Parents and Advocates

www.elc-pa.org/wpcontent/uploads/2014/03/ELC\_Right\_to\_Speci alEducation\_revisedapndx\_Sept2016.pdf

Advocacy in Action: A Guide to Special Education Parent Advisory Councils (SEPACs) https://sepacguide.parentcenterhub.org/special-education-parent-advisory-councils-partic-chapter-1

### **Car Seats**

### Asientos de bebés para autos مقاعد السيارة للأطفال

### **Blue Mountain Health System**

211 North 12th Street Lehighton, PA 18235-9989 Phone: 610-377-1300

Contact: Mary Lou McGeehan

Kid Zone, Blue Mountain Health System – Car Seat Program. For information or to access the program, call 610-379-0411.

Call 610-377-7070 for periodic car seat safety checks and the Safesitter babysitting program.

### **Car Seat Loan Program**

### **Northampton County**

Bethlehem Health Bureau Contact: Mildred Ozoa Phone: 610-865-7087

### **Lehigh County**

Borough of Alburtis Police Department Contact: Christopher Lubenetski

Phone: 610-996-4778

### **South Whitehall Township Police Department**

Contact: Jason Grozier Phone: 610-398-0337

### **Life Choices**

411 South Main Street Phillipsburg, NJ 08865 Phone: 908-454-2066

Website: www.lifechoicesonline.org

Promotes and helps build healthy families by providing medical services that encourage good pre-natal care, material assistance for families in need, mentoring and encouraging risk-free behavior in youth.

### **Community Services for Children, Inc.**

(Hablamos español)

1520 Hanover Ave Allentown PA 18109

Phone: 610-437-6000, ext. 2130 Website: **www.cscinc.org** 

Operation: Safe Ride provides car seat vouchers to Community Services for Children, Inc., for families in need. Supplies are limited. If interested, contact your Family Engagement Partner, Child Development Partner or Therapeutic Family Coach to apply for car seats.

### **Lehigh Valley Health Network**

Contact: Deanna Shisslak Phone: 610-402-5733

Provides car seat clinics, free/reduced cost car seats and Pack-n-Plays, prenatal and parenting classes. You must register in advance for events and classes.

### **Child Behavioral Support**

# Apoyo para niños con problemas de conducta الدعم السلوكي للطفل

### **ABA Support Services**

224 Nazareth Pike, Suite 22A Bethlehem, PA 18020 or 682 N. Brookside Road Allentown, PA 18106 Phone: 610-365-8373

Website: www.abasupportservices.com

### **Access Services**

3975 Township Line Rd. Bethlehem, PA 18020 Phone: 640-866-6667 Toll free: 877-896-6667

Website: www.accessservices.org

### **Behavioral Health Associates**

413 Bridge St. Weissport, PA 18235 Phone: 610-379- 9304

Website: www.bhaeducation.org

### **Carbon Lehigh Intermediate Unit #21**

4210 Independence Dr. Schnecksville, PA 18078

Phone: 610-769-4111, ext. 1256

### **Colonial Intermediate Unit #20**

6 Danforth Dr. Easton, PA 18042 Phone: 610-252-5550

Website: www.ciu20.org

### Concern

1 W Main St.

Fleetwood, PA 19522 Phone: 610-944-0445

Website:

### www.concern4kids.org/behavioral-health

90 S Commerce Way, Suite 300

Bethlehem, PA 18017 Phone: 610-691-8401

### **Glen Koch & Associates**

961 Marcon Blvd., Suite 312

Allentown, PA 18109 Phone: 610-266-0610 Fax: 610-266-0292

Website: www.glennrkochandassociates.com

### **Holcomb Behavioral Health Systems**

1245 S Cedar Crest Blvd Suite 303

Allentown, PA 18103 Phone: 610-435-4151

929 Northampton St. Easton, PA 18042 Phone: 610-330-9862

Website:

www.chimes.org/about/chimes-family/holcomb-behavioral-health-systems

### KidsPeace Children's Hospital

1620 Broadway

Bethlehem, PA 18015 Phone: 610-799-8600

Website:

www.kidspeace.org/outpatient-services

### **Malvern Community Health Services**

900 Northbrook Drive Suite 300

Trevose, PA 19053 Phone: 215-364-3299

Website: www.malvernchs.com

### **NeurAbilities Healthcare**

1405 North Cedar Crest Boulevard, Suite 109

Allentown, PA 18104 Phone: 856-346-0005

Website:

www.neurabilities.com/locations/allentown-

pa/

### **Pennsylvania Mentor**

3450 High Point Blvd., Suite 160

Bethlehem, PA 18017 Phone: 610-867-3173

Website: www.pa-mentor.com

### **Penn Foundation**

807 Lawn Ave.

Sellersville, PA 18960 Phone: 215-257-6551

Hours: M-T 8:00 AM-8:00 PM, F 8:00 AM-5:00 PM

Website: www.pennfoundation.org

Penn Foundation provides a variety of mental health services for children and their families. These include outpatient counseling, Early Intervention services (birth-3 with developmental delay), and Family Based Services.

### **Team Counseling Concepts Inc**

2909 Route 100 Suite 110 Orefield, PA 18069

Phone: 570-460-0050

Email: <a href="mailto:teamcounselingconcepts@gmail.com">teamcounselingconcepts@gmail.com</a>
Website: <a href="mailto:www.teamcounselingconcepts.com/">www.teamcounselingconcepts.com/</a>

### The ReDCo Group

Kids Intervention – Behavioral Health Rehabilitative Services 44 E Board Street Bethlehem, PA 18018 Phone: 484-635-1566

Website:

www.pathwaysofpa.com/services/the-redcogroup

### **Valley Youth House**

3400 High Point Blvd. Bethlehem, PA 18017 Phone: 610-820-0166

Contacts:

Michele Albright

Email: malbright@valleyyouthhouse.org

Michele Weissmann

Email: Mweissmann@valleyyouthhouse.org

Website: www.valleyyouthhouse.org

Valley Youth House has offices in Allentown, Bethlehem and Easton. Services offered include: mental health counseling for families and youth, family preservation; family based mental health; independent living program for youth including teenage moms and their babies (therapy supervised residence); a runaway and homeless youth shelter for ages 12 through 17 (there is also a shelter in Bucks County); student assistance program (SAP) for mental health counseling through Northampton County school districts; school based drug prevention services; child abuse prevention coalition; Camp Fowler providing youth a place to heal, learn, and grow, including overnight camping, challenged based recreation and character education programs.

### **Child Care**

# Servicios de guardería رعاية الأطفال

### **American Family Services Day Care**

1025 MacArthur Road Whitehall, PA 18052 Phone: 610-351-3028

Website:

## https://afsofficepa.wixsite.com/amfamilyservices/day-care-centers

Hours: 8:00 AM-5:00 PM, M-F

- Affordable, quality care for children ages 3-5 years old
- Full time care
- Snacks provided
- Registered with DPW
- Accepts Title 20
- Preschool programs and kindergarten prep programs
- · All Staff First Aid and CPR certified
- Fully Equipped Fenced in Outdoor Play Area

### **Early Learning Resource Center (ELRC)**

Services: A place where families can find highquality early education opportunities, apply for assistance to help with child care costs (Child Care Works program) or access other resources that will set them on a path to success. It is also where child care providers can receive information on improving program quality (Keys to Quality program)

Eligibility: Parent must be working at least 20 hours a week (or a combination of work and school hours).

Website: www.elrc-csc.org

Note: There is usually a waiting list for Child Care Works.

**ELRC Region 14 Offices** 

#### Allentown

1520 Hanover Ave. Allentown, PA 18109

Phone: 610-437-6000, Toll Free: 800-528-7222

Fax: 610-432-0100 or 610-820-6830

#### Bethlehem

65 E Elizabeth Ave Suite 101 Bethlehem, PA 18018

Phone: 484-898-8101, Toll Free: 800-528-7222

Fax: 610-419-4356

# Third Street Alliance for Women and Children – The Learning Center

(Hablamos español)

41 North 3rd Street Easton, PA 18042 Phone: 610-258-6271

Hours: 6:00 AM - 6:00 PM, M-F

Website: www.ThirdStreetAlliance.org

The Learning Center provides high quality, affordable curricula for children 6 weeks to 12 years old. We are a NAEYC accredited program that has earned the Keystone Star 4 level. We encourage and develop cognitive, physical, social, and emotional growth for each individual child while responding to the needs of families. We care for children in a way that is loving, respectful, and educational. It is our job to assist children in growing to their individual potential in an atmosphere that is supportive, rich, and challenging. Our students learn through play and hands-on experiences. We also have a Pre-K Counts classroom during the school year that prepares students so that they are well-rounded and have a smooth transition to Kindergarten.

### **Children and Family Services**

### Servicios para niños y familias خدمات الأطفال و الأسر

### Ann Friedenheim, M.S., L.P.C.

1320 Hausman Rd., Suite 202 Allentown, PA 18104 Phone: 484-436-4459

Fax: 484-294-2791

Hours: By appointment only

Website:

### www.psychologytoday.com/us/therapists/an n-friedenheim-allentown-pa/188234

Over the last 35 years I have worked with adults, teens and children living through many difficult circumstances. I offer a safe and nurturing place to explore situations or problems that are causing you distress. Through therapy, you can connect with your inner strengths, identify your needs and priorities and take steps to greater peace and satisfaction. Many of my clients address depression, anxiety, life changes, unresolved issues of the past, relationships and trauma. Some people use therapy not to problem solve but to find ways to have more joy, greater well-being or to gain a clear direction towards the future.

When working with children, I utilize child centered play therapy techniques. While adults are comfortable communicating verbally, children use the language of play to express the themes in their lives. Through play, children are able to communicate about issues that are troubling them and can learn ways to share feelings and thoughts.

I offer traditional talk therapy techniques and also for those who are interested. LifeForce Yoga® for Depression and Anxiety, Mindfulness Based Stress Reduction, EMDR Therapy and sandtray therapy. You do not need to be at any

particular level of fitness for the LifeForce Yoga as it can be done on the floor or a chair.

### **Big Brothers/Big Sisters of Lehigh** Valley, Inc.

41 S. Carlisle Street Allentown, PA 18109 Phone: 610-432-8000 Email: bbbs@bbbslv.org Website: www.bbbslv.org

Big Brothers Big Sisters of the Lehigh valley matches kids with caring mentors, transforming our communities. We don't create potential, we defend it. Give us a call to learn more about our programs and to enroll your child.

### **Bright Creations Learning Center**

7462 Penn Drive Allentown, PA 18106 Phone: 610-841-3522 Fax: 610-841-4660

Contact: Suzanne Herman, Director Hours: 6:30 AM - 6:00 PM, M-F

Website: www.brightcreations.center

Bright Creations Learning Center exists to provide a safe, developmentally appropriate environment for your child. Our focus is to provide a stimulating early care and education experience which promotes each child's social/emotional, physical and cognitive development. Our goal is to support children's desires to be life-long learners.

### **Casa Jeanette Christian Daycare**

705 N. 8th Street Allentown, PA 18102 Phone: 484-860-0303

After School Program, Summer Program, Preschool, Special Needs Population Day Program, Educational Workshops, Volunteers and Community Collaboration

### **Camelot for Children**

2354 W. Emmaus Avenue Allentown, PA 18103 Phone: 610-791-5683

Contact person: Emily Werner

Email: info@camelotforchildren.org
Website: www.camelotforchildren.org

A non-profit organization providing year-round social and educational opportunities to children with disabilities and chronic or terminal illnesses in a supportive, developmentally appropriate, enriching environment in order to make the magic of childhood accessible to children with unique needs.

### **Catholic Charities**

900 S. Woodward Street Allentown, PA 18103 Phone: 610-435-1541

Offers parenting classes. Call for days/times.

### **Center for Humanistic Change**

555 Union Blvd., Suite 7, 2<sup>nd</sup> Floor Allentown, PA 18109 Phone: 610-443-1595

Fax: 610-443-1598

Hours: 8:30 AM-4:30 PM, M-F Website: www.thechc.org

Our mission is to give people especially youth, the knowledge and tools they need to make better- informed and more positive life choices. CHC programs are offered in schools, communities and workplaces. Our clients include students, counselors, parents, social service employees, teachers, administrators, community groups, and individuals interested in personal growth. Drug and alcohol prevention programs remain a core service.

### **ChildLine and Abuse Registry**

Hillcrest Building – second floor, Box 2675 Harrisburg, PA 17105-2675

Phone: 800-932-0313 (24 hours, 7 days a week)

Call to report suspected child abuse. All phone calls are confidential. You may remain anonymous.

### **Community Solutions, Inc.**

2015 W. Hamilton Street, Suite 204A

Allentown, PA 18104 Phone: 610-435-3343 Fax: 610-435-7211

Email: iwestdorp@csimail.org Hours: 8:30 AM-4:30 PM, M-F Contact: Jill Hoch – Area Director Isaac Westdorp- Program Director Website: https://csi-online.org

### **Multi-systemic Therapy Treatment Program**

Multi-systemic Therapy (MST) is an intensive family and community based treatment service that addresses multiple aspects of serious behavior in adolescents.

The multi-systemic approach views an individual's behavior as being influenced by the system around them- family, peers, school, neighborhood, as well as by the individual's thoughts and feelings about that system.

MST interventions address the many factors that are known to contribute to delinquency where the youth lives, works and plays. Therapists work with parents/caregivers to impact and provide support in school, youth, peer, and community settings for 4-6 months. Contact can be daily at the outset, with families receiving 2-3 sessions per week on average. Therapist are available around the clock for emergencies and support.

These family interventions promote positive family relationships and development of skills to impact adolescents' risky and acting-out behaviors as well as enhance the parent's capacity to monitor and manage the adolescent.

### **Community Services for Children, Inc.**

(Hablamos español)

1520 Hanover Avenue Allentown, PA 18109 Phone: 610-437-6000 Fax: 610-437-6500

Website: www.cscinc.org

Community Services for Children (CSC) provides and supports quality early education throughout northeastern Pennsylvania. CSC administers Head Start and Early Head Start of the Lehigh Valley, PA Pre-K Counts, and Early Learning Resource Centers throughout northeastern Pennsylvania.

Head Start and PA Pre-K Counts help children and their families succeed in learning and life. Over 1,200 children and families are enrolled in Head Start and Early Head Start of the Lehigh Valley. Head Start and PA Pre-K Counts classrooms are located throughout Lehigh and Northampton Counties, including partnerships with the following school districts:

- Bangor Area School District
- Bethlehem Area School District
- Easton Area School District
- East Penn School District
- Northampton Area School District
- Northern Lehigh School District
- Parkland School District
- Salisbury Township School District
- Whitehall-Coplay School District
- Pen Argyl Area School District

Additional partners in service include Carbon-Lehigh Intermediate Unit #21 and Colonial Intermediate Unit

#20. In addition, the Early Head Start SafeStart Program is a center-based collaboration with

both Lehigh and Northampton Counties. Head Start of the Lehigh Valley and Early Head Start of the Lehigh Valley link early education with other services including health, family services, parental involvement, child development and parenting, decision making, and supporting personal development.

CSC's Early Learning Resource Centers are onestop community hubs providing support and resources to families and early learning providers. They are designed to improve the quality of and access to early education and child care programs; help families access other critical services, such as child care subsidy and Early Intervention; and provide coaching to child care professionals to boost quality ratings according to Keystone STARS, Pennsylvania's quality improvement program.

### Concern

90 South Commerce Way, Suite 300 Bethlehem, PA 18017

Phone: 610-691-8401

Contact Person: Shanon Feeser, MPA, LMSW

Website:

www.concern4kids.org/behavioral-health

### **Fleetwood Office**

1 West Main Street Fleetwood, PA 19522 Phone: 610-944-0445

### **Wyomissing Office**

1120-C Hobart Ave. Wyomissing, PA 19610 Phone: 610-371-8035

#### **Easton Office**

175 S 21st Street Easton, PA 18042 Pone: 484-497-9699

Fax: 484-548-1339

Hours: Mon-Thu 8 AM- 8 PM, Frid 8 AM-5 PM,

Saturday by appointment only.

Services: Foster care and permanency services. Counseling services (individual, family, couples, and group therapy). Provides IBHS also known as wrap-around/BHRS services.

Medication management offered.

### Cops 'n' Kids Reading Room – Bethlehem

## "Connecting kids and community through literacy—one book at a time"

Northampton Community College Fowler Family Southside Center 511 East Third Street, Room 403 Bethlehem, Pennsylvania.

Phone: 610-861-5526

E-mail: Ivcops-n-kids@att.net Website: www.copsnkidsIv.org

The Cops 'n' Kids Reading Room, in partnership with Northampton Community College, provides a place for children and families to read together, share stories, and select free books to take home. Special programs can be planned for groups (storytelling, puppet shows, or other learning experiences linked to a specific curriculum standard or classroom topic).

Teachers and group leaders may also select up to five books per visit—for larger quantities, please contact us.

### **Diakon Adoption and Foster Care**

1 South Home Avenue Topton, PA 19562 Phone: 610-682-1504

Contact: Joyce Riche

Toll Free: 877-342-5667 or 888-582-2230

Office hours: 8:00 AM- 4:00 PM Website: www.diakon.org

We are an affiliate of the Statewide Adoption and Permanency Network providing adoption services which include family profiles, child profiles, child preparation, child specific recruitment, placements/ finalization services and post adoption support. We also provide foster care, family finding and counseling services for women with unplanned pregnancies.

### **Family Connection of Easton**

(Cheston Elementary School)

723 Coal Street Easton, PA 18042

Phone: 610-250-2551 ext. 24075

Website: www.familyconnectionofeaston.org

Family Connection has been the family center in the Easton Area School District since 1998. They help children be successful by engaging and supporting families, building positive familyschool-community partnerships, removing barriers to learning, and providing extra learning opportunities. Services include: family support, case management, information and referrals to academic and social services, health and wellness programming and helping parents navigate the school system; Backpack Pals Program, providing basic needs support and operating school-based pantries; The ParentChild+ Program (PC+), a home-based early childhood education and family literacy program; The Cheston Cougars Learning Club (CCLC) and the Paxinosa After-School Learners Club (PALS) after school program; Parents Who Care (PWC), a 4-week family wellness and parenting group; and the Transition Initiative which connects early childhood educators, the school district, and parents to help children make a successful transition to Kindergarten as well as ensuring a robust transition for students from elementary to middle school.

### **Families First**

1620 Teels Road Pen Argyl, PA 18072 Phone: 610-863-3688

Website: www.familiesfirstofpenargyl.org

Families First is a family center in Pen Argyl Area School District serving residents in the Pen Argyl Borough, Wind Gap Borough and Plainfield Township. Families First is a partnership committed to developing a community network of support and a welcoming place where families are offered compassionate, knowledgeable, and confidential assistance. Utilizing existing community resources, Families First assists families with various issues affecting family stability, including: housing, counseling, parenting, budgeting, transportation, education, domestic violence, and drug and alcohol issues.

# KidsPeace and Orchard Behavioral Health

Phone: 1-800-8KID-123 (1-800-854-3123)

Orchard Hills Campus 5300 KidsPeace Dr. Orefield, PA 18069 (Inpatient Hospital)

Websites:

### www.kidspeace.org www.orchardbehavioralhealth.org

KidsPeace is a private, not-for-profit organization dedicated to serving the critical behavioral and mental health needs of children, preadolescents, and teens. Headquartered in Orefield, Pennsylvania, KidsPeace offers a comprehensive range of treatment programs to help families help kids anticipate and avoid crisis whenever possible. KidsPeace serves children and adolescents from ages 5 through 18.

**www.teencentral.net:** Is a web-based therapeutic support for teens and young people.

Services Provided in the Lehigh Valley Area:

- Outpatient individual, family, and group therapy
- Medication management
- Walk-in urgent care assessment (9:00 a.m. to 5:00 p.m. Monday through Friday)
- Home-based treatment for children affected by autism
- Afterschool and Summer treatment programs for children affected by autism

- Acute partial day program for mental health treatment
- Inpatient mental health hospital

### **OUTPATIENT LOCATIONS:**

### **Sacred Heart Addictions Program**

451 W. Chew Street, Suite 105 Allentown, PA 18102 Phone: 610-799-7113

Fax: 610-663-3270

At Sacred Heart Addictions program we offer individual and group D&A treatment as well as D&A Intensive Outpatient. Sacred Heart Addictions Program (sees individuals ages 13-65, younger on a case by case basis).

### **Family Center Campus**

1620 Broadway Bethlehem, PA 18015 Phone: 610-799-8600

Fax: 610-867-9655

At Family Center we offer individual, group and family therapy, as well as psychiatric evaluations and medication management. We currently have ASD groups that run throughout the year and LGBTQ group. We also offer Parent-Child Interactive Therapy for ages 2.5-7.

### **Green Street Outpatient Clinic**

801 E. Green Street Allentown, PA 18109 Phone: 610-799-8910

Fax: 610-776-1694

At Green Street we offer individual, group and family therapy as well as psychiatric evaluations and medication management. We also offer Parent-Child Interactive Therapy for ages 2.5-7.

### **Sacred Heart Sigal Center**

451 Chew Street, Suite 105 Allentown, PA 18102 Phone: 610-799-7100

Fax: 610-663-3270

At Sacred Heart we offer individual, group and family therapy as well as psychiatric evaluations and medication management.

### Lehigh Children's Academy

5910 Hamilton Blvd.

Lower Macungie, PA 18106

Phone: 610-841-5801 Fax: 610-841-5805 Contact: Marie Andrew

Email: director@LehighChildrensAcademy.com Website: www.LehighChildrensAcademy.com

Lehigh Children's Academy provides care and education for young children starting at six weeks and provides before and after school care for school age children. Located in Lower Macungie Township, the curriculum at Lehigh Children's Academy is focused on promoting the acquisition of skills by students through the design and enhancement of learning environments, activities, and routines of children and their families. Lehigh Children's Academy is a non-profit early education center.

The philosophy behind the curriculum at Lehigh Children's Academy is that young children learn best by doing and encourages active thinking, experimenting to learn how things work and learning firsthand about the world. Lehigh Children's Academy's mission is to help children become enthusiastic, independent, self-confident, inquisitive learners. Lehigh Children's Academy's curriculum includes music, art, foreign languages, technological integration, cooking, and classes dedicated to developing and promoting fine and gross motor skills.

Before and after school care is available for children from age 5 to 12 and includes afterschool homework help. Summer Camp is available for children ages 5 through 12 and includes educational field trips to places like the Da Vinci Science Center and the Allentown Art Museum.

# Lehigh County Office of Children and Youth

Lehigh County Government Center 17 South Seventh Street Allentown, PA 18101-2401 Phone: 610-782-3200

Hours: 8:00 AM-4:30 PM, M-F After Hours: 610-782-3064

Website:

www.lehighcounty.org/Departments/Human-Services/Children-Youth-Services

Services: Local public agency required by state and federal law to respond to referrals of child abuse and neglect. The agency provides a wide range of services to protect children and strengthen families by partnering with many different service providers throughout Lehigh County. While the agency is committed to providing high quality services to the victims of child abuse/neglect and their families, the agency also believes that prevention efforts create the strongest foundation for the future well-being of our children, families, and community.

### **Lehigh Valley Breastfeeding Coalition**

1636 N. Cedar Crest Blvd #105

Allentown, PA 18104 Phone: 484-232-9427

Email: lehighvalleybreastfeeding@gmail.com Website: www.LehighValleyBreastfeeding.org

We are a resource for breast/chest feeding support within the Lehigh Valley.

### **Lehigh Valley Health Network**

1200 S. Cedar Crest Blvd. Allentown, PA 18103 Phone: 610-402-2273

Website: www.LVHN.org

Offers parenting workshops/classes. Call 888-402-5846 for more information or to register.

### **Malvern Community Health Services**

900 Northbrook Drive, Suite 300

Trevose, PA 19053 Phone: 215-364-3299 Fax: 215-364-5653

Website: www.malvernchs.com

Progressions provides Behavioral Health Rehabilitation Services (BHRS) (wrap around

services) Outpatient

### **Marvine Family & Community Center**

1425 Livingston Street Bethlehem, PA 18017

Phone: 610-849-9345 Ext. 16811

Program Supervisor, Lissette Maldonado Email: lmaldonado@basdschools.org

Hours: 8:00 AM-3:30 PM, M-F

The BASD- Parents As Teachers Program (P.A.T.) serves families with children prenatal to 5 years old, Bethlehem residents only. "Parents As Teachers" helps parents understand child development and improve parenting practices, connects them to the resources they need to make the best choices for their family. "Parents As Teachers" offers free personal home visits customized for the needs of the family, provides early detection of developmental delays and health issues, and increases children's school readiness and school success.

### The Neighborhood Center

902 Philadelphia Road Easton, PA 18042

Phone: 610-253-4253

Website:

### www.eastonareaneighborhoodcenter.org

Northampton County residents only. Services: ASPIRE – a mentor program for pregnant or parenting teens at Easton Area High School, Easton Academy and Wilson Area High School.

### **Maternal and Family Health Services: Lehigh Valley WIC Clinic**

1837 West Linden Street Allentown, PA 18104 Phone: 610-971-7189 Fax: 484-714-0663

Monday: 10:00am - 6:00pm Tuesday: 9:00am - 5:00pm

Wednesday - Friday: 8:00am - 4:00pm

Website: www.mfhs.org

The WIC (Women, Infants, and Children) Program promotes the health of women, infants, and children by providing food and nutrition education to pregnant women, breastfeeding mothers, infants and children. WIC services include: nutrition education, healthy food vouchers, breastfeeding support, farmer's market vouchers, and much more.

### **Neighborhood Health Centers of the Lehigh Valley – Fowler Family Center** at Donegan

1210 East 4th Street Bethlehem, PA 18015 Phone: 484-408-0755 Website: www.nhclv.org

The Bethlehem School District, in collaboration with parents, State & County Human Services, the United Way and other donors operate a Family Center at the Donegan Elementary School. They offer a variety of services to parents and children, including parenting education, toy and book lending libraries, child health services (includes vision, hearing, immunizations, and sick care), developmental screenings, OB/GYN care for women, health care for uninsured adults, after school activities and referral to community resources.

# Northampton County – Children, Youth & Family Services

2801 Emrick Blvd. Bethlehem, PA 18020

Main Number: 610-829-4690

Toll Free: 800-634-0808

Hours: 8:00 AM-5:00 PM, M-F

24 hr. Emergency Services: 610-252-9060 To report child abuse call 1-800-932-0313

Northampton County Children, Youth and Families Division is responsible for planning and providing State mandated social services to dependent and abused children and youth in Northampton County. These services include activities designed to prevent neglect, abuse and exploitation and that help individuals overcome problems that result in dependency and abuse; provide services to families in their own homes which protect children from continued harm; provide temporary, substitute care in foster family homes or residential (24 hour) child care facilities for any child in need of such care; reunite children and their families if children are placed in temporary substitute care; provide a permanent, legally assured family for any child in temporary, substitute care who cannot be returned to their home; and provide court ordered care or supervision to alleged or adjudicated dependent or abused children.

### Pinebrook Family Answers – Unconditional Child Care

### **Main Office**

402 N. Fulton Street Allentown, PA 18102 Phone: 610-432-3919

### Wind Gap

16 South Broadway, Suite #2 Wind Gap, PA 18091 Phone: 610-863-8151

### **Easton**

1101 Northampton St., Suite #201 Easton, PA 18042 Phone: 610-559-8151

Contact Shelly Feller, Program Manager at 610-910-8435 or email her at **sfeller@pbfalv.org** 

Website: www.pbfalv.org

Our mission at Pinebrook is to promote the wellbeing and self-sufficiency of the children, young adults, and families in our communities by providing the highest quality prevention, treatment, and advocacy services. The agency offers a continuum of community-based prevention, treatment, placement and adoption services: special- needs & international adoption, behavioral health services including outpatient counseling & psychiatric services, family-based mental health services, and high fidelity wraparound services, community-based services including transportation and family visitation program, family life education, and making the grade (a truancy reduction/family support program), and placement services including foster care and kinship permanency

Unconditional Child Care works with parents and child care providers to provide support and intervention for young children whose behavior in child care is difficult to manage. Services and resources are brought to the child care program and to the family to help the child succeed in child care. Unconditional Child Care will provide services for children who attend child care in Lehigh and Northampton Counties and whose parents reside in Lehigh, Northampton, Carbon, and Monroe Counties. Parents who are using child care because of employment or enrollment in school are eligible for services. There is no cost to families or child care providers for UCC services.

### ParentChild+ Program

Family Connection of Easton 723 Coal Street Easton, PA 18042

Coordinator: Nancy Arzoumanian Email: arzoumaniann@eastonsd.org Phone: 610-250-2551, ext. 24075

Website: www.familyconnectionofeaston.org/

The ParentChild+ Program ("parent child plus") is a free home visitation program for children ages 18 months to 3 years old who live in the Easton School District, Trained staff visit children and parents in their home two times a week for 30 minutes, bringing educational toys, books, crafts and games that are gifts to the family. They sit with the child and parent and engage in a fun educational experience. Program runs September to May. Home visits take place M-F with parents' availability.

### **Project Child**

1520 Hanover Avenue Allentown, PA 18109 Phone: 610-437-6000

Project Child - Promoting Healthy Families, Preventing Child Abuse. Project Child provides parent education, professional development, parent support and specialized programs in order to prevent child abuse and neglect and child safety. Project Child's services are designed for parents, professionals and para-professionals in the community. Project Child offers ongoing weekly parenting classes which are open to all. Call for dates and times.

### The Salvation Army of Bethlehem

521 Pembroke Road Bethlehem, PA 18018 Phone: 610-867-4681

Contact: Jennifer Litzinger

Website:

www.pa.salvationarmy.org/lehigh-valley

### ProJeCt of Easton -SIZZLE!® Summer Reading Program

(Hablamos español)

320 Ferry Street Easton, PA 18042 Phone: 610-258-4361

Call 610-258-1100, ext. 14 for Language and

**Literacy Programs** 

Website: www.projecteaston.org

SIZZLE! ® provides 6 weeks of summer literacy day camp for at-risk, low-income Easton area children in grades K-5. Enrollment is upon referral from the Easton Area School District. All services are free.

### St. Luke's Hospital

To learn more about parenting classes in English and Spanish, visit:

www.slhn.org/womens/obstetrics/childbirthand-pregnancy-classes/prepared-childbirtheducation

### St. Luke's Nurse – Family Partnership

240 Union Station Plaza Bethlehem, PA 18015 Phone: 484-526-2786 Fax: 833-514-6883

Contact: Tiffany Grabinski or Tina Wida

Email: nfp@sluhn.org

Website: www.nursefamilypartnership.org

Nurse-Family Partnership (NFP) is an evidencebased nurse home visiting program for pregnant women. This free program begins during pregnancy and continues until the child's second birthday. The goals of this program are to assist mothers in having a healthy pregnancy, encourage child health and development, and to guide mothers on reaching their life goals. Serving Lehigh and Northampton counties. Eligibility criteria is based on income, not insurance carrier.

# Third Street Alliance for Women and Children (Hablamos español)

41 North 3rd Street Easton, PA 18042 Phone: 610-258-6271

Website: www.ThirdStreetAlliance.org

Hours: 6:00 AM to 6:00 PM, M-F

The Learning Center provides high quality, affordable curricula for children 6 weeks to 12 years old. We are a NAEYC accredited program that has earned the Keystone Star 4 level. We encourage and develop cognitive, physical, social, and emotional growth for each individual child while responding to the needs of families. We care for children in a way that is loving, respectful, and educational. It is our job to assist children in growing to their individual potential in an atmosphere that is supportive, rich, and challenging. Our students learn through play and hands-on experiences. We also have a Pre-K Counts classroom during the school year that prepares students so that they are well-rounded and have a smooth transition to Kindergarten.

### VIA of the Lehigh Valley, Inc.

336 West Spruce Street Bethlehem, PA 18018 Phone: 610-317-8000

Contact: Kim Tracy, ext. 461 Email: k.tracy@vianet.org Website: www.ViaNet.org

Via of the Lehigh Valley is a non-profit agency that provides services for children and adults with developmental disabilities like cerebral palsy, Down syndrome, autism and other intellectual disabilities. Everyone deserves the chance to succeed and, through the support of our community, Via is able to provide opportunities for children and adults with disabilities living in the Lehigh Valley.

**Early Intervention:** Via provides Speech, Physical and Occupational Therapies, as well as Special Instruction for children from birth through the first three years, addressing individual disabilities and delays, both in home and in care settings. We respect and build on the family's strengths, values, diversity and competencies. Caregivers are included in the teaching process so therapy can continue across the child's daily routines.

# **Early Literacy Promise Project (Reading Together at Home):** Via's Reading Specialists

work together with children and families to establish literacy skills and a love of reading. This early literacy program is free to families who reside in the city of Allentown and is provided in a family's own home, funded in part by the United Way.

Lehigh Children's Academy: Lehigh Children's Academy provides quality care and education for children ages six weeks through Kindergarten, and before and after care for school ages through 12 years. We focus on creating learning opportunities through educational and recreational experiences that promote all areas of a child's growth and development. We work collaboratively with families every step of the way, from first feedings, to the first day of school and beyond. In our inclusive setting, we provide a developmentally appropriate educational environment for every young child that accounts for each individual's unique abilities and potential in an accepting, respectful climate.

**Teen Experience:** Held during summer and winter break, Teen Experience includes job shadowing, career counseling, volunteering, and recreational and team-building activities. With the help of Via staff, teens develop life skills to plan their futures and gain independence upon graduation.

**Student Work Experience:** High school students participate in paid work-based learning experiences at local businesses. Via focuses on the individual student, tailoring the paid internship experience to their career goals.

School-to-Work Transition Services: Via works with students, in partnership with their school districts and the Office of Vocational Rehabilitation, to create an employment plan and explore careers of interest. Pre- Employment Transition Services are also available.

Community Employment: Via helps adults with disabilities work in integrated, competitive employment settings within their community, while providing ongoing support to ensure job stability.

**ViaWorks Small Group Employment:** ViaWorks helps people with disabilities enter the work force, be a part of the community and earn a paycheck. ViaWorks teams work on site at local companies, providing contract services for local employers. This service teaches job skills in a supportive, hands-on environment.

**Via Business & Industrial Services:** For over 56 years, Via has specialized in contract packaging and assembly work, providing consistent highquality work for businesses. Staff help provide a safe and productive environment for individuals to enhance skills and gain work experience.

**Community Connections:** Via connects people to their community through volunteer, recreational, social and educational activities. Participants take an active role in planning their schedules and developing goals and objectives for each activity. Staff educate participants on a variety of life skills, such as the use of public transportation, understanding housing options, and the importance of money management.

Autism Services: Via provides adults on the autism spectrum with resources to connect with each other and community resources to explore their talents and potential. Vocational, educational and recreational services are available

**Behavioral Supports:** Behavioral Support Services promote the growth, development, and independence of individuals with disabilities who experience behavior challenges. Our Masterslevel staff work with a person's natural support system and caregivers to develop a behavioral support plan.

### **Creative Expressions - Adult Training**

**Services:** This service supports growth through artistic self- expression. Individuals engage their local community through visits to artist studios, museums, galleries, schools and cultural events. While at our facility, we focus on art projects, wellness, culinary skills and working to achieve independence and improve self-awareness

### YMCA of Easton, Phillipsburg & Vicinity

1225 West Lafayette Street

Easton, PA 18042

Phone: 610-258-6158, ext. 26

Fax: 610-258-8903 Contact Sarah Wassel

Website: www.gv-ymca.org

Before and after school care, summer day camp, preschool, nursery school, youth programs, limited parenting classes.

### **Youth Advocate Programs Northampton/Lehigh Counties**

3895 Adler Place Suite 140 Building A Bethlehem, PA 18017 Phone: 610-865-9111

Fax: 610-865-2607

Hours: 8:00 AM-4:00 PM

Contact: Jennifer Kucheruck, Director

Website: www.yapinc.org

We provide Advocate/Family Support services to families in need with a referral from Northampton County Children, Youth & Families and Mental Health Services.

### **Consumer Information**

# Información al consumidor معلو مات العملاء

### **Office of the Attorney General**

### **Bureau of Consumer Protection**

15th Floor, Strawberry Square Harrisburg, PA 17120 Phone: 1-717-787-9707 1-800-441-2555 – PA ONLY

### **Penn State Extension – Lehigh County**

(Hablamos español)

### **Lehigh County Extension Office**

4184 Dorney Park Road, Room 104 Allentown, PA 18104 Phone: 610-391-9840

Fax: 610-391-0683

Hours: 8:00 AM-4:30 PM

Contact: Tina Weidele – Office Manager

Email: tms59@psu.edu

Website: www.extension.psu.edu/lehigh

### **Northampton County Extension Office**

Greystone Building, Gracedale Complex Nazareth, PA 18064 Phone: 610-746-1970

Penn State Extension provides sound research-based educational programs and resources to the residents of Lehigh and Northampton counties. Program areas include: youth resiliency/family strengths, child development and professional development for early childhood educators, basic parenting skills, nutrition education for low-income families (EFNEP) and 4-H. Master Gardeners are trained volunteers who educate residents on topics related to home gardening. Programs and resources are available in various formats on topics such as food preservation, food safety, integrated pest management and starting a small farm.

### **Counseling**

Consejería الاستشار ات

If you are looking for treatment for your child, regardless of whether you have Medical Assistance, any of the managed care insurances, or CHIP--contact your family doctor/clinic for a referral. You can then contact the number on your medical insurance card to ask for an updated listing of the providers that accept your child's insurance.

### **Access Services**

Lehigh Valley 3975 Township Line Rd. Bethlehem, PA 18021

Phone: 877-896-6667 (toll free)

Schuylkill/Carbon/Berks 340 S. Liberty Street Orwigsburg, PA 17961-2127

Phone: 800-200-7701 (toll free)

Contact: Suzanne McFadden at 484-456-8717 Email: smcfadden@accessservices.org

Website: www.accessservices.org

Provides Behavioral Health Rehabilitative
Services to children under the age of 21 who are experiencing emotional or behavioral problems.
Using a family-centered philosophy, BHRS is based on the principle of "wrapping" services and supports around the specific needs of children and their families. Individualized service is provided to children and their families in their home environment.

### **Bethany Counseling Ministry**

36 S. Sixth Street Allentown, PA 18101 Phone: 610-437-2466

Family, couples and individual counseling – serves children, teens, adults. Sliding fee scale.

### Ann Friedenheim, M.S., L.P.C.

1320 Hausman Rd., Suite 202

Allentown, PA 18104 Phone: 610-462-2549 Fax: 484-294-2791

Hours: By appointment only

Website: www.annfriedenheim.com

Over the last 35 years I have worked with adults, teens and children living through many difficult circumstances. I offer a safe and nurturing place to explore situations or problems that are causing you distress. Through therapy, you can connect with your inner strengths, identify your needs and priorities and take steps to greater peace and satisfaction. Many of my clients address depression, anxiety, life changes, unresolved issues of the past, relationships and trauma. Some people use therapy not to problem solve but to find ways to have more joy, greater well-being or to gain a clear direction towards the future.

When working with children, I utilize child centered play therapy techniques. While adults are comfortable communicating verbally, children use the language of play to express the themes in their lives. Through play, children are able to communicate about issues that are troubling them and can learn ways to share feelings and thoughts.

I offer traditional talk therapy techniques and also for those who are interested, LifeForce Yoga® for Depression and Anxiety, Mindfulness Based Stress Reduction, EMDR Therapy and sandtray therapy. You do not need to be at any particular level of fitness for the LifeForce Yoga as it can be done on the floor or a chair.

### **Catholic Charities**

(Hablamos español)

402 W. Chew Street Allentown, PA 18102 Phone: 610-435-1541

Hours: 8:30 AM- 4:30 PM, M-F

By appointment only

Website: www.catholiccharitiesad.org/

Counseling for grief experiences and family problems. Runs a pregnancy/support counseling program for expectant adults and young families called "Pregnancy Support." Must attend 4 classes to receive free items for newborn. Adoptions, to adopt, or adopt out. Foster care program. New 55 and over program to assist with employment and other issues. Immigration problems, paperwork and citizenship classes. Free or sliding fee scale for some programs. There is a fee for the Immigration services.

### **Center for Humanistic Change**

555 Union Blvd., Suite 7 Allentown, PA 18109 Phone: 610-443-1595

Fax: 610-443-1598

Hours: 8:30 AM-4:30 PM, M-F Website: www.thechc.org

Our mission is to give people especially youth, the knowledge and tools they need to make better-informed and more positive life choices. CHC programs are offered in schools, communities and workplace. Our clients include students, counselors, parents, social service employees, teachers, administrators, community groups, and individuals interested in personal

growth. Drug and alcohol prevention programs remain a core service.

### **Community Counseling Services**

### **Bangor**

51 Market Street Bangor, PA 18013

#### **Easton**

1708 Washington Boulevard, Suite 102 Easton, PA 18042

Phone: 610-588-9109 Toll Free: 866-880-7927 Website: **ccsbangor.org** 

Nonprofit charitable organization. Services include telehealth & onsite psychotherapy by appointment for individual children, adults & families; diagnostic evaluations; psychiatric evaluation & medication management.

Northampton, Lehigh and Carbon/Monroe/Pike County Health choices plans (Medicaid) accepted; most private insurances accepted; reasonable self-pay.

### **Community Solutions, Inc.**

2015 W. Hamilton Street, Suite 204A

Allentown, PA 18104 Phone: 610-435-3343 Fax: 610-435-7211

Email: iwestdorp@csimail.org
Hours: 8:30 AM-4:30 PM, M-F
Contact: Jill Hoch – Area Director
Isaac Westdorp- Program Director
Website: https://csi-online.org

### **Multi-systemic Therapy Treatment Program**

Multi-systemic Therapy (MST) is an intensive family and community based treatment service that addresses multiple aspects of serious behavior in adolescents.

The multi-systemic approach views an individual's behavior as being influenced by the system around them- family, peers, school,

neighborhood, as well as by the individual's thoughts and feelings about that system.

MST interventions address the many factors that are known to contribute to delinquency where the youth lives, works and plays. Therapists work with parents/caregivers to impact and provide support in school, youth, peer, and community settings for 4-6 months. Contact can be daily at the outset, with families receiving 2-3 sessions per week on average. Therapist are available around the clock for emergencies and support. These family interventions promote positive family relationships and development of skills to impact adolescents' risky and acting-out behaviors as well as enhance the parent's capacity to monitor and manage the adolescent.

# Crime Victim's Council of the Lehigh Valley

2132 S. 12th Street, Suite 101 Allentown, PA 18103 Phone: 610-437-6610

Fax: 610-437-9394

65 East Elizabeth Ave Suite 208

Bethlehem, PA 18018 Phone: 610-849-2446

Hours: 8:30 AM-4:30 PM, M-F 24-Hour Hotline: 610-437-6611

Email: info@cvclv.org
Website: www.cvclv.org

Provides support services to victims of crime in Lehigh and Northampton Counties. Services include Individual Counseling and Group Counseling (Sexual Assault/Abuse Survivors, Homicide Survivors), Court/Hospital/Police Accompaniment, Community Education and Prevention Programs, and Assistance with Victim's Compensation. All services are confidential and provided at no cost.

### **Crisis Intervention**

Lehigh County 17 South Seventh Street Allentown, PA 18101 Phone: 610-782-3127

Website:

www.lehighcounty.org/Departments/Human-Services/Mental-Health/Crisis-Intervention

### **Northampton County Emergency Services**

45 North 2nd Street Easton, PA 18042 Phone: 610-252-9060

### **National Suicide Prevention Lifeline:**

1-800-273-8255 or dial 9-8-8 National Crisis Text Line is 741-741

Referrals/intake for mental health crisis.

Immediate referral for children, youths, and adults in crisis. Mental health, suicide, other issues. No cost.

### **Haven House**

1411 Union Blvd. Allentown, PA 18109 Phone: 610-433-6181 Fax: 610-433-5124

Hours: 8:00 AM–7:00 PM, Monday-Saturday Executive director: Jessica Katzbeck, NCC MS

Website: www.haven-house.com

Programs: Haven House is an outpatient community mental health clinic offering: outpatient therapy, mental health evaluations, therapy support groups, medication management, psychiatrists and nurse practitioners, psychiatric rehabilitation services (on-site), and mobile psychiatric rehabilitation services (in-home), and Wellness Recovery Team, for individuals ages 14 and up. Haven House also hosts groups open to anyone from the community in Healthy Family Relationships and Anger Management (bi-lingual Spanish speaking available). We have English and Spanish speaking staff, therapists and doctors. Magellan

Behavioral Health, Medicaid, Medicare, Lehigh and Northampton County MH assistance accepted, as well as some private insurances. Access to public bus transportation within one block.

### **Hispanic American Organization**

(Hablamos español)

462 Walnut Street Allentown, PA 18102 Phone: 610-435-5334

Counseling Service: 610-351-2292 ext. 2011

Website: www.hao-lv.org

Partners with the Roberto Clemente Charter School; Nutrition – a program to educate clients on the availability of food stamps; Housing Case Management Services. Limited funding is available for rent assistance. Family Counseling Clinic – a bilingual counseling service; Evening School: English as a Second Language (ESL) and GED; ESL classes during the evenings (7-9 PM); Computer Lab open to the public for ESL, job search, resume writing, GED preparation (Plato software), typing practice; Intake, Information and Referral Services.

### **Holcomb Behavioral Health Systems**

1249 S Cedar Crest Blvd Suite 303 Allentown, PA 18103

Phone: 610-435-4151

929 Northampton St. Easton, PA 18042 Phone: 610-330-9862

Website:

www.chimes.org/about/chimes-family/holcomb-behavioral-health-systems

Intake for new clients 1-800-258-8860

### **Hope House**

3606 Hecktown Road Bethlehem, PA 18020 Phone: 610-882-2008 Fax: 610-882-2009

Contact: Valerie Roseburgh Email: hopehouse@rhd.org

We provide short-term residential services for adults in need of mental health intervention. We offer a safe and supportive environment for people who need a place to stay until they stabilize and can safely return to the community. Our maximum capacity is eight individuals. The average length of stay is one week. Trained staff members are on duty 24 hours a day, 365 days a year. Our dedicated staff of Bachelor's and Master's level professionals is focused on assisting consumers in resolving their immediate crisis and mobilizing support systems in the community for ongoing treatment and support. Our services are a safe and cost-effective alternative to hospitalization and are available to adults, 18 years of age and over, who reside in Northampton, Lehigh and surrounding counties. Referrals must be submitted by a mental health professional such as an individual's Intensive Case Manager, a Crisis Hotline worker, therapist, psychiatrist, etc. Services we offer include, but are not limited to:

- 24 Hour Crisis Intervention
- Individual & Group Therapy
- Psychiatric Treatment
- Medication Monitoring
- Case Management
- Psycho-Education
- Mental Health Recovery

Hope House is licensed by the Commonwealth of Pennsylvania and is primarily funded through contracts with Magellan Behavioral Health, Northampton County MH/MR and Lehigh County MH.

### Joanne T. Nigito-Raftas, MS, LPC

1754 W. Broad St. Bethlehem, PA 18018 Phone: 610-814-6263

Website: www.childsplayistheway.com

Offers play therapy

# KidsPeace and Orchard Behavioral Health

Green Street Outpatient Clinic 801 E. Green Street Allentown, PA 18109 Phone: 610-799-8910

Fax: 610-776-1694

Websites:

www.kidspeace.org

### www.orchardbehavioralhealth.org/greenstreet

We offer individual, group and family therapy as well as psychiatric evaluations and medication management. We also offer Parent-Child Interactive Therapy for ages 2.5-7. Urgent Care walk-in assessments Monday through Friday 9:00 AM to 5:00 PM

# Lehigh County Information and Referral

17 South 7th Street Allentown, PA 18101 Phone: 610-782-3200

Hours: 8:30 AM-4:30 PM, M-F

Email: informationandreferral@lehighcounty.org

Website:

### www.lehighcounty.org/Departments/Human-Services

Provides information and referrals for Lehigh County Department of Human Services which includes Children & Youth, Mental Health and Intellectual Disabilities, Children's Mental Health, Office on Aging and Adult Services, Drug & Alcohol and Early Intervention services.

### **Lehigh County Integrated Services**

17 South 7th Street Allentown PA 18101 Phone: 610-782-3376

Hours: 8:30 AM-4:15 PM, M-F

Website:

### www.lehighcounty.org/Departments/Human-Services/Integrated-Family-Services

Provides a free service through Children's Mental Health and the Children's Adolescent Service System Program (CASSP) in bringing systems and services together to increase communication and collaboration and to explore and identify services and support for a child and his/her family. Referrals can be made by anyone.

### **Monocacy Counseling Associates**

826 Delaware Avenue Fountain Hill, PA 18015 Phone: 610-317-0503

Fax: 610-419-3309

Contact: Gregory Krausz

Email: greg@monocacycounseling.com Website: www.monocacycounseling.com

At Monocacy Counseling Associates, we are trained and experienced to assist our clients with a wide range of psychological and mental health problems. We can work with you to manage problems associated with trauma, grief and loss. This includes personal, business or community trauma. We offer College Counseling services such as preparation for interviews and auditions, essay writing and other preparatory services. Our staff includes a trained Reiki therapist. Fees are based on a sliding scale. We participate with several insurance companies. Call us for details. Evening and weekend hours are available. Hours: Monday through Friday 9:00 a.m. to 8:00 p.m., Saturday by appointment

### **New Vitae Wellness and Recovery**

16 S. Main Street Quakertown, PA 18951 Phone: 215-538-3403

Hours: 8:00 AM-5:00 PM, M-F (No walk-ins) Website: **www.newvitaewellness.com/** 

Outpatient program. Services: Group and individual counseling. Psychiatric evaluation and ongoing medication management. Servicing ages 18 and older and their families. Accepting most private insurances. Specializing in cooccurring challenges in drug and alcohol and mental health.

# Northampton County Intake and Referral Line

2801 Emrick Blvd. Bethlehem, PA 18020

Phone: 610-829-4800 or 610-559-3270 Hours: 8 AM to 5 PM, M-F (voucher office)

24/7 Crisis Line 610-252-9060

Mental health services are targeted for adults who are seriously mentally ill and children/adolescents who are seriously emotionally disturbed or at-risk of becoming so. Developmental Programs, in cooperation with the Commonwealth Office of Developmental Programs, coordinates services to county residents of all ages who are diagnosed with Developmental Delays, Intellectual Disabilities, and/or Autism Spectrum Disorder. Early Intervention services are designed to meet the developmental needs of children from birth to three years old. The Early Intervention Program will also assist families to access the many community services and supports in their local area. Must live in Northampton County;

### **Pennsylvania Mentor**

3865 Adler Place, 2nd Floor Bethlehem, PA 18017 Phone: 610-867-3173 Fax: 610-867-2695

Hours: 8:30AM-4:30PM, M-F Website: www.pa-mentor.com

Family based services. ASD specific BHRS program. Therapeutic foster care. Children's intensive case management.

### **Pinebrook Family Answers**

### **Main Office**

402 N. Fulton Street Allentown, PA 18102 Phone: 610-432-3919

### **Wind Gap**

16 South Broadway, Suite #2 Wind Gap, PA 18091 Phone: 610-863-8151

#### **Easton**

1101 Northampton St., Suite #201 Easton, PA 18042 Phone: 610-559-8151

Website: www.pbfalv.org

A social service agency headquartered in Allentown, Pennsylvania, has been serving Lehigh Valley residents of all ages for over 110 years. By providing service through our various programs we can help individuals, couples and families overcome various problems they encounter in their day-to-day lives.

### Currently we offer:

- Counseling by licensed clinical social workers (individual, couples, family)
- Homecare services support with activities of daily living
- Family preservation assistance
- Financial literacy course coupled with a low-interest car loan program for employed parents of children under the age of 18

Our programs are designed to assist individuals and families to become self-reliant and self-sustaining.

### Salisbury Behavioral Health, Inc.

A Division of RHA Health Services

236 Brodhead Road, Suite 110 Bethlehem, PA 18017

Phone: 610-973-0970 Fax: 610-391-1735

Email: sbhinfo@rhanet.org
Website: www.salisb.com

Family-based mental health services. Blended case management (children/adults). Outpatient (children)

### Step By Step, Inc.

(Hablamos español)

#### **Lehigh Valley Region**

623 West Union Blvd Bethlehem, PA 18018 Phone: 610-867-0688

#### **Cross Valley Commons**

744 Kidder Street Wilkes Barre, PA 18701 Phone: 570-829-3477

Website: www. stepbystepusa.com

Services: Supportive living services for individuals with mental health diagnoses and individuals with intellectual developmental disabilities; residential living options. Home and community habilitation services and supported living through life sharing services for IDD clients. Mobile psych rehab services for MH clients. Outpatient program for mental health and substance abuse clients.

## St. Luke's University Health Network Psychiatric Associates

257 Broadhead Road Bethlehem, PA 18017 Phone: 484-822-5700 Fax: 866-521-0526

New Patient intake line 484-526-2400

Outpatient counseling for adults and children. Takes MA and also private insurance.

Counseling for mental health issues and assists clients to return to their daily lives. Also have group sessions and a partial hospitalization program. (There is a waiting list for MA clients.)

### **Turning Point of Lehigh Valley**

(Hablamos español)

444 Susquehanna St. Allentown, PA 18103 Phone: 610-797-0530 Fax: 610-797-0585

Administrative Office Hours: 8:30 AM-4:30 PM

24/7 Helpline 610-437-3369 or

TTY: 610-419-4594

Website: www.turningpointlv.org

Turning Point is a safe place where survivors of domestic and intimate partner abuse and their children can find refuge. We provide inclusive programs and services to individuals and families in Lehigh and Northampton counties and reach nearly 3,500 people a year through our programs and services. Those include: a 24-hour Helpline, Emergency Safe House, Empowerment Counseling, Empowerment Groups, Child/Teen Advocacy, Legal Advocacy, Outreach Education, and Medical Advocacy. All programs and services are confidential and at no cost. We speak English and Spanish as well as a translation line for other languages.

## Valliere & Counseling Associates, Inc. – Forensic Treatment Services

728 W Turner St Allentown, PA 18102

726 Church Street Fogelsville, PA. 18051

Phone: 610-530-8392

Email: admin@vallierecounseling.com

Hours: 8 AM-8PM

Website: www.vallierecounseling.com

Provides violent offender outpatient treatment and therapy. Specializes in domestic violence issues. Works with children and adolescents who are sexually aggressive, as well as with child victims of sexual abuse. Group and individual therapy. Referrals through Children and Youth, Department of Corrections, Probation and Parole and self-referred. Accepts Magellan, BC/BS, Medicare and other insurances. Call for more information.

#### **Valley Youth House**

3400 High Point Blvd. Bethlehem, PA 18017 Phone: 610-820-0166 Contacts: Michele Albright

Email: malbright@valleyyouthhouse.org

Michele Weissmann

Email: Mweissmann@valleyyouthhouse.org

Website: www.valleyyouthhouse.org

Valley Youth House has offices in Allentown, Bethlehem and Easton. Services offered include: mental health counseling for families and youth, family preservation; family based mental health; independent living program for youth including teenage moms and their babies (therapy supervised residence); a runaway and homeless youth shelter for ages 12 through 17 (there is also a shelter in Bucks County); student assistance program (SAP) for mental health counseling through Northampton County school districts; school based drug prevention services; child abuse prevention coalition; Camp Fowler providing youth a place to heal, learn, and grow, including overnight camping, challenged based recreation and character education programs. Valley Youth House Shelter is a short-term emergency placement for youth in crisis. Services are available to females and males between the ages of 12 & 17. The program provides individual, family and group counseling, with the ultimate goal of family reunification. Outreach services are available for older adolescents (18 and up) through the Synergy Project. Contact number for outreach is 484-866-5556.

In addition to the Lehigh Valley, the Independent Living Program offers assistance in Delaware, Lancaster, Luzerne, Montgomery, and Philadelphia Counties.

## **Crisis**

Crisis أزمات/ كوارث

## **Resources for Children and Families Experiencing Homelessness**

Recursos para niños y familias sin hogar

## EMERGENCY AND TRANSITIONAL SHELTERS

REFUGIOS DE EMERGENCIA Y TRANSICIÓN

### **Allentown Rescue Mission**

(Hablamos español)

355 Hamilton Street Allentown, PA 18101 Phone: 610-740-5500

Website: www.allentownrescuemission.org

Provides housing for homeless males in crisis. Must get a voucher for shelter from the Allentown Police Department.

**Gateway Emergency Shelter:** Shelter, food, and clothing for homeless adult men. Open 3:30 PM to 8:30 AM. Needs assessed and referrals provided. Includes referral for mental health and chemical addictions.

**Christian Living Program:** Rehabilitation program to heal from emotional and mental traumas and develop self- discipline and employment skills to be a responsible citizen and family member.

**Clean Team:** Employment in day labor service doing general unskilled labor for above minimum wage and transition to permanent employment.

## **Cay Galgon Life House**

714 West Broad Street Bethlehem, PA 18018 Phone: 610-867-9546 Fax: 610-419-3255

Email: info@caygalgonlifehouse.org
Website: www.caygalgonlifehouse.org
Hours of Operations: Residential Program
operates 24/7. Community Outreach Program is
open Tuesday through Thursday, 9am to 4pm,
by appointment only.

Cay Galgon Life House offers two programs: the Residential Program and the Community Outreach Program. Through the Residential Program, CGLH provides transitional housing services to women who are pregnant and experiencing homelessness. The Residential Program prepares pregnant women and mothers of infants for a life of self-reliance, helping them to navigate motherhood by providing intense case management and classes in parenting, budgeting, and life skills. Through the Community Outreach Program, CGLH provides counseling, case management, resources, and referrals to families who are pregnant or parenting infants less than 12 months old. CGLH also subsidizes much needed basic supplies for the first year of baby's life. To maximize the outcomes for those it serves, CGLH collaborates with local agencies in strategic and creative ways.

### **Ferry Street Apartments**

# A program of the Community Action Committee of the Lehigh Valley and the Sixth Street Shelter

600 Ferry St.

Easton, PA 18042

Phone: 610-253-3980 Fax: 610-252-4368

Hours: 8:30 AM-4:30 PM, M-F

Website: www.sixthstreetshelter.org/

Long-term transitional housing for homeless or near homeless families with children. Adult family members must be pursuing educational or vocational training. Individual apartments, 18-24 month program, application, referral and interview required. There is a waiting list.

## The Hospitality House – The Salvation Army (Hablamos español)

344 N. 7th Street Allentown, PA 18102 Phone: 610-432-0128

Fax: 484-223-1615

Website: www.salvationarmyusa.org/usn/

Open 24 hours a day, 7 days a week. Emergency shelter for women and children. Also runs a permanent housing program for chronically homeless women.

## **Lehigh Conference of Churches**

(Hablamos español)

457 W. Allen St. Allentown, PA 18102 Phone: 610-433-6421

Website: www.lehighchurches.org

An association of over 140 local churches, the conference has the following social service programs:

Linkage: Street caseworker connects homeless

people with services.

**Homeless Supportive Services**: Provides intensive case management for the disabled and chronically homeless.

#### The Nehemiah House

416 Canal Street Easton, PA, 18042 Phone: 610-253-6083

Website:

## www.greatershilohchurchpa.com/nehemiah-house/

The Nehemiah House is a Christian transitional housing program for adult male alcoholics and drug addicts preparing for re-entry into society. Residents are given shelter and expected to: contribute to their treatment, attend outpatient counseling, Christian and/or secular AA/NA meetings, Bible study, church, do housework, obtain outside work, save money, meet their financial obligations, and assume a responsible role in society.

## The Neighborhood Center – RoofOver Family Shelter

902 Philadelphia Road Easton, PA 18042 Phone: 610-253-4253

Website:

#### www.eastonareaneighborhoodcenter.org

Northampton County residents only

Services: Rental assistance, RoofOver Transitional Housing for homeless families, Food Bank for Easton families, LISHP (Low-Income Self-Help Program) gas assistance and they also offer Social Security Representative Payee Program.

## **New Bethany Ministries**

333 W. 4th Street Bethlehem, PA 18015 Phone: 610-691-5602

Hours: 8:00 AM-4:00 PM, M-F

Contact: Jenny Ramos

Email: jramos@newbethanyministries.org Website: www.newbethanyministries.org Offers short-term transitional housing and supportive services for homeless families in individual rooms for up to six months.

Soup Kitchen Breakfast: 8-10:30am. Lunch 12-1pm. Food Bank: 10:30-11:30am. Day Shelter 8am-4pm (showers, laundry and address usage). Showers and laundry are from 9 - 12 or 1 -2 \* Must bring some form of identification

Due to covid (call to confirm) Day shelter is closed currently. We are not serving breakfast

### **Pathways Housing Services At Dubbs**

Dubbs Memorial Community Center 457 W. Allen Street Allentown, PA 18102

Phone: 610-439-8653 Fax: 484-664-7322

Website: www.lehighchurches.org

Pathways Housing Services offers a full spectrum of housing services designed for those who are homeless, about to be homeless, or in an unstable housing situation.

#### Safe Harbor Easton

536 Bushkill Drive Easton, PA 18042 Phone: 610-258-5540

Website: www.safeharboreaston.com

Shelter for adults only, men and women on an as-needed basis. Meal center on site, open weekdays to public from 9 a.m. to 4 p.m. for breakfast and lunch.

### Sixth Street Shelter (Hablamos español)

## A program of the Community Action Committee of the Lehigh Valley

219 North 6th Street Allentown, PA 18102 Phone: 610-435-1490 Fax: 610-433-3282

Office hours: 8:30 AM-4:30 PM, M-F

Website: https://sixthstreetshelter.caclv.org

Located in Allentown. A non-emergency shelter providing housing and supportive services for families with children. Individual apartments, 60-day program, referral required (Pathways, Children and Youth). Call 211 hotline for assistance.

## Third Street Alliance for Women and Children (Hablamos español)

41 North 3rd Street Easton, PA 18042 Phone: 610-258-6271

Hours: 9:00 AM-5:00 PM, M-F

Website: www.ThirdStreetAlliance.org

The Learning Center provides high quality, affordable curricula for children 6 weeks to 12 years old. We are a NAEYC accredited program that has earned the Keystone Star 4 level. We encourage and develop cognitive, physical, social, and emotional growth for each individual child while responding to the needs of families. We care for children in a way that is loving, respectful, and educational. It is our job to assist children in growing to their individual potential in an atmosphere that is supportive, rich, and challenging. Our students learn through play and hands-on experiences. We also have a Pre-K Counts classroom during the school year. This classroom also prepares the students so that they are well-rounded and have a smooth transition to kindergarten.

### **Turner Street Apartments**

A program of the Community Action Committee of the Lehigh Valley and Sixth Street Shelter

219 North 6th Street Allentown, PA 18102 Phone: 610-435-1490 Fax: 610-433-3282

Contact: Lizette Soto, Counselor

Email: Lsoto@caclv.org
Website: www.caclv.org

Long-term transitional housing for homeless or near homeless families with children. Adult family members must be pursuing educational or vocational training. Individual apartments, 18-24 month program, application, referral and interview required. There is a waiting list. Office hours Monday – Friday 8:30 a.m. to 4:30 p.m.

The ultimate goal of the program is to create self-sufficient citizens who actively participate in their community.

## **Turning Point of Lehigh Valley**

(Hablamos español)

444 Susquehanna St. Allentown, PA 18103 Phone: 610-797-0530 Fax: 610-797-0585

Administrative Office Hours: 8:30 AM-4:30 PM

24/7 Helpline 610-437-3369 or

TTY: 610-419-4594

Website: www.turningpointlv.org

Turning Point is a safe place where survivors of domestic and intimate partner abuse and their children can find refuge. We provide inclusive programs and services to individuals and families in Lehigh and Northampton counties and reach nearly 3,500 people a year through our programs and services. Those include: a 24-hour Helpline, Emergency Safe House, Empowerment Counseling, Empowerment Groups, Child/Teen Advocacy, Legal Advocacy, Outreach Education, and Medical Advocacy. All

programs and services are confidential and at no cost. We speak English and Spanish as well as a translation line for other languages.

### **Valley Youth House**

539 Eighth Avenue Bethlehem, PA 18018 Phone: 610-691-1200 Contact: Lorrie Reddy

Website: www.valleyyouthhouse.org

Valley Youth House Shelter is a short-term emergency placement for youth in crisis. Services are available to females and males between the ages of 12 & 17. The program provides individual, family and group counseling, with the ultimate goal of family reunification.

The Synergy Project is our outreach program for homeless youth under 22. Contact number is 484-866-5556.

#### Victory House (Hablamos español)

314 Filmore Street Bethlehem, PA 18015 Phone: 610-691-3373

Website: www.victoryhouselv.org

For over 35 years, Victory House has been a recognized leader in providing local homeless veterans and homeless men with opportunities to transition to independent affordable housing and to begin new lives. Emergency shelter for male adults, transitional housing, case management. Hope, compassion, dignity, and respect are paramount to attaining our mission.

## HOUSING HOTLINES AND REFERRALS PHONE NUMBERS

LÍNEAS DIRECTAS DE VIVIENDA Y NÚMEROS TELEFÓNICOS DE REFERENCIAS

## National Center for Homeless Education Initiatives (Hablamos español)

NCHE Homeless Education Helpline

1-800-308-2145

Email: homeless@serve.org Website: https://nche.ed.gov

For assistance with an issue related to the education of a child or youth experiencing homelessness, contact the NCHE homeless education toll-free helpline or homeless@serve.org.

#### PA 211 (Hablamos español)

Dial 2-1-1 or 855-567-5341

Text: Your zip code to 898211

Website: www.pa211east.org

2-1-1 is a free, accessible, 3 digit telephone number available to everyone. All residents have access to customized health, housing, and human services information in one place.

## OVERNIGHT WARMING STATIONS

ESTACIONES PARA CALENTARSE DURANTE LA NOCHE

## **Bethlehem Emergency Shelter**

73 East Market Street Bethlehem, PA 18018 Phone: 484-379-6694

Website:

www.bethlehememergencysheltering.org

Provides overnight shelter 5:30 pm-7:30 am December-March, evening meal, and breakfast.

## Safe Harbor Easton – Warming Winter Shelter Site

536 Bushkill Drive Easton, PA, 18042 Phone: 610-258-5540

Website: www.safeharboreaston.com

An emergency, cold -weather shelter December-March 7:00 pm-7:00 am for adult men and women, available on a walk- in basis before posted curfew hours. Snacks served, hot beverages, hygiene kits, clothing closet, case management available, additional day program 9:00am-5:00 pm.

## SCHOOL DISTRICT HOMELESS LIAISONS

ENLACES DE LOS DISTRITOS ESCOLARES PARA PERSONAS SIN HOGAR

#### **LEHIGH**

#### **Allentown School District**

Jimmy Torres, Site Coordinator

Phone: 484-765-4037

Email: torresj@allentownsd.org

Hope Sabbagh

Phone: 484-765-4247

Email: Sabbaghh@allentownsd.org

#### **Arts Academy Charter Middle School**

Kristen Stachina, School Counselor Phone: 610-351-0234, ext. 514 or 506

Email: kstachina@arts-cs.org

#### **Arts Academy Elementary Charter School**

Nancy Geyer, Student Services Coordinator

Phone: 610-841-4560, ext. 1191

Email: ngeyer@artsacademyecs.org

#### **Catasauqua Area School District**

Hillary Atkinson, Homeless Liaison

Phone: 610-264-4341

Email: atkinsonh@cattysd.org

#### **Circle of Seasons Charter School**

Jill Jenkins, School Counselor Phone: 610-285-6267, ext. 106

Email: jjenkins@circleofseasons.org

#### **East Penn School District**

Karla Matamoros, Home & School Visitor

Phone: 610-965-1626

Email: kmatamoros@eastpennsd.org

#### **Executive Education Academy Charter School**

Jamal George, Director of Student Services

Phone: 610-841-7044, ext. 2035 Email: jgeorge@ee-schools.org

#### **Innovative Arts Academy Charter School**

Jessi Asaro, School Counselor/ McKinney-Vento Liaison Phone: 610-403-2787, ext. 6 Email: jasaro@iaacslv.net

#### **Lincoln Leadership Academy Charter School**

Tina Morales, Head of Enrollment/

Homeless Liaison

Phone: 484-860-3300, ext. 132

Cell: 484-788-4314

Email: tmorales@llacslv.com

#### **Northern Lehigh School District**

Matthew Link, Superintendent/Homeless Liaison

Phone: 610-767-9800, ext. 2 Email: mlink@nlsd.org

#### **NORTHAMPTON**

#### **Bangor Area School District**

Joseph E Kondisko, Director of Student Services

Phone: 610-599-7506

Email: kondisjo@bangorsd.org

#### **Bethlehem Area School District**

Audie Torres, Supervisor of Child Accounting

Phone: 610-861-0500, ext. 60270 Email: artorres@basdschools.org

#### **Easton Area School District**

Craig Reichl, Director of Student & Community

Services

Phone: 610-250-2400, ext. 35072 Email: reichlc@eastonsd.org

## Easton Arts Academy Elementary Charter School

Tina DuHigg, School Counselor Phone: 484-546-4230, ext. 413 Email: tduhigg@eaaecs.org

## **Lehigh Valley Academy Regional Charter School**

Hillary Green, Clinical Social Worker Phone: 610-866-9660, ext. 4210 Email: h.green@lvacademy.org

## Lehigh Valley Charter High School for the Performing Arts

Liz Litchfield, Clinical Social Worker/

Homeless Liaison

Phone: 610-868-2971, ext. 2433 Email: elitchfield@charterarts.org

#### **Lehigh Valley Dual Language Charter School**

Lisa Herrmann, LVDLCS Homeless Liaison

Phone: 610-419-3120

Email: Iherrmann@lvdlcs.org

#### **Nazareth Area School District**

Pamela Vlasaty, Director of Pupil Services

Phone: 610-759-1170, ext. 1104 Email: pvlasaty@nazarethasd.org

#### **Northampton Area School District**

Nicolette Teles, Curriculum Supervisor of Grants

and Special Programs

Phone: 610-262-7811, ext. 20384 Email: telesn@nasdschools.org

#### **Pen Argyl Area School District**

Tricia Viglione, Director of Special Education Email: Viglione.Tricia@penargylsd.org

Phone: 610-863-3191, ext. 344

#### **Saucon Valley School District**

Vafa Azadi, Data Specialist Phone: 610-838-7001, ext. 1307 Email: vafa.azadi@svpanthers.org

#### Wilson Area School District

Laura Samson, Supervisor of Student Services

Phone: 484-373-6000

Email: Isamson@wilsonareasd.org

## Pennsylvania's Education for Children and Youth Experiencing Homelessness Program Regional Sites

The PA Education for Children and Youth Experiencing Homelessness (ECYEH) Program in is an initiative of the Pennsylvania Department of Education. ECYEH is based on the federal McKinney-Vento Homeless Assistance Act which ensures that homeless children and youth have access to a free, appropriate, public education. We work to eliminate barriers to education, educate the community about the nature of homelessness, and provide support to schools, families, and communities.

Eight regional sites are in operation, with the state coordinator located in Harrisburg. If you have any general questions or questions about specific situations to help students experiencing homelessness, please contact any of the coordinators listed below.

#### STATEWIDE CONTACTS

#### **Center for School and Communities**

Karen Lehman, Youth Development Program

Manager

Phone: 717-763-1661 ext. x 166

Fax 717-763-2083

Email: klehman@csc.csiu.org

#### **PA Department of Education**

Carmen Medina, Division Chief Bureau of School Support Phone: 717-783-6466

Fax 717-783-6642

Email: cmedina@pa.gov

Storm Y. Camara, ECYEH State Coordinator

Bureau of School Support Phone: 717-772-2066 Fax: 717-234-4071

Email: scamara@pa.gov

Taylor Teichman, PA ECYEH Youth Development

Coordinator

Center for School and Communities Phone: 717-763-1661, ext. 156 Email: tteichman@csc.csiu.org

#### **Allegheny Intermediate Unit**

Yolanda Yugar, Evaluation Specialist

Phone: 412-394-5801 Fax: 412-394-4998

Email: yolanda.yugar@aiu3.net

#### **REGIONAL CONTACTS**

## **Region 1**

Philadelphia

#### **School District of Philadelphia**

Al Quarles, Regional Coordinator

Phone: 215-400-6045

Email: abquarles@philasd.org
Office: 215-400-4830 option 4
Office Email: ECYEH@philasd.org

#### Region 2

Berks, Chester, Dauphin and Lancaster, Lebanon and Schuylkill counties

#### **Berks County Intermediate Unit 14**

Kristen Hoffa, Regional Coordinator

Phone: 610-987-8466 Cell 610-207-7138

Email: krihof@berksiu.org

Tabitha Kramer, Supervisor Phone: 610-987-8464 Cell: 610-603-6162

Email: tabkra@berksiu.org

Melissa DeMotta, Supervisor

Phone: 610-987-8436 Cell: 484-955-9920

Email: meldem@berksiu.org

Lauren Hammond Program Specialist

Cell: 610-457-8052

Email: lauham@berksiu.org

Allyssa Kovich Program Specialist

Phone: 610-987-8441 Cell: 610-607-7197 allkov@berksiu.org

## Region 3

Adams, Cumberland, Franklin, Mifflin, Huntingdon, Juniata, Perry and York counties

#### **Lincoln Intermediate Unit 12**

Sonia Pitzi, Regional Coordinator

Phone: 717-718-5924 Fax 717-718-5943

Email: slpitzi@iu12.org

Melissa Gosnell, ECYEH Program Liaison

Phone: 717-718-5944

Email: magosnell@iu12.org

### Region 4

Allegheny, Beaver, Bedford, Fayette, Fulton, Greene, Somerset, Washington and

Westmoreland counties

#### **Allegheny Intermediate Unit 3**

Nicole Anderson, Regional Coordinator

Phone: 412-394-5894 Fax 412-394-5836

nicole.anderson@aiu3.net

Tracey Finn, Community Liaison

Phone: 412-394-1351

Email: tracey.finn@aiu3.net

#### Region 5

Butler, Crawford, Clarion, Erie, Forest, Lawrence, McKean, Mercer, Venango and Warren counties

#### **Erie School District**

Chandra Slocum, Supervisor of Alternative

Programming

Erie's Public Schools Office: 814-874-6015 Cell: 814-651-3174

Email: cslocum@eriesd.org

#### **Midwestern Intermediate Unit 4**

Wendy Kinnear, Regional Coordinator

Phone: 724-458-6700, ext. 1289

Cell: 724-730-4859

Email: wendy.kinnear@miu4.org

Bryda L. Drumm LSW, H&SV Phone: 724-458-6700, ext. 1218

Fax: 724-458-4468

Email: bryda.drumm@miu4.org

#### Northwest Tri-County Intermediate Unit 5

Yvonne Teed, Assistant Director of Federal

and State Programs Phone: 814-734-8392

Email: yvonne\_teed@iu5.org

#### **Riverview Intermediate Unit 6**

Mary Miller, Intermediate Unit Liaison (Clarion, Forest, Venango Counties)

Phone: 814-226-7103, ext. 152

Fax: 814-226-4850

Email: mmiller@riu6.org

## Region 6

Armstrong, Blair, Cambria, Cameron, Centre, Clearfield, Clinton, Elk, Indiana, Jefferson and Potter counties)

#### **ARIN Intermediate Unit 28**

Sarah Schroth, Regional Coordinator Phone: 724-463-5300, ext. 1203 Email: sschroth@iu28.org

### Region 7

Bradford, Carbon, Columbia, Lackawanna, Luzerne, Lycoming, Monroe, Montour Northumberland, Pike, Snyder, Sullivan, Susquehanna, Tioga, Union, Wayne, and Wyoming counties

#### **Luzerne Intermediate Unit 18**

Jeff Zimmerman, Regional Coordinator

Phone: 570-718-4613

Email: jzimmerman@liu18.org

Andrew Kuhl, Assistant Coordinator

Phone: 570-718-4697 Email: akuhl@liu18.org

#### Region 8

Bucks, Delaware, Lehigh, Montgomery and Northampton counties

#### **Bucks County Intermediate Unit**

Michelle Connor, Regional Coordinator

Phone: 215-348-2940, ext. x1361

Fax: 215-340-1964

Email: mconnor@bucksiu.org

Kathy Birsa, Site Coordinator Phone: 215-348-2940, ext. 1360 Email: kbirsa@nbucksiu.org

#### HOUSING ASSISTANCE

ASISTENCIA PARA LA VIVIENDA

## City of Allentown Bureau of Building Standards and Safety

435 Hamilton Street, 3rd Floor Allentown, PA 18101

Hours: 8:00 AM-4:30 PM, M-F

Website: www.allentownpa.gov/Building-

**Standards-Safety** 

Residential Property Inspections, complaints regarding unsafe living conditions, rental housing/apartments, call 610-437-7694. Building Permits and Inspections, call 610-437-7591.

For unsanitary conditions, call 610-437-7759.

For animal complaints, call 610-437-7535. For garbage, trash, recycling/solid waste, call 610-437-8729.

## American Red Cross Pennsylvania Rivers Chapter

3939 Broadway Street Allentown, PA 18104

Phone: 610-865-4400 or 800-422-7677

Website:

www.redcross.org/local/pennsylvania/greater

-pennsylvania/about-

us/locations/pennsylvania-rivers.html

Disaster client line is available 24 hours. Armed Forces Emergency: 877-272-7337 Emergency housing assistance in the cases of

disaster and/or fire.

## Allentown Housing Authority

(Hablamos español)

1339 W. Allen Street Allentown, PA 18102 Phone: 610-439-8678 TDD: 610-439-1586 Fax: 610-439-8884

Hours: 8:30AM-4:30PM, M-F

Website: www.allentownhousing.org

Apply for public housing or Section 8 Housing, based on income.

## **Bethlehem Bureau of Inspections**

10 East Church Street Bethlehem, PA 18018 Phone: 610-865-7091

Website: www.bethlehempa.gov/Community-Economic-Development/Housing-Inspections

Receives and acts on rental housing complaints and issues building permits.

### **Bethlehem Housing Authority**

645 Main Street

Bethlehem, PA 18018 Phone: 610-865-8300 Fax: 610-865-8318

TDD (Hearing Impaired): 610-865-8333

Website: www.bha645.homestead.com

Northeast Office 1429 Fritz Drive Bethlehem, PA 18017

Apply for public housing or Section 8 (private) subsidized apartment or house. Handles complaints regarding unsafe living conditions or problems with public housing.

## **Bethlehem Housing Rehabilitation Program**

10 East Church Street Bethlehem, PA 18018 Phone: 610-865-7095

Purpose: Provides grants and loans to qualified owners in Bethlehem to correct code violations

and/or rehabilitate homes.

## Community Action of the Lehigh Valley, Inc.

1337 E 5th St

Bethlehem, PA 18015 Phone: 610-691-5620

Website: www.communityactionlv.org

Community Action of the Lehigh Valley is an anti-poverty nonprofit that improves the quality of life by building a community in which all people have access to economic opportunity, the ability to pursue that opportunity, and a voice in the decisions that affect their lives.

We offer programs and services in: Advocacy, Business Start-Up & Development, Food Access & Nutrition, Housing, Neighborhood Revitalization, and Youth.

#### **Catholic Charities**

900 S. Woodward Street Allentown, PA 18103 Phone: 610-435-1541

Hours: 8:30 AM-4:30 PM, M-F by appointment.

Rent assistance and budget counseling.

## City of Easton Department of Planning and Codes

123 South 3rd Street, 2nd Floor

Easton, PA 18042 Phone: 610-250-6724

Hours: 8:30 AM-4:30 PM, M-F Website: www.easton-pa.com

Periodically inspects and investigates complaints regarding property maintenance and unsafe living conditions in rental and other housing; Issues permits for renovations.

### **Easton Housing Authority**

157 S. 4th Street P.O. Box 876

Easton, PA 18044-0876 Phone: 610-258-0806

Hours: Monday open 24 hours,

T-F 8:30 AM-4:30 PM

Website: www.eastonhousing.org

The Housing Authority will accept applications for Low Income Housing (Public Housing)

Monday through Thursday between the hours of 9:00 – 11:30 am. The Housing Choice Voucher Program (S8) wait list is currently closed until further notice. A notice will be placed in the local newspapers when the Housing Authority starts accepting applications. All applications are accepted at the offices located at 221 South Fourth Street.

### **Hispanic American Organization**

(Hablamos español)

462 West Walnut Street Allentown, PA 18102 Phone: 610-435-5334

Counseling Service: 610-351-2292, ext. 412

Website: https://www.hao-lv.org/

Partners with the Roberto Clemente Charter School; Nutrition – a program to educate clients on the availability of food stamps; Housing Case Management Services. Limited funding is available for rent assistance. Family Counseling Clinic – a bilingual counseling service; Evening School: English as a Second Language (ESL) and GED; ESL classes during the evenings (7 p.m.-9 p.m.); Computer Lab open to the public for ESL, job search, resume writing, GED preparation (Plato software), typing practice; Intake, Information and Referral Services.

Lehigh County Housing Authority and Valley Housing Development Corp.

## **Executive & Accounting Offices**

635 Broad Street Emmaus, PA 18049 Phone: 610-965-4514

TTY: 610-966-9526 Fax: 610-965-9820

#### **Resident Selection Office/Waiting List office**

860 Broad St. Suite 110

Emmaus PA 18049 Phone: 610-966-9526 TTY: 610-966-9526

Fax: 610-421-8531

#### The Housing Voucher Office/Section 8

120 N. 3rd St. Rear Emmaus, PA 18049 Phone: 610-433-2312 TTY: 610-966-9526

Fax: 610-966-6398

Website: www.lehighcountyha.org

Serves residents of Lehigh County and possibly beyond. Apply for public or Section 8 subsidized housing or affordable housing dependent upon waiting list openings. You may call 610-421-8526, go online, or come into the office at 860 Broad St Emmaus PA to obtain an application. Hours: Monday through Friday 8:30 - 4:30 pm

### The Neighborhood Center

902 Philadelphia Road Easton, PA 18042

Phone: 610-253-4253

Website:

#### www.eastonareaneighborhoodcenter.org

Rent assistance (when funds are available). Call first for appointment.

## Northampton County Housing Authority

## Resident Selection Department/Waiting List Offices/Housing Choice Voucher Office

15 S. Wood Street, Lower Level

Nazareth, PA 18064 Phone: 610-759-8488 Fax: 610-759-8451

Hours: 8 AM-4 PM, M-F

#### **Oliver Border House** (Limited Office Hours)

15 S Wood St

Nazareth, PA 18064 Phone: 610-759-8145 TTY: 800-855-2880 Fax: 610-759-4045

#### **Howard Jones Manor** (Limited Office Hours)

129 Mill St

Bath, PA 18014

Phone: 484-281-3903 TTY: 800-855-2880 Fax: 484-281-3905

Website: www.northamptoncountyha.org

Operates Section 8 (Rental Assistance) Housing Choice Voucher Program, two public housing subsidized developments for elderly (62 yrs. and older) and disabled. Also manages two affordable housing sites for those 55 yrs. and older. Varying income limits and other restrictions may apply. Opening or closing of waiting lists or restrictions are published as necessary. Call for current information or to request an application.

#### **FOOD & NUTRITION PROGRAMS**

PROGRAMAS DE ALIMENTACIÓN Y NUTRICIÓN

#### **FOOD PANTRIES**

Despensas comunitarias

## **Animal Food Bank of the Lehigh Valley**

860 Broad St., Suite 115 Emmaus, PA 18049 Phone: 610-421-8014

Website: www.afblv.com

We are a non-profit organization that provides low income individuals, families with pet food through their program. See website or call for requirements. Call or check website for hours.

## Second Harvest of the Lehigh Valley and NE PA

A Program of the Community Action Committee of the Lehigh Valley, Inc.

6969 Silver Crest Road Nazareth, PA 18064 Phone: 484-287-4015

Referrals for food assistance to member emergency food pantries and soup kitchens throughout the greater Lehigh Valley. Information regarding food stamps and WIC program. Administers the Commodity Supplemental Food Program for eligible seniors and WIC "graduates"

Call for referral to area pantries or visit **www.shfblv.org** to find a place near you.

#### **ALLENTOWN**

### **Casa Jeanette – Food Pantry**

705 N. 8th Street Allentown, PA 18102

Phone: 484-860-0303Hours: M-F 10:00 AM-

12Noon, Sat 3:00-5:00 PM

## **Christian Evangelical Arabic Church**

338 East Walnut Street Allentown, PA 18102 Phone: 610-432-3900

Hours: By appointment, Wednesdays 6:00PM

### **Everlasting Life Ministries**

224 N. Sixth Street Allentown, PA 18102 Phone: 610-776-4009

Contact: Michele. M-W 8:30am-12:30pm

TH-F 8:30am-1:00pm

Website: www.elmallentown.org

Food Pantry: Every Sat. 9:00-11:00AM

## **Evangelical Wesleyan – Food Pantry**

728 N. Irving St. Allentown, PA 18109 Phone: 610-433-6160

Hours: 3rd Saturday, 10:00 AM-11:45 AM

## The Pennsylvania Avenue Interfaith Food Pantry

1900 Pennsylvania Ave. Allentown, PA 18109

Phone: 610-865-3603, Tue & Thu 9AM-3PM

Hours: The Pantry is open the 1st and 3rd Wednesday every month 6:00 PM-8:00 PM

### Salvation Army - Allentown

144 N. 8th Street Allentown, PA 18101 Phone: 610-432-0129

Food Bank every 1st and 3rd Wednesday of the month from 10 AM-12 Noon. Services are provided once a month per client. No appointment required. Need photo ID.

#### **BATH**

#### **Bath Area Food Bank**

St. John's Evangelical Lutheran Church 206 East Main Street Bath, PA 18014

Phone: 610-837-1061

Hours: 2nd Tuesday 9:30-11:00 AM

#### **BETHLEHEM**

#### **Bethlehem Townhouse I**

1005 C Livingston Street Bethlehem, PA 18017 Phone: 610-868-8716

Hours: 2nd Thursday 10:00AM-12:00PM

#### **Calvary Baptist – Food Pantry**

111 Dewberry Avenue Bethlehem, PA – 18017 Phone: (610) 365-5300

Hours: 1st Monday and Tuesday of every month

from 9:00 AM-11:00 AM

Food Pantry for residents of Northampton County only. You will need to bring proof of

address.

## Central Moravian Church – Food Pantry

73 West Church St. Bethlehem, PA 18018 Phone: 610-866-5661

Website:

www.centralmoravianchurch.org/serve/food-pantry

Hours: On the second Friday of the month, the third Saturday of the month and the Friday preceding it, and on the fourth Thursday of the month from 8:30 to 11:30 a.m. our Food Pantry, which can be reached from the parking lot in the back of the Church Office Building, is open for public distribution to Northampton County residents.

## Concordia Lutheran Church – Food Pantry

418 Edward Street Bethlehem, PA 18015 Phone: 610-262-8500

Hours: Every 1st, 3rd, and 5th Tuesdays of the

month, 5:00 PM-6:00 PM

## Concilio Pentecostal Church of the Truth

544 Broadway Street Bethlehem, PA 18015 Phone: 484-554-5722

Hours: Wednesdays 10:00AM-12:00PM

## Choice Food Pantry – New Bethany Ministries

380 Shawnee Street Bethlehem, PA 18015

Phone: 610-691-5602, ext. 230

Website:

## www.newbethanyministries.org/choice-food-pantry

Hours: 10:30 AM-11:30 AM, M-F by appointment.

To use the pantry, fill out the Choice Food Pantry form on your first visit.

#### **Ebenezer New Reformed Church**

3221 Bingen Road Bethlehem, PA, 18015 Phone: 610-838-0924

Hours: Tuesdays 6:00PM-7:00PM

## **Holy Bethel Pentecostal – Food Pantry**

1224 E. 4th St

Bethlehem, PA 18015 Phone: 610-691-1244

Hours: 1st and 2nd Saturday, 9:00 PM-1:00 PM

## **Hispanic Center Lehigh Valley – Food Pantry Program**

520 E. 4th St.

Bethlehem, PA 18015

Phone: 610-868-7800 ext. 245

You can schedule an appointment Monday through Thursday between 9:00am and 3:30pm by calling the food pantry coordinator.

#### **Moravian Food Bank**

73 West Church Street Bethlehem, PA 18018 Phone: 610-866-5661

Hours: 3rd Saturday 10:00AM-12:00PM

## New Bethany Ministries – Mollard Hospitality Center

337 Wyandotte Street Bethlehem, PA 18015 610-691-5602

Contact: Jenny Ramos at

jramos@newbethanyministries.org

Drop-in center and free meals. Meals served: breakfast 8:00 a.m., lunch 12:00 noon to 1:00 p.m. Monday through Friday. Food baskets offered Mondays-Fridays between 10:30 am and 11:30 am. Each household is entitled to a food basket once every 30 days. Soup Kitchen Breakfast: 8-10:30am, lunch 12- 1pm. Food Bank 10:30-11:30am. Day shelter 8-4pm (showers, address usage)

#### **New Jerusalem Lutheran Church**

3233 Appleschurch Road Bethlehem, PA 18015 Phone: 610-838-0731 Hours: 3rd & 4th Saturdays 9:00AM-11:00AM; Saucon Valley School District residents only Northeast Community Center – Food Pantry

1161 Fritz Drive Bethlehem, PA 18017 Phone: 610-691-3355

Hours: Mondays, Wednesdays, & Thursdays

9:30AM-11:30AM

### Salvation Army - Bethlehem

(Hablamos español)

521 Pembroke Road Bethlehem, PA 18018 Phone: 610-867-4681

Food pantry by appointment only. Call and leave a message to participate.

### **Second Baptist Church – Food Pantry**

616 Frankford Street Bethlehem, PA 18017 Phone: 610-691-9783

Hours: 2nd & 4th Saturdays 9:00AM-11:00AM

#### SS Simon & Jude

730 West Broad Street Bethlehem, PA 18018 Phone: 610-866-5582

Hours: 3rd Saturday 9:00AM-11:30AM or by

appointment.

#### St. Matthew Lutheran Church

521 East Locust Street Bethlehem, PA 18018 Phone: 610-867-6021

Hours: 2nd & 4thTuesdays 10:00AM-12:00PM

## Trinity United Church of Christ – Food Pantry

81 E North St

Bethlehem, PA 18018 Phone: 610- 691-8200

Hours: 2nd & 4th Wednesday of the month

11AM-12:30PM

Open to residents of Northampton County.

### **West Bethlehem Pantry**

Address: 514 3rd Avenue Bethlehem, PA 18018 Phone: 610-865-8216

Hours: Wednesdays 10:00AM-12:00PM;

Last Wednesday 6:00PM-8:00PM

#### **EASTON**

## **The Neighborhood Center**

902 Philadelphia Road Easton, PA 18042 Phone: 610-253-4253

Hours: Fridays 9AM-12 Noon

Website:

www.eastonareaneighborhoodcenter.org

Food Bank for Easton families.

## **Easton St. Vincent De Paul Society**

841 Washington Street Easton, PA 18042

Phone: 610-253-0814

Hours: 1st & 3rd Tuesdays 6:00PM-7:30PM

#### The Fathers House

1650 Lehigh Street Easton, PA 18042

Phone: 610-253-1651

Hours: By appointment -- M-F 9:00AM-5:00PM

#### **Holy Temple of Easton**

824 Ferry Street Easton, PA 18042 Phone: 610-250-9460

Hours: 3rd, 4th, & 5th Thursdays 5:00PM-7:00PM

## ProJeCt of Easton – Interfaith Food Pantry (Hablamos español)

330 Ferry Street Easton, PA 18042 Phone: 610-258-4361

Website: www.projecteaston.org

The Food Pantry is open to the public on: Mondays from 8am-1pm, Tuesday 8am- 11am, Wednesday 8am-12pm, and Thursdays from

8:30am-4:00pm

The Full Choice Pantry is designed to reduce food insecurity and increase food knowledge by providing high quality, nutrient dense food to low-income, at-risk adults, children, and seniors. We incorporate learning opportunities for our clients, including how to prepare the food they receive, how to integrate fresh fruit and vegetables into their diet, and how to accommodate allergies, diet restrictions, and more.

## **River of Life Presbyterian Church**

445 S. Main Street (right across from Walmart) Phillipsburg, NJ 08865

Phone: 908-213-1377

Website: www.riveroflifeopc.org/food-pantry

Call for more information and to get a

registration form.

#### Safe Harbor Easton

536 Bushkill Drive Easton, PA 18042

Phone: 610-258-5540

Contact: Susan Burns at 610-253-0792, ext. 201

Monday – Friday

Breakfast: 9 – 10:30 a.m.

Lunch: 11:45 a.m. – 12:30 p.m.

For adults but families/adults with children are welcome on an emergency basis.) Open to the community from 9:00 a.m. to 3:00 p.m.

### Salvation Army - Easton

1110 Northampton Street

Easton, PA 18042

Phone: 610-258-9531

Hours: 9:00AM-4:30PM, M-F by appointment

## **Trinity Episcopal Church**

234 Spring Garden Street

Easton, PA 18042

Phone: 610- 253-0792

Saturday noon meal open to all.

#### **NAZARETH**

#### **Nazareth Area Food Bank**

529 South Main Street

Nazareth, PA 18064

Phone: 610-365-8869

Hours: For last names beginning with A-M: 2nd Tuesday 8:00AM-10:00AM or 6:00PM-7:00PM;

For last names beginning with N-Z: 2nd

Wednesday 8:00AM-10:00AM

#### **Bender's Mennonite Church**

975 Benders Church Road

Pen Argyl, PA 18072 Phone: 610-863-9114

Hours: 3rd Saturday 9:00AM-11:00AM

#### **NORTHAMPTON**

## **Northampton Area Food Bank**

1601 Canal Street

Northampton, PA 18067

Phone: 610-262-8030

Hours: Wednesdays 9:30AM-12:00PM; 1st, 2nd, & 3rd Thursdays 6:00PM-8:00PM; 2nd & 3rd Saturdays 9:30AM-12:00PM

## **PCCT Pen Argyl**

Address: 204 East Main Street

Pen Argyl, PA 18072 Phone: 570-807-7794

Hours: Tuesdays 10:00AM-2:00PM

## Salvation Army – Pen Argyl

301 West Main Street, Pen Argyl, PA 18072

Phone: 610-863-6677

Hours: Tuesdays 10:00AM-12:00PM;

Closed 5th Tuesday

#### WIND GAP

## **Hope UCC – Food Pantry**

710 Cherry Street

Wind Gap, PA 18091 Phone: 610-863-4474

Hours: Mondays 5:00PM-7:00PM

## St. Elizabeth St. - St. Joseph

260 North Lehigh Avenue

Wind Gap, PA 18091

Phone: 610-863-9494

Hours: 2nd & 4th Saturdays 9:00AM-10:00AM

#### SOUP KITCHENS

Comedores comunitarios

#### **Christ Church UCC of Bath**

109 South Chestnut Street Bath, PA 18014

Phone: 610-837-0347

Hours: 2nd Saturday - Lunch (Call for times)

#### **Christ Church UCC of Bethlehem**

75 E Market St Bethlehem, PA 18018

Hours: Every Saturday, 12:00-1:00 PM.

### **The Conference Daybreak Shelter**

457 Allen Street Allentown, PA 18102 Phone: 610-820-5049

Breakfast: 8:00 AM-9:00 AM Lunch: 11:45 AM-12:45 PM

Dinner: 4:00-4:30 PM

Meals are offered M-F except on holidays.

## **New Bethany Ministries – Mollard Hospitality Center**

337 Wyandotte Street Bethlehem, PA 18015 610-691-5602

Contact: Jenny Ramos at jramos@newbethanyministries.org

Soup Kitchen Breakfast: 8-10:30am, Lunch 12- 1pm.

## **Everlasting Life Ministries**

224 N. Sixth Street Allentown, PA 18102 Phone: 610-776-4009

Contact: Michele. M-W 8:30am-12:30pm

TH-F 8:30am-1:00pm

Website: www.elmallentown.org

Lunch for seniors: Every Thursday, 12:00-1:00 PM

#### **Greater Shiloh Church**

201 Thomas Bright Street Easton, PA 18042

Phone: 610-252-5640

## Trinity Episcopal Church – **Trinity Soup Kitchen**

44 E. Market Street Bethlehem, PA 18018 Phone: 610-867-4741

Website: www.trinitybeth.org/soup-kitchen

Due to the pandemic, sit-down meals have been suspended. There is "take out window" service every day from noon to 12:30 p.m. Call for updated information.

### **FOOD STAMPS**

## Cupones de alimentos

Eligible families can receive assistance to purchase food, eat healthy food and maximize their food budget. Apply for food stamps at your county public welfare office. For other resources on food stamps, nutrition and food banks, call these numbers:

## **PA Hunger Action**

1-800-634-2033 (they can tell you if you're eligible for food stamps)

## Second Harvest of the Lehigh Valley

484-287-4015 or the USDA: 1-800-221-5689

#### **NUTRITION PROGRAMS**

Programas de nutrición

## WIC - Women, Infants and Children **Program**

The WIC program provides Food Vouchers for wholesome foods to families that are eligible. Food Vouchers can be used at designated stores. The WIC program also provides nutrition education and helps mothers learn how to breastfeed. Call for an appointment. (Also see listings by city/rural under Medical Providers)

#### **ALLENTOWN**

## Casa Guadalupe

218 N. Second Street Allentown, PA 18102 Phone: 610-435-9902 Contact: Dawn Bush Fax: 610-435-0898

Website: www.casa-lv.org

Hours: 8:30 AM-5:00 PM, M-F

## Maternal and Family Health Services: Lehigh Valley WIC Clinic

1837 West Linden Street Allentown, PA 18104 Phone: 610-432-3455

#### **BETHLEHEM**

#### WIC - Bethlehem

520 East 4th Street, 2nd Floor Bethlehem, PA 18015 Phone: 610-691-6491

## Maternal and Family Health Services, Easton WIC

101 Larry Holmes Plaza, Suite 204 Easton, PA 18042 Phone: 610-989-2899 Fax: 610-258-0147

Website: www.mfhs.org

Hours: Mon 10 AM-6 PM, Tue 9 AM-5 PM

Wed/Thu/Fri 8 AM-4 PM

## Blooming Lives Wellness Program at Casa Guadalupe Center

218 N. 2nd Street Allentown, PA 18102 Phone: 610 435 9902 Fax: 610 435 0898

Website: www.casa-lv.org

Teaches a 12-week course to help with weight loss and nutrition. Call to set up an appointment.

### **Super Cupboard**

A nutrition, cooking and life skills program offered through the Penn State and local extension office. Local shelters, churches or other non-profits must sponsor and get interested eligible (low-income) parent participants.

**Northampton County:** 610-746-1970

**Lehigh County:** 610-391-9840

#### **CLOTHING & FURNITURE**

Ropa y muebles

## Better Buy Thrift Shop at the Cathedral Church of the Nativity

321 Wyandotte Street Bethlehem, PA 18015 Phone: 610-865-0727 Contact: Connie Gilbert

Website: www.nativitycathedral.org

Hours: W-F 10 AM-2 PM, Saturday 10 AM-1 PM

Thrift Shop for low/reduced cost clothing. We also sell housewares, toys and books. No furniture.

## **Everlasting Life Ministries**

224 N. Sixth Street Allentown, PA 18102 Phone: 610-776-4009

Website: www.elmallentown.org

Clothing bank- 2nd Tuesday+ 4 Tuesday- 9:30-11:30am or until clothing finish.

## The Fund to Benefit Children and Youth

904 West Highland St. Whitehall, PA 18052 Phone: 610-349-0577 Contact: Pam Sullivan

Email: info@helplehighvalleychildren.org
Website: www.helplehighvalleychildren.org

The Fund provides abused, neglected and at-risk children in Lehigh & Northampton Counties with the items and services that traditional community and government sources cannot provide —gap services— such as beds, sheets and cribs, winter coats, school uniforms, boots, sneakers, eyeglasses, insect extermination, utility assistance, air conditioners for asthmatic children, educational enrichments such as summer school and specialized camps or experiences.

## **Lehigh Valley Outreach Depot**

619 E. Allen St.

Allentown, PA 18109 Phone: 610-351-1616

Website: www.lvoutreachdepot.org

The Lehigh Valley Outreach Depot supports those going through devastating times due to a loss of home or business because of fire, flood, hurricane, earthquake, or other catastrophic occurrences. It is a disaster relief warehouse. Only individuals referred by recognized social agencies are given appointments. Open Tuesdays and Saturdays by appointment only. Agency referrals will be accepted

Food pantry for residents of 18109 area. Must call 610-820-4067 for appointment. Books and toys available. Used clothing area. All services free of charge.

## The Perfect Fit for Working Women

609 W Hamilton St Allentown, PA 18101 Phone: 610-871-5060

FAX: 610-871-5061

Hours: 10:00 AM-3:00 PM, M-F

Provides gently used and new outfits for women's job interviews and first week of work.

Need referral from an agency like Head Start.

(Volunteer run. Call for hours, as they may vary.)

A referral form can be requested from the agency.

### **River of Life Presbyterian Church**

445 S. Main Street (right across from Walmart)

Phillipsburg, NJ 08865 Phone: 908-213-1377

Website: www.riveroflifeopc.org

Call for information on answering machine.

## The Salvation Army - Allentown

144 North Eighth Street Allentown, PA 18101 Phone: 610-432-0129

Hours: 8:30 AM-4:00 PM, M-F

Website:

#### www.pa.salvationarmy.org/lehigh-valley

Staff: If you are referring a family, please call first. Contact Person: Giselle Martinez.

#### **UTILITIES**

**Utilidades** 

#### **Assurance Wireless**

PO Box 686

Parsippany, NJ 07054 Phone: 1-888-321-5880

Website: www.assurancewireless.com

Call to apply for a free cell phone plan provided through Virgin Mobile. Provider of Government Lifeline Program.

## Community Action of the Lehigh Valley, Inc.

(Arabic, Chinese, Portuguese, Spanish)

1337 E. Fifth Street Bethlehem, PA 18015 Phone: 610-691-5620

Website: www.communityactionlv.org

Weatherization, utility bill payment assistance and furnace repair assistance.

### **Customer Assistance Program (CAP)**

UGI's Customer Assistance Program help lowincome, payment-troubled customers better afford their UGI bills.

Lehigh County: 610-432-0129

Northampton County: 610-253-4253

Website: www.ugi.com/assistance-programs/CAP

Please call 800-276-2722 or email at **customerservice@ugi.com** for eligibility guidelines and to apply.

## Low Income Home Energy Assistance Program (LIHEAP)

**Lehigh County:** 

610-821-6509

**Northampton County:** 

610-250-1700 or 610-250-1786

Toll-Free LIHEAP Hotline: 1-866-857-7095

Hours: 7:30 AM-5:00 PM, M-F

Website:

https://www.compass.state.pa.us/compass.web/Public/CMPHome

Assistance with oil, gas, electric heat bills; must meet guidelines, referrals to agencies, applications starting in October/November. (Phone answered October – April)

**Note:** If you received fuel assistance through this program last year, you will be mailed an application this year.

## The Neighborhood Center

902 Philadelphia Road Easton, PA 18042 Phone: 610-253-4253

Hours: 8:30 AM-4:00 PM, M-F

Website:

www.eastonareaneighborhoodcenter.org

## Pennsylvania Public Utility Commission

PO Box 3265

Harrisburg, PA 17105-3265 Phone: 800-692-7380

Website: www.puc.pa.gov

Investigates termination of utilities. Within 24 hours service may be turned back on. For telephone company complaints or concerns: 1-800-782-1110. For electric, gas or water bill problems? Call local company first, then if unresolved, call this agency.

#### **PPL Cares Program**

Lehigh and Northampton County: 1-800-DIALPPL (342-5775) Ask for CARES Program

Hours: 8:00 AM-5:00 PM, M-F

This program allows your electric amount to avoid shut-off during a crisis (like losing your job or becoming ill).

### **PPL Wrap Program**

Call 1-800-DIALPPL (342-5775) Ask for a WRAP application

Weatherization assistance to lower your heat bills, for low-income customers. A referral will be made and an application sent to you.

#### SafeLink (hablamos español)

Phone: 800-Safelink (723-3546)

Website:

#### www.safelinkwireless.com/en/#!/newHome

Call or go online to apply and see if you qualify for a free cell phone and free cell phone service. Provider of Government Lifeline Program.

### Salvation Army – Allentown

144 North Eighth Street Allentown, PA 18101 Phone: 610-432-0129

Assistance with gas bills. UGI utility customers only.

### Salvation Army - Bethlehem

521 Pembroke Road Bethlehem, PA 18018 Phone: 610-867-4681

Energy assistance. UGI utility customers only.

## Salvation Army - Easton

1110 Northampton Street Easton, PA 18042 Phone: 610-258-9531

Hours: 9:00 AM-4:00 PM, M-F

Closed noon to 1 p.m. for all services

Gas bill assistance for UGI utility customers only.

## **Telephone Bills/Installation Assistance**

If you receive public assistance (TANF), food stamps, SSI or Medical Assistance, you may be eligible for help with your local phone bill. Call 1-800-771-3312 (helps with past due Verizon Basic bills) or your local phone company.

### **Xfinity – Internet Only Promotion**

Internet Essential Program offers internet for \$9.95 a month and an option to purchase a Dell and Acer Netbook for \$150. The household must be located in an area where Xfinity offers Internet services, have at least one child receiving free school lunches through the National School Lunch Program, not have subscribed to Comcast Internet services in the last 90 days and not have an overdue Comcast bill. Contact 1-800-934-6489 to request an application. Spanish 1-855-765-699

Website: www.internetessentials.com

### FINANCIAL ASSISTANCE

Ayuda Financiera

## American Red Cross Pennsylvania Rivers Chapter

3939 Broadway Street Allentown, PA 18104

Phone: 610-865-4400 or 800-422-7677

Disaster client line is available 24 hours.

Emergency housing assistance in disasters and fires. Armed Forces Emergency 877-272-7337

## Lehigh County Assistance Office – Department of Human Services

(Hablamos español)

555 Union Blvd., Suite 3, 2nd floor

Allentown, PA 18109-3389 Phone: 610-821-6509

Fax: 610-821-6705

Hours: 7:30 AM-5:00 PM, M-F Website: **www.dhs.pa.gov** 

Services: Medical assistance, food stamps, cash grants. Employment and training resources. For Energy Assistance, if received last year you automatically will be sent another application.

## **Lehigh Conference of Churches**

(Hablamos español)

457 W. Allen St. Allentown, PA 18102 Phone: 610-433-6421

Website: www.lehighchurches.org

An association of over 140 local churches, the conference has the following social service programs:

**Linkage** - Street caseworker connects homeless people with services. Homeless Supportive Services- Provides intensive case management for the disabled and chronically homeless.

**Pharmaceutical Assistance** - Provides once-ayear emergency medical assistance for certain kinds of medications to qualifying low-income individuals

**Rep Payee** - Assists those on SSI/SSD (including children) who need help to manage their income and bills. Call 610-433-1881

**Permanent Employment Program** - Assists chronically unemployed individuals reach a level of self-sufficiency through subsidized to unsubsidized work experiences. Participants are assisted in search for and obtaining meaningful employment by educational, case management and subsidized work opportunities while involved in the program. Call 610-439-8521.

#### 1031 W. Linden Street Programs:

**Aspires** - Is a mentoring program that is dedicated to the recruitment of volunteers, who offer support for students in the Allentown public schools who are at risk of not graduating, helping them to succeed academically, graduate from high school, and to become productive citizens. Call 610-439-8653

**HOPE Program** - Homeless Outreach and Positive-social Engagement (HOPE) Program provides a pathway to stability for homeless adults dealing with mental illness and substance abuse. Call 484-664-7320 **Pathways** - Pathways Housing Services at Dubbs offers a full spectrum of housing services designed for those who are homeless, about to be homeless, or in an unstable housing situation. Call 610-439-8653 Fax: 484-664-7322

**Lehigh County Clearinghouse** - Assists with rental assistance and other housing-related needs for the homeless, transitioning youth adults (age 18-23), residents of a community rehabilitation residence, individuals being released from incarceration. Call 610-841-1370

# Northampton County Assistance Office – Department of Human Services (Hablamos español)

201 Larry Holmes Drive Easton, PA 18042

Phone: 610-250-1700 or 800-349-5122

Fax: 610-250-1839

Website: www.dhs.pa.gov

Hours: 7:30 AM-5:00 PM, M-F

Department of human services Medical assistance- food stamps, medical assistance and/or cash assistance.

## **Project of Easton – Assist Program**

(Hablamos español)

320 Ferry Street Easton, PA 18042 Phone: 610-258-4361

Email: communityrelations@projecteaston.org

Website: www.projecteaston.org

Emergency assistance for Northampton County residents. Helps with emergency shelter, prescriptions, home heating oil, baby needs, children's furniture and clothing, eye exams/glasses. Requires intake interview. Open: 8:30 a.m. to 4:30 p.m. Monday through Friday. Bus passes available for designated appointments. All services are free.

## Salvation Army - Allentown

144 North Eighth Street Allentown, PA 18101 Phone: 610-432-0129

Contact: Danilo Velez

Emergency Assistance for Lehigh County residents, food pantry, used clothing assistance. UGI assistance and referrals.

### Salvation Army - Bethlehem

521 Pembroke Road Bethlehem, PA 18018

Phone: 610-867-4681

Assistance with: rent/utilities (limited to UGI utility), food, clothing and furniture.

### Salvation Army - Easton

1110 Northampton Street Easton, PA 18042

Phone: 610-258-9531

Call for assistance, information and/or materials.

## **Welfare Helpline**

1-800-692-7462

Information regarding financial assistance, medical assistance, food stamps and energy assistance (run by state of PA).

#### **UNEMPLOYMENT COMPENSATION**

## Subsidio de desempleo

Unemployment Compensation (Hablamos español)

Call 1-888-313-7284

Website: www.uc.pa.gov

This is recorded information about applying for unemployment. You can (eventually) speak to a person. Hours are 8 a.m. to 4 p.m. Monday, Tuesday, Thursday and Friday. You can still submit a UC appeal in person at the CareerLink office in Allentown:

555 Union Blvd. Allentown, PA 18109 Phone: 610-437-5627

### Daybreak (Hablamos español)

The Lehigh Conference of Churches

457 Allen Street Allentown, PA 18102 Phone: 610-439-8653 Fax: 484-664-7322

Website: www.lehighchurches.org

Walk-in hours: 9:00 AM-3:00 PM

Pathways Housing Services offers a full spectrum of housing services designed for those who are homeless, about to be homeless, or in an unstable housing situation.

#### YWCA Bethlehem

3895 Adler Place, Building A, Suite 180 Bethlehem, PA 18017 Phone: 610-867-4669

Hours: 8:00 AM to 5:00 PM, M-F

Website: www.ywcabethlehem.org

Operates Adult Day Services Center for seniors with disabilities and/or dementia to assist family caregivers. Operates TechGYRLS afterschool program at multiple BASD elementary schools. Holds annual Prom Dress Day each March to help girls purchase inexpensive gently used gowns.

# Third Street Alliance for Women and Children – Sharing the Caring Adult Day Services

41 North Third Street Easton, PA 18042 Phone: 610-258-6271

Hours: Mon-Fri. 7:30 AM-5:00 PM

Cost: \$55.00 a day

Website: www.thirdstreetalliance.org

Sharing the Caring is a social adult day services program for people experiencing a decrease in physical and mental abilities due to Alzheimer's, dementia, stroke, Parkinson's, intellectual disabilities, or other ailments associated with aging. Sharing the Caring offers a fun energizing day program for adults incorporating a Montessori based dementia care program, healthy lunch and two snacks, and plenty of opportunities for participants to socialize such as physical activity, arts and crafts, musical programs, dog therapy, memory enhancement, intergenerational program, podiatry services and rehabilitation services. Qualified staff manage health monitoring, medication, and personal hygiene needs. Sharing the Caring Adult Day Services is licensed by Pennsylvania Department of Aging and an approved provider for following assistance program: Block Grant program of Northampton County, PDA Waiver program of Pennsylvania, New Jersey Assistance for Community Caregiving (JACC), and Global option Waiver (GO).

## **Drug and Alcohol Support**

Apoyo para personas (y sus familiares) adictas a las drogas y el alcohol

دعم متعاطي المخدرات/ الكحول

#### **PA Get Help Now**

Toll-free 1-800-662-HELP (4357) hotline, 24/7

This helpline gives residents of Pennsylvania intervention help for free in drug addiction and substance abuse. It is managed by the Department of Drug and Alcohol Program (DDAP). Visit **www.ddap.pa.gov** for more information and resources.

#### **ALLENTOWN**

### **Allentown Comprehensive Treatment**

2970 Corporate Court, Suite 1

Orefield, PA 18069 Phone: 844-258-8675 Contact: Theresa Bissell

Hours: M-F 5:30AM-2:00PM; Sat 6:00AM-9:00AM

Website:

www.ctcprograms.com/location/allentown-comprehensive-treatment-center

Screening and assessment, Methadone (MAT) and Outpatient individual/group counseling

## **Center for Humanistic Change**

555 Union Blvd., Suite 7 Allentown, PA 18109 Phone: 610-443-1595

Fax: 610-443-1598

Hours: M-F: 8:30AM-4:30PM

Website: www.thechc.org

Community education and resources

## **Hispanic American Organization**

(Hablamos español)

462 W Walnut St Allentown, PA 18102 Phone: 610-435-5334 Email: **HAO@hao-lv.org** Hours: M-F 8:00AM-4:00PM

Website: www.hao-lv.org

Screening and assessment, Outpatient and Intensive Outpatient individual/group counseling (bilingual).

### **Lehigh County Crisis**

17 South Seventh Street Allentown, PA 18101 Phone: 610-782-3127 Fax: 610-820-2064

Hours: M-F: 8:00-4:00PM

Crisis counseling 24 Hours a day / 7 days a week

## **Lehigh County Drug and Alcohol**

(Hablamos español)

17 South Seventh Street Allentown, PA 18101 Phone: 610-782-3555 Fax: 610-871-1469

Email: DandAInfo@lehighcounty.org

Website:

#### home.lehighcounty.org/drugandalcohol

Services: Prevention, intervention, treatment services and program speakers. Hours 8:00 a.m. to 4:00 p.m. Can arrange for bilingual service.

Assessments can be provided by Confront, Hispanic American Organization, KidsPeace, Step By Step, Pyramid Health Care, Northeast Treatment Center and Mid-Atlantic Rehabilitative Services, Inc.

## Neighborhood Health Centers of the Lehigh Valley – Allentown Health Center

218 N 2nd St

Allentown, PA 18101 Phone: 610-841-8400 Website: www.nhclv.org/

Screening, diagnosis and treatment for substance use disorders including opioids and

alcohol.

### Pyramid Healthcare, Inc. - Allentown

Roma Corporate Center 1605 N Cedar Crest Blvd Ste. 602 Allentown, PA 18104

Phone: 610-434-1126

Website: www.pyramid-healthcare.com
Overdose Prevention education, Naloxone
admin, Rx Drug Current trend, Rally in the Valley,
Intervention, Screening and Assessment
(bilingual), SAP assessment, outpatient and
intensive outpatient individual/group
counseling, certified recovery specialist, MAT

#### **Treatment Trends, Inc.**

24 S. 5<sup>th</sup> Street Allentown, PA 18101 Phone: 610-432-7690

Residential drug and alcohol treatment for men and women. Screening and assessment,
Outpatient and Intensive Outpatient, Ind/Grp
Counseling, Certified Recovery Specialists and
MAT, (Vivitrol/Suboxone/Sublocade) for adults.

Website: www.treatmenttrends.org

#### **Centers of Excellence**

1130 Walnut St. Allentown, PA 18102 Phone: 610- 432-7693 Fax: 484-273-0998

Email: coereferrals@treatmenttrends.org

#### Confront

1130 Walnut Street Allentown, PA 18102 Phone: 610-433-0148 Fax: 610-433-6201

Contact: Chelsea Edmunds, Program Director Hours: M-F 8:30AM-9PM; Sat 8:30AM-11:30AM Email: confrontreferrals@treatmenttrends.org

### Halfway Home of the Lehigh Valley

24 S. 5th Street

Allentown, PA 18101 Phone: 610-439-7690 Fax: 610-439-8713

Contact: Natalie Doggett, Program Director Email: hhlvreferrals@treatmenttrends.org

#### **Keenan House**

18 S Sixth Street Allentown, PA 18101 Phone: 610-439-8479 Fax: 610-289-1833

Contact: Rainie Campagna, Program Director Email: keenanreferrals@treatmenttrends.org

For more locations, visit:

www.treatmenttrends.org/contact-us

#### **BANGOR**

#### **Recovery Revolution, Inc.**

109 Broadway Bangor, PA 18013 610-599-7700

M-F: 8:30AM- 7:30 PM

Website: www.recoveryrevolution.org

We are a charitable not-for-profit organization with a mission to provide addictions treatment outpatient counseling services to adolescents and adults residing in and around Northampton County, PA. We will not deny services strictly based on an individual's ability to pay.

## A Clean Slate (Slate Belt Recovery Center)

118 S. 1st Street Bangor, PA 18013 Phone: 610-452-9348

Hours: Mon & Sat 10 am-2 pm; Tues 1 pm-6 pm;

Wed 10 am-6 pm; Thu & Fri 10 am - 5 pm

Web: www.cleanslatebangor.org

We offer a sober and safe environment for individuals and their families. Wellness and recovery meetings are held here, for all to participate. We also have many helpful resources to share with those looking for support.

#### **BETHLEHEM**

### **Bethlehem Hope Center**

429 E. Broad Street Bethlehem, PA 18018 Phone: 484-788-3665 Hours: M-F: 8:30-4:30 PM

Website:

www.treatmenttrends.org/hopecenter

Recovery-oriented system of care.

## BPAIR (Bethlehem Police Assisting in Recovery)

Phone: 610-865-7000

For Bethlehem residents seeking treatment for substance use disorders. Walk into police headquarters, ask an officer for help.

## **Hogar Crea of Pennsylvania**

(Hablamos español)

#### Women's Center

1409 Pembroke Road Bethlehem, PA 18017 Phone: 610-866-3442

#### Men

132 North Fourth Street Allentown, PA 18102 Phone: 610-776-0525

1920 E. Market Street Bethlehem, PA 18017 Phone: 610-694-0700

Website: www.hogarcreapa.org

Cost: None. Non-profit. Raises its own funds.

Live-in drug rehab program specializes in Latino community. Information and referral. In-patient drug therapy. 2 to 3 year internal process, 5-year follow-up.

## Mid-Atlantic Rehabilitation Services (MARS)

826 Delaware Avenue Fountain Hill, PA 18015 Phone: 610-419-3101

Fax: 610-419-3309

Contact: Greg Krausz, MA, CAADC, LPC

Website: www.marsatp.com

Hours: Monday through Friday 8:30 a.m. to 9:00

p.m., Saturday 9:00 a.m. to 2:00 p.m.

MARS-ATP provides client-centered, community based quality treatment services to those with Substance Use Disorder (SUD) in the least restrictive and most-cost effective level of care. We provide comprehensive assessment, intensive outpatient and outpatient drug and alcohol use counseling services for adolescents and adults. We have programs day, evening, and Saturdays to meet the needs of individuals who seek out our services. Most insurance including private insurance, managed Medicaid, and county funding are accepted. Services are provided through individual, group and/or family counseling.

## New Directions Treatment Services and Cedar Point Family Services

(Hablamos español)

2442 Brodhead Road Bethlehem, PA 18020 Phone: 610-758-8011

Fax: 610-758-8013

Website: www.ndts.org

New directions provides Methadone maintenance and counseling for opioid use disorder along with a DUI program and education, testing for HEPC and AIDS. Cedar point provides mental health counseling and medication management. Cost: Accepts MA, Magellan, and has county contracts.

### **Northampton County Crisis**

2801 Emrick Blvd, Bethlehem, PA 18020 Phone: 610-252-9060

Hours: 24 Hours a day/ 7 days a week

**Crisis Counseling** 

## Northampton County Drug and Alcohol Division

2801 Emrick Boulevard Bethlehem, PA 18020

Phone: 610-829-4725 or 610-829-HELP

Contact: Elizabeth Miller

The Drug & Alcohol Division is a county office responsible for the provision of prevention, education, treatment and case management for those impacted by addiction. The majority of direct services are made available to the public through contracts with community service providers. The objectives are to raise public awareness of the dangers of alcohol abuse, drug abuse and problem gambling, and to offer resources to arrest the disease of addiction and instill hope and resources to support recovery.

Hours: 8:30 a.m. to 5:00 p.m.

#### **Northeast Treatment Centers, Inc.**

44. E Broad Street Suite 20 Bethlehem, PA 18018 Phone: 610-868-0435

300 S. 7th Street Easton, PA 180432 Phone: 610-253-6760

Hours:

Mon-Fri: 9:00AM- 5:00PM (phone lines open, call

for appointment)

Mon-Thurs: sessions available until 9:00PM

Screening, Outpatient and Intensive Outpatient individual/group counseling.

### **Valley Youth House**

3400 High Point Blvd Bethlehem, PA 18017 Phone: 610-820-0166

Website: www.valleyyouthhouse.org

**Education and Family Intervention** 

#### **EASTON**

## Lehigh Valley Drug and Alcohol Intake Unit (Hablamos español)

100 N. Third Street, Ste. 401

Easton, PA 18042

Phone: 610-923-0394 Fax: 610-923-0397

Hours: M-F: 8:30AM-4:30PM Website: www.lvintake.org

Walk-ins: M-F: 8:30AM-12:00PM Assessment,

Intake & Referral Services

Hours: Monday thru Friday 8:30 a.m. to 4:30 p.m., Walk-ins Monday through Friday 8:30 a.m. to 12:00 p.m. We provide clients with an assessment to get into the recommended treatment they need. We can assist in getting into out-patient services, detox and/or rehab.

#### The Nehemiah House

416 Canal Street Easton, PA, 18042

Phone: 610-253-6083

A Christian transitional housing program for adult male alcoholics and drug addicts preparing for re-entry into society. Residents are given shelter and expected to contribute to their treatment, attend outpatient counseling, Christian and/or secular AA/NA meetings, Bible study, church, do housework, get outside work, save money, meet their financial obligations, and assume a responsible role in society.

#### **SUPPORT GROUPS & OTHER HELP**

### **Al-Anon Family Groups**

Meeting Line: 888-4-AL-ANON (888-425-2666)

Website: www.al-anon.org

Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help.

**Alateen**, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking. By attending Alateen, teenagers meet other teenagers with similar situations. Alateen is not a religious program and there are no fees or dues to belong to it.

## **Alcoholics Anonymous** Support Groups (Hablamos español)

Phone: 610-882-0558, 24 hour hotline

Website: www.aalv.org

#### Naranon

Support group for families & friends of drug abusers. Call 610-439-1998

### **Narcotics Anonymous Support Groups**

Phone: 610-439-1998, 24 hour hotline

Support groups for addicts; call for meeting information.

## National Alliance on Mental Illness (NAMI) (Hablamos español)

Call 1-800-950-6264 or text NAMI to 741741

For more information visit www.nami.org

#### **Oxford House**

To find an Oxford House, a self-run, selfsupported recovery home for addicts/alcoholics, is to visit www.oxfordvacancies.com and call the house(s) of interest directly for an interview. The house residents do their own interviews and will share information on the rules and cost of living there (the houses are all owned by different landlords and rent varies from house to house). There are Oxford Houses for men (M) or women (W) and women with children (WC).

## SAMHSA Helpline

Call 1-800-662-HELP (4357)

The U.S. Substance Abuse and Mental Health Services Administration has established a free, confidential information service (in English or Spanish), open 24 hours/365 days, for individuals and family members facing mental health or substance use disorders.

## **Valley Youth House Tobacco Free Northeast PA**

(Hablamos español)

3400 High Point Blvd. Bethlehem, PA 17017 Phone: 610-820-0166

Fax: 610-820-0166

Hours: 8:30 am to 4:30 pm. We service a 10 county area in northeast Pennsylvania. Tobacco education/awareness, prevention and cessation services.

## **Emergency Numbers**

# Números de emergencia أرقام الطوارئ

## **Allentown Emergency Information**

Police Non–Emergency: 610-437-7751 Valley Wide Help: 610-435-7111

#### **HOSPITALS**

## Lehigh Valley Hospital - 17th Street

1627 W Chew Street Allentown, PA 18102 Phone: 610-402-8000 or 1-888-402-5896

### St. Luke's Sacred Heart Campus

421 W Chew Street Allentown, PA 18102 Phone: 610-776-4500 or 1-866-785-8537

## St. Luke's Allentown Campus

1736 Hamilton Street Allentown, PA 18104

Phone: 610-628-8300 or 1-866-785-8537

## **Lehigh Valley Hospital – Cedar Crest**

1200 Cedar Crest Boulevard Allentown, PA 18103

Phone: 610-402-8000 or 1-888-402-5896

## **Bethlehem Emergency Information**

Police Non–Emergency: 610-865-7187 Valley Wide Help: 610-691-8711

#### **HOSPITALS**

## St. Luke's University Hospital – Bethlehem

801 Ostrum Street Bethlehem, PA 18015 484-526-4000 or 1-866-785-8537

### Lehigh Valley Hospital - Muhlenberg

2545 Schoenersville Road Bethlehem, PA 18017

Phone: 610-402-8000 or 1-888-402-5896

## Lehigh Valley Health Network – Highland Avenue

2310 Highland Avenue Bethlehem, PA 18020-8920 Phone: 610-861-8080

## **Easton Emergency Information**

Police Non–Emergency: 610-250-2282 Valley Wide Help: 610-252-4357

#### **HOSPITALS**

## St. Luke's Hospital – Anderson Campus

1872 St. Luke's Boulevard Easton, PA 18045 Phone: 1-866-785-8537

## St. Luke's Hospital – Easton Campus

250 South 21st Street Easton, PA 18042

Phone: 610-250-4242 or 1-866-785-8537

## St. Luke's Hospital - Warren Hospital

185 Roseberry Street Phillipsburg, NJ 08865

Phone: 908-847-6700 or 1-866-785-8537

## Police/Fire/Ambulance Dial 911

## Poison Information Center 1-800-222-1222

## **Employment**

## **Empleo**

## التو ظيف

## CareerLink Lehigh Valley – Lehigh and Northampton Counties

(Hablamos español)

Primary Location 555 Union Boulevard Allentown, PA 18109

Phone: 610-437-5627 - TTY: 610-437-0741

Fax: 610-434-4122

Hours: 7:30 AM-4:00 PM, M-F

Website: www.careerlinklehighvalley.org

PA CareerLink Lehigh Valley is your ONE-STOP resource for employment and training programs for eligible youth, adults, dislocated workers, veterans and other targeted populations.

Services include:

- Assessment of skills, aptitudes, abilities and other needs
- Workshops: resume, career exploration, basic computer, job and labor market information and more
- Training funds available to those who qualify
- Assistance to individuals with disabilities
- Career Resource Centers: fully equipped for job searching

## **Hispanic American Organization**

(Hablamos español)

462 W. Walnut Street Allentown, PA 18102 Phone: 610-435-5334

Counseling Service: 610-351-2292, ext. 412

Website: www.hao-lv.org

Partners with the Roberto Clemente Charter School; Nutrition – a program to educate clients on the availability of food stamps; Housing Case Management Services. Limited funding is available for rent assistance. Family Counseling Clinic – a bilingual counseling service; Evening School: English as a Second Language (ESL) and GED; ESL classes during the evenings (7 p.m.-9 p.m.); Computer Lab open to the public for ESL, job search, resume writing, GED preparation (Plato software), typing practice; Intake, Information and Referral Services.

### **Hispanic Center Lehigh Valley**

(Hablamos español)

520 East 4th Street Bethlehem, PA 18015 Phone: 610-868-7800 Contact: Enid Arroyo

Hours: 8:30 AM-4:30 PM, M-F

Website: www.hclv.org

Basilio Huertas Senior Center, Food Pantry, Community Engagement Program, and WIC program; health screening and supplemental food for pregnant, nursing moms and small children.

#### Office of Vocational Rehabilitation

(OVR) (Hablamos español)

45 N. Fourth Street (other side of SS building)
Allentown, PA 18102

Phone: 610-821-6441 or 1-800-922-9536 TTY/TDD: 610-821-6144 or 888-377-9207

Hours: 8:00 AM - 4:30 PM, M-F

Call for appointment.

OVR is a state and federal program that assists individuals with disabilities to obtain, maintain and prepare for employment. Services include

job training, vocational assessment, vocational counseling, job placement, and on-the-job supports. Transition services for students with disabilities may start as early as age 14. Serves Lehigh, Northampton, Carbon and Monroe Counties.

## Pennsylvania Human Relations Commission

#### **Harrisburg Regional Office**

333 Market Street, 8th Floor Harrisburg, PA 17101

Phone: 717-787-4410 - TTY: 717-787-7279

Hours: 8:30 AM-5:00 PM, M-F Website: www.phrc.pa.gov

The Pennsylvania Human Relations Commission investigates claims of discrimination in Education, Housing, Employment and Public Accommodation that was based on a specific protected class. For assistance with filing a complaint, contact us at 717-787-4410 and select Option #1 for the Intake Appointment Scheduling Office.

## Private Industry Council of Lehigh Valley, Inc. – Supported Employment Program

(Hablamos español)

72 North Second Street Easton, PA 18042

Phone: 610-829-1244 or 1.888.829.1244

Fax: 610-829-1257

Office hours generally M-F 8:30AM to 4:30PM

Website: www.piclv.org

#### **Programs:**

**Supported Employment Program:** Services the Lehigh Valley. Provides community assessments, interview prep and assistance, job development and placement assistance, on-boarding assistance, on-site job coaching and on-going support services for job seekers and workers with disabilities that are 18 years or older. Services funded through Office of Vocational

Rehabilitation (OVR), Lehigh County MH/ID, Northampton County MH/ID, and Office of Developmental Programs (ODP).

**Ticket to Work Program:** PIC is also a Social Security Employment Network (EN) and provides Ticket to Work Program services to Beneficiaries that are 18 or older, regardless of location in PA as well as in New Jersey.

## VIA of the Lehigh Valley, Inc.

336 West Spruce Street Bethlehem, PA 18018 Phone: 610-317-8000

Contact: Kim Tracy, ext. 461 Email: k.tracy@vianet.org Website: www.ViaNet.org

Via of the Lehigh Valley is a non-profit agency that provides services for children and adults with developmental disabilities like cerebral palsy and Down syndrome. Serving the community since 1954, Via's staff and volunteers help individuals and families from birth through retirement to gain life skills, obtain meaningful employment and develop social connections.

Via Community Employment provides job training, placement and coaching services for high school students and adults. Via Work **Training Services Workshop** offers a safe, comfortable and friendly environment where individuals with disabilities work on packaging and assembly projects for local businesses. The John E. Walson Center at Via, an adult training facility, provides educational, social, cultural and wellness activities for adults with disabilities. Participants spend a portion of their time at our facility in Bethlehem, combined with opportunities to explore the community. Via **Community Connections** connects people to their community through volunteer, recreational, social and educational activities. Via Supported **Living** helps adults live independently in their community and form the bonds and relationships of a neighborhood.

## Free or Low Cost Health Clinics

Clínicas de salud gratuitas o a bajo costo عيادات صحية مجانية أو منخفضة التكلفة

#### **NHCLV – Allentown Health Center**

Vida Nueva at Casa (located inside Casa Guadalupe Center)

160 Hamilton Street Allentown, PA 18101 Phone: 610-477-0105

Hours: Mon, Thu 8:00 AM-8:00 PM; Tue, Wed, Fri 8:00 AM-4:30 PM

Website:

#### www.nhclv.org/health-centers/allentown

Services Provided: Behavioral Health/Mental Health Counseling, Breastfeeding (Lactation) Services, Case Management & Social Services, Centering Parenting, Centering Pregnancy, Chronic Care Management, COVID-19 Testing and Vaccinations, Diabetes Management Classes, Family Planning, Testing, Medication Assisted Therapy for Substance Use Disorder, Pediatrics, Pre-Diabetes Classes, Prenatal & Postpartum Care, Primary Care Services, Sexually Transmitted Diseases & HIV, Women's Healthcare.

No health insurance needed, sliding fee scale for care. Must make appointment.

## **NHCLV – Northside Bethlehem Health** Center

635 East Broad Street Bethlehem, PA 18018 Phone: 484-984-1380

Hours: Mon, Wed, Thu, Fri 8:00 AM-4:30 PM;

Tue 8:00 AM-8:00 PM

Website:

www.nhclv.org/health-centers/northsidebethlehem

Services Provided: Behavioral Health/Mental Health Counseling, Case Management & Social Services, Chronic Care Management, Family Planning, Testing, Pediatrics, Primary Care Services, Sexually Transmitted Diseases & HIV, and Women's Healthcare.

## **NHCLV – Southside Bethlehem Health** Center

Fowler Family Center (inside Donegan Elementary School)

1210 East 4th Street Bethlehem, PA 18015 Phone: 484-408-0755

Hours: Mon, Tue, Thu, Fri 8:00 AM-4:30 PM;

Wed 8:00 AM-8:00 PM

#### Website:

#### www.nhclv.org/health-centers/southsidebethlehem

Services Provided: Behavioral Health/Mental Health Counseling, Case Management & Social Services, Chronic Care Management, COVID-19 Testing and Vaccinations, Family Planning, Testing, Medication Assisted Therapy for Substance Use Disorder, Pediatrics, Primary Care Services, Sexually Transmitted Diseases & HIV, and Women's Healthcare

#### **NHCLV – Easton Health Center**

Two Rivers Health and Wellness Building 1101 Northampton St. Easton, PA 18042

Phone: 484-544-3113

Website: www.nhclv.org/health-

centers/easton

Hours: Mon, 8:00 AM-8:00 PM; Tue, Wed, Thu, Fri 8:00 AM-4:30 PM;

Services Provided: Behavioral Health/Mental Health Counseling, Case Management & Social Services, Chronic Care Management, COVID-19 Testing and Vaccinations, Dental, Family Planning, Testing, Medication Assisted Therapy for Substance Use Disorder, Pediatrics, Primary Care Services, Sexually Transmitted Diseases & HIV, and Women's Healthcare

## Sixth Street Shelter – Adult Health Clinic

(Hablamos español)

219 North 6th Street Allentown, PA 18102 Phone: 610-435-1490

Fax: 610-433-3282 Contact: Maritza Elmi

Office hours: 8:30 AM-4:30 PM, M-F

Website: https://sixthstreetshelter.caclv.org

#### **Planned Parenthood Keystone**

#### Allentown

29 N 9<sup>th</sup> Street Allentown, PA 18101

Phone: 800-230-PLAN (7526) or 717-234-3024

Website: www.ppkeystone.org

Check our website for most up-to-date information. Other locations in Bensalem, Lancaster, Harrisburg, Quakertown, Reading, Warminster, Wilkes-Barre, York

This clinic provides contraceptives and reproductive health services, counseling, walk-in pregnancy testing and morning after pill, male and female sexually transmitted disease testing, premenopausal and menopausal exam, test and treatment, breast and cervical cancer screenings. Cost: MA accepted, sliding fee scale, other insurance plans. Call first for hours.

## **Health Insurance Plans for the Uninsured**

Planes de seguro médico para personas sin cobertura برامج التأمين الصحي (للأشخاص غير المشمولين بالتأمين)

## **Children's Health Insurance Program** (CHIP)

If you are a working parent who needs health coverage for your children, but you make too much for Medical Assistance to cover them, apply for CHIP! This is a health insurance plan that can cover many PA children at no or very low cost. (Described below):

#### **CHIP**, brought to you by Capital Blue Cross

Phone: 800-543-7101 or 800-986-5437

Website: www.chipcoverspakids.com

Services: no cost or subsidized health insurance for children ages 0 until 19. Serves Lehigh and Northampton Counties. Coverage includes medical, dental, prescription and vision care.

Requirements: child has no health insurance, no medical assistance and not eligible for MA

**NOTE:** Head Start and Early Head Start has applications for CHIP. Ask your Head Start staff person.

## **Healthy Beginnings Plus**

State funded payment program for medical services to children 0 to 18 years of age with or without medical coverage; prenatal/postnatal care for mothers. Based on income; must apply. They'll send you an application; must be citizen/resident alien. Call 888-402-LVHN (5846)

#### Website:

www.dhs.pa.gov/providers/Providers/Pages/ Medical/Healthy-Beginnings.aspx

#### **Medical Assistance**

#### **Lehigh County Assistance Office**

555 Union Blvd., Suite 3, 2nd floor Allentown, PA 18109-3389

Phone: 610-821-6509 Fax: 610-821-6705

Hours: 7:30 AM-5:00 PM, M-F

#### **Northampton County Assistance**

201 Larry Holmes Drive Easton, PA 18042

Phone: 610-250-1700 or 800-349-5122

Fax: 610-250-1839

Hours: 7:30 AM-5:00 PM, M-F

#### Website:

## www.dhs.pa.gov/Services/Assistance/Pages/ Medical-Assistance.aspx

The Medical Assistance Program (Access) is now a managed care system called "HealthChoices." To apply for Medical Assistance (Access) for yourself and/or your family, you must visit or call the County Assistance Office (Welfare Office).

There are three health managed care MA groups you can choose from, based on your health needs. (And also some groups, especially for those with addiction or mental health needs). You can then pick one to have as your health insurance group; you can change groups if you decide another is better. Anyone found eligible for Medical Assistance who has not chosen a group will be placed in a group (but you can still switch later). For more information about the different health choices groups, you can call 610-437-6237 in Lehigh County or 610-923-5214 in Northampton County.

## **Healthcare Providers Directory**

## Directorio de proveedores médicos

## دليل مقدمي الخدمات الطبية

#### **ALLENTOWN MEDICAL PROVIDERS**

Médicos en Allentown

### **Allentown Family Practice**

450 Chew Street, Suite 101 Allentown, PA 18102 Phone: 610-776-4888

Fax: 833-690-3863

#### **Allentown Health Bureau**

(Hablamos español)

Alliance Hall 245 N. 6th Street

Allentown, PA 18102 Phone: 610-437-7760

Fax: 610-437-8799

Website:

www.allentownpa.gov/Health-Bureau

#### **Allentown Kids Care**

450 Chew St. Suite 203 Allentown, PA 18102 Phone: 484-822-7850

Fax: 833-691-7856

#### **Children's Health Care**

1517 Pond Rd.

Allentown, PA 18104 Phone: 610-395-4444

Fax: 610-366-7886

Website: www.childrens-healthcare.com

## **Hanover Family Medical Group**

1202 Hanover Ave. Allentown, PA 18109 Phone: 610-437-6490

### **Lehigh Valley Pediatrics**

401 N 17th St. Suite 307 Allentown, PA 18104

Phone: 610-434-2162

Fax: 610-434-9370

Website: www.lehighvalleypeds.com

#### **LVH Cedar Crest NICU**

1200 S. Cedar Crest Blvd. Allentown, PA 18103

Phone: 610-402-7853 Fax: 610-402-7553

## VHP – Lehigh Valley Physicians Practice

1627 Chew Street, Suite 101

Allentown, PA 18105 Phone: 610-969-4370

Fax: 610-969-3023

## LVPG Family Medicine – Cedar Crest Blvd.

1251 S. Cedar Crest Blvd. Suite 102A

Allentown, PA 18103 Phone: 610-402-3940

Fax: 610-402-3950

# LVPG Family Medicine – Hamilton Blvd.

3080 Hamilton Blvd. Suite 250

Allentown, PA 18104 Phone: 610-437-0739 Fax: 610-437-3601

## LVPG Family Medicine – Cetronia Rd.

250 Cetronia Rd., Suite 115 Allentown, PA 18104 Phone: 610-395-0307

Fax: 610-395-0950

## LVPG Pediatrics – Fogelsville

#### Scott A. Rice, MD

1431 Nursery Street, Suite 102 Fogelsville, PA 18051

Phone: 610-821-4920 Fax: 610-821-1358

#### **LVPG Pediatrics - Pond Rd**

1611 Pond Rd., Suite 400 Allentown, PA 18104

Phone: 610-395-4300 Fax: 610-530-9372

## Neighborhood Health Centers of the Lehigh Valley – Allentown Health Center

Vida Nueva at Casa (inside Casa Guadalupe Center)

218 North 2nd Street Allentown, PA 18102 Phone: 610-841-8400

Fax: 833-905-2296

Website: www.nhclv.org

#### Patient First - Allentown

3178 Tilghman St. Allentown, PA 18104

Phone: 610-844-9150 Fax: 610-844-9151

# **Star Community Health Family Medicine Sigal – Allentown**

450 West Chew St. Suite 101

Allentown, PA 18102 Phone: 610-776-4888

Website: Starcommunityhealth.org

## Star Community Health KidsCare Sigal – Allentown

450 West Chew St. Suite 203 Allentown, PA 18102 Phone 484-822-7850 Fax 833-691-7856

Clinic for birth to 18 years old

#### St. Luke's Allentown Pediatrics

501 Cetronia Road, Suite 115

Allentown, PA 18104

Contact: DeAnna Godreau Phone: 484-426-2468

Fax: 833-822-5229

## St. Luke's Cedar Point Primary Care

3050 Hamilton Boulevard Suite 100

Allentown, PA 18103 Phone: 484-822-5920 Fax: 833-814-7402

## St. Luke's Lehigh Primary Care

3440 Lehigh Street, Suite 100

Phone: 484-822-5900 Allentown, PA, 18103 Fax: 866-672-9882

## St. Luke's Primary Care – Chew St.

Dr. Pavel Terreros

451 W Chew St. Suite 400 Allentown, PA 18102

Phone: 610-434-4445 484-822-5970

Fax: 833-691-7855

## St. Luke's Primary Care - Hamilton

3570 Hamilton St. Suite 201 Allentown, PA 18104 Phone: 610-433-7481

Fax: 833-691-7857

## St. Luke's Hospital – Allentown

1736 Hamilton St. Allentown, PA 18104 Phone: 610-628-8300

Fax: 484-526-4724

## **Valley Health Partners Children's Clinic**

1627 W Chew Street, 6th Floor

Allentown, PA 18104 Phone: 610-969-4300 Fax: 610-964-4332

#### **VHP Family Health Center**

400 N. 17th Street Allentown, PA 18104 Phone: 610-969-3500 Fax: 610-969-3605

Website: www.valleyhealthpartners.com

#### **ALLENTOWN WIC SITES**

Oficinas de WIC en Allentown

### WIC – Casa Guadalupe

218 N. Second Street Allentown, PA 18102

Phone: 610-435-5673, ext. 516

Contact: Dawn Bush Fax: 610-435-0898

Website: www.casalv.org

# MFHS Lehigh Valley Center – Liberty Plaza

1837 Linden Street Allentown, PA 18104 Phone: 610-432-3455

Fax: 610-432-1221

#### ALLENTOWN DENTAL PROVIDERS

Dentistas en Allentown

## **Advance Smile Dental Creator, LLC**

501 N 17th St., Suite 107 Allentown, PA 18104 Phone: 484-350-3239

Fax: 484-350-3701

Email: asdental501@gmail.com
Website: www.asdentalcreator.com

#### **Allentown Pediatric Dental Associates**

3057 College Heights Blvd. Allentown, PA 18104 Phone: 610-433-2357 Fax: 610-433-9133

#### **Assali Family Dental Care**

Dr. G. Assali

1305 W. Hamilton St. Allentown, PA 18102 Phone: 610-351-6285 Fax: 610-351-6273

#### **Cedar Creek Dental**

4132 W Tilghman St. Allentown, PA 18104 Phone: 610-395-4400 Fax: 610-395-9888

#### **Dental Dreams**

2180 MacArthur Road Whitehall, PA 18052 Phone: 610-437-1800 Fax: 610-437-1900

Website: www.dentaldreams.com

# Designing Smiles – Dr. James Tynecki

1350 W Hamilton St. Allentown, PA 18102 Phone: 610-437-0330 Fax: 610-437-0604

## Dr. Eugene McGuire, DDS

Pediatric Dental Care 1575 Pond Road, Suite 105

Allentown, PA 18104 Phone: 610-481-9100

Fax: 610-481-9275

Email: info@ejm4kids.com Website: **www.ejm4kids.com** 

#### **Dr. Karen Patenaude**

2030 W. Tilghman St., Suite 109

Allentown, PA 18104 Phone: 610-437-5360 Fax: 610-437-5361

#### Dr. Michael Taras

2900 Hamilton Blvd., Suite 106

Allentown, PA 18103 Phone: 610-432-1320 Fax: 610-432-0148

Website: www.drtarasdentist.com

## Dr. Talal Noumeh – East Side Family Dentistry

1640 Union Boulevard Allentown, PA 18109 Phone: 610-776-7578

Fax: 610-776-7796

Email: tnoumeh@hotmail.com

#### **Fairmont Dental Associates**

1414 W. Fairmont St. Allentown, PA 18102 Phone: 484-268-2171

Fax: 610-435-5451

## **Family Dental Services**

123 N. 13th Street P.O. Box 4237

Allentown, PA 18102 Phone: 610-572-1896 Fax: 610- 434-4577

Website: www.familydentalservice.net

#### **Family Dentistry**

#### Dr. Imad. Abraham, DDS - Dr. Berry

1111 N. 19th St. Allentown, PA 18104 Phone: 610-434-3310 Fax: 610-434-4270

## Lehigh Valley Hospital Dental Clinic – 17th Street

1627 W. Chew St. Allentown, PA 18103 Phone: 610-969-3955 Fax 610-969-3084

### **Union Boulevard Dental Specialties**

1901 Union Blvd. Allentown, PA 18109 Phone: 610-437-5353 Fax: 610-439-5760

### **Pediatric Dentistry**

1517 Pond Road, Suite 201 Allentown, PA 18104 Phone: 610-395-4800 Fax: 610-395-7080

Website: www.brintonpediatricdentistry.com

# Pellegrino Cosmetic & Family Dentistry

5920 Hamilton Blvd., #101 Allentown, PA 18106 Phone: 610-530-7901 Fax: 610-530-7905

Website: www.allentowndentist.com

## **Risley Dental Practice**

#### Jennifer K. Risley DMD

1275 S Cedar Crest Blvd., Suite 3B

Allentown, PA 18103 Phone: 610-395-6965 Fax: 610-841-9971

Website: www.risleydental.com

## **Siri Family & Cosmetic Dentistry**

948 W. Hamilton St. Allentown, PA 18101 Phone: 610-432-0113 Fax: 610-432-9270

Email: siri@siridentistry.com Website: www.siridentistry.com

#### **Smile Krafters Dentists**

1247 S. Cedar Crest Blvd., Suite 300

Allentown, PA 18103 Phone: 610-628-1228 Fax: 610-432-2332

Website: www.smilekrafters.com

### Scott A. Gradwell, DMD FAGC

1251 Cedar Crest Blvd., Suite 305

Allentown, PA 18103 Phone: 610-770-1050 Fax: 610-770-6592

Website: www.lehighvalleyperiodontist.com

## Star Community Health Dental Sigal – Allentown

450 West Chew Street, Suite 201

Allentown, PA 18102 Phone: 610-776-4802 Fax: 610-606-4473

#### **Suburban Dental Associates**

1651 N Cedar Crest Blvd., Suite 206

Allentown, PA 18104 Phone: 610-820-9900 Fax: 610-820-9922

Website: www.smilesofallentown.com

#### ALLENTOWN EYE DOCTORS

Oculistas en Allentown

## **Advance Family Eye Care**

Dr. I.N. Fedoriw, O.D.

1320 Hamilton Street Allentown, PA 18102 Phone: 610-434-1371

Website: www.advancedfamilyeyecarepa.com

#### **Allentown Vision Center**

740 Hamilton Street Allentown, PA 18101 Phone: 610-434-1000 Fax: 610-434-9592

### **Bausch Eye Associates**

Andrew Bausch, M.D., Joshua M. Greene, M.D., Steven J. Kanoff, M.D.

1616 W. Allen Street Allentown, PA 18102 Phone: 610-432-0201 Fax: 610-434-1210

Website: www.bauscheye.com

Private Insurance

## Dr. Binae Karpo OD

2821 Tilghman Street Allentown, PA 18104 Phone: 610-434-1166 Fax: 610-434-1934

Website: www.drbinaekarpo.com

### Dr. Nancy Perez - Dr. Patricia Seyer

1040 W Hamilton Street Allentown, PA 18101 Phone: 610-433-5128;

Fax: 610-433-9484

## **Lehigh Eye Specialists**

Maz Kazahaya, M.D.

1251 S. Cedar Crest Blvd Suite 307

Allentown, PA 18103 Phone: 610-820 -6320 Fax: 610-820-837

Website: www.lehigheyespecialists.com

## **Lehigh Valley Center for Sight**

(Ophthalmologist on site)

1739 Fairmont Street Allentown, PA 18104 Phone: 610-437-4988; Fax: 610-437-4176

Website: www.lvcenter4sight.com

## **Sights for Hope**

845 Wyoming St. Allentown, PA 18103 Phone: 610-433-6018

Website: www.sightsforhope.org

#### **Total Eye Care – Dr. William Semmel**

(Hablamos español)

3323 Hamilton Blvd. Allentown, PA 18103 Phone: 610-776-6600; Fax: 610-776-6619

## ALLENTOWN SPECIALISTS AND PRENATAL CARE

Especialistas y atención prenatal

## **Allentown Asthma and Allergy**

1605 N. Cedar Crest Blvd. Suite 605

Allentown, PA 18104 Phone: 610-820-9000 Fax: 610-820-9078

Website: www.allentownasthma.com

## Center for Allergy and Asthma Care, LLC

250 Cetronia Road, Suite 103

Allentown, PA 18104 Phone: 610-841-3890 Fax: 610-841-3880

Website: www.centerforallergy.com

### **Good Shepherd Rehabilitation Center**

850 South 5th Street Allentown, PA 18103 Phone: 610-776-3578 Fax: 610-776-8385

Website: www.goodshepherdrehab.org

## **Holcomb Behavioral Health Systems**

1245 S Cedar Crest Blvd Suite 303 Allentown, PA 18103

Phone: 610-435-4151

## **LVPG Pediatric Specialty Center**

Pediatric Pulmonologist

1210 S. Cedar Crest Blvd. Suite 2400

Allentown, PA 18103 Phone: 610-402-3866 Fax: 610-402-3893

### **Pediatric Neurology of LV**

#### Dr. Boosara Ratanawongsa

961 Marcon Blvd., Suite 452 Allentown, PA 18109

Phone: 610-398-9898 Fax: 484-245-5384

Website: www.doctorboo.com

## **Bright Hope Pregnancy Support Centers**

2200 Hamilton St., Suite 103 Allentown, PA 18104 Phone: 610-821-4000

#### We offer:

- Pregnancy test, early ultrasound.
- STI Testing for women
- Pregnancy and parenting classes.
- Maternity Home: Housing for homeless pregnant women, ages 18-21.

For more information visit us at www.brighthopecenters.org

#### Dr. John Scaffidi

#### Weight Loss, Women's Health & Aesthetics

2200 W. Hamilton Street, Suite 111

Allentown, PA 18104 Phone: 610-821-8321

Website: www.drscaffidi.com

# Lehigh Valley Women's Medical Specialties, P.C.

440 South 15th St. Allentown, PA 18102 Phone: 610-437-7000 Fax: 610-437-6381

Office closed Fridays

#### **LVPG Maternal Fetal Medicine**

3900 Hamilton Blvd., Suite 201 Allentown, PA 18103

Phone: 484-664-7555; Fax: 484-664-7550

## LVPG Obstetrics and Gynecology – Pond Rd

1611 Pond Road Suite 300 Allentown, PA 18104 Phone: 610-398-7700; Fax: 610-398-6917

## LVPG Obstetrics and Gynecology – 17th St.

#### **Ernesto Rodriguez, MD**

401 N 17th St., Suite 301 Allentown, PA 18104 Phone: 610-969-3630 Fax: 610-433-0949

Star Community Health OB/GYN

## Sigal – Allentown

450 W Chew Street, Suite 204 Allentown, PA 18102 Phone: 610-776-7800 Fax: 833-822-5231

## **Star Community Women's Health**

450 Chew St, Suite 204 Allentown, PA 18102 Phone: 610-628-8400 Fax: 833-695-1382

## St. Luke's OB/GYN Care Associates

501 Cetronia Road, Suite 120 Allentown, PA 18104 Phone: 484-426-2520

Fax: 866-849-6463

## St. Luke's Valley OB/GYN Associates – Allentown

322 S. 17th St.

Allentown, PA 18104 Phone: 610-882-5250

Fax: 1-833-814-7408

## St. Luke's Women's Care OB/GYN – Allentown

3440 Lehigh St, Suite 101

Allentown, PA 18103 Phone: 484-822-5400

Fax: 833-822-5225

## Valley Health Partners Center for Women's Medicine

1627 Chew St, First Floor

Allentown, PA 18104

Phone: 610-402-1600 Fax: 610-969-2197

#### **BETHLEHEM MEDICAL PROVIDERS**

Médicos en Bethlehem

#### ABW St. Luke's Pediatrics - Bethlehem

834 Eaton Ave. Suite 201

Bethlehem, PA 18018

Phone: 484-526-7722

Fax: 833-822-5223

#### **Bethlehem Health Bureau**

10 E. Church Street

Bethlehem, PA 18018

Phone: 610-865-7083

Hours 8:00-4:30

Website:

#### www.bethlehem-pa.gov/Health-Bureau

Offers public health.

#### Dr. Hassan Bozorgnia

4315 Easton Avenue, Unit 1

Bethlehem, PA 18020

Phone: 610-861-8830

Fax: 610-861-0891

## **Dr. Sally Haggerty**

4379 Easton Avenue

Bethlehem, PA, 18020

Phone: 610-866-4566;

Fax: 610-866-3166

### **Greater Lehigh Family Medicine**

#### Dr. Vasu Singh

4379 Easton Ave. Suite 110

Bethlehem, PA 18020

Phone: 610-866-6297

Fax: 610-866-6298

## Lehigh Valley Family Practice Associates, LLP

190 Broadhead Rd., Suite 101

Bethlehem, PA 18017

Phone: 610-694-9090

Fax: 610-861-8295

## **Lehigh Valley Pediatrics**

612 Elm Street

Bethlehem, PA 18018

Phone: 610-434-2162

Fax: 610-865-3249

Website: www.lehighvalleypeds.com

### LVPG Family Medicine – Easton Ave.

3024 Easton Ave.

Bethlehem, PA 18017-4208

Phone: 610-694-1000

Fax: 610-867-7180

## **LVPG Internal Medicine – Muhlenberg**

#### Dr Jyoti G Gopal MD

2649 Schoenersville Road, Suite 201

Bethlehem, PA 18017 Phone: 484-884-8110

Fax: 610-868-5333

#### LVPG Internal Medicine – W Broad St

325 W. Broad St. Bethlehem, PA 18018

Phone: 484-626-9200 Fax: 610-867-8499

#### **LVPG Pediatrics-West Broad**

325 W. Broad St. SE, 2nd Floor

Bethlehem, PA 18018 Phone: 484-626-9222 Fax: 484-626-9220

## **Neighborhood Health Centers of the Lehigh Valley – Southside Bethlehem Health Center**

### **Fowler Family Health Center**

(inside Donegan Elementary School)

1210 E. 4th Street Bethlehem, PA 18015 Phone: 484-408-0755 Fax: 484-408-0756

## **Star Community Health Family Medicine Bethlehem**

2830 Easton Avenue Bethlehem, PA 18017 Phone: 484-526-3555

Fax: 833-822-5230

## Star Community Health KidsCare -**Bethlehem**

511 East 3rd Street, Suite. 201 Bethlehem, PA 18015

Phone: 484-526-8100 Fax: 833-828-1811

## **Star Community Health Southside Bethlehem**

511 East 3rd Street, Suite 200 (2nd Floor)

Bethlehem, PA 18015 Phone: 484-526-4700 Fax: 833-828-1813

## Star Wellness Women's Health Center **Bethlehem**

#### At St Luke's University Hospital

801 Ostrum Street, East Wing 3

Bethlehem, PA 18015 Phone: 484-526-4761 Fax: 484 526-2380

## St. Luke's Bethlehem Internal Medicine

800 Eaton Avenue, Suite A Bethlehem, PA, 18018 Phone: 484-526-7910

Fax: 833-816-7516

#### St. Luke's Maternal Fetal Medicine

701 Ostrum St Bethlehem, 18015 Phone: 484-526-3900 Fax: 484-526-3908

## St Luke's Primary Care – Easton

3101 Emrick Blvd Suite 112 Bethlehem, PA 18020 Phone: 484-822-5570

Fax: 833-932-1227

## St. Luke's South Mountain Family **Practice**

1545 Broadway Bethlehem, PA 18015

Phone: 484-526-7091; Fax: 866-230-3194

Accepts: CHIP, other insurance

#### **William Penn Family Practice**

4379 Easton Avenue, Suite 100

Bethlehem, PA 18020 Phone: 484-503-2424 Fax: 866-865-0916

#### St. Luke's Children's Choice Pediatrics

514 Delaware Ave. Bethlehem, PA, 18015

Phone: 484-822-5090 Fax: 484-822-5092

#### **BETHLEHEM WIC SITE**

Oficina de WIC en Bethlehem

520 E. 4th Street

Bethlehem, PA 18015

Phone: 610-691-6491 or 1-866-942-8463

Fax: 610-868-5836

Hours: Monday 9:00 AM – 6:00 PM, Tuesday – Thursday 9:00 AM – 4:30 PM, Friday 9:00 AM –

4:00 PM

#### **BETHLEHEM DENTAL PROVIDERS**

Dentistas en Bethlehem

## **Baglyos Dental Care**

2551 Baglyos Circle, Suite A-12

Bethlehem, PA 18020

Phone: 610-691-3050; Fax: 610-691-7950 Website: www.baglyosdentalcare.net

#### **Bethlehem Dental Arts**

#### Dr. Jignesh Rudani

3400 Bath Pike Suite 200

Bethlehem, PA 18017 Phone: 610-866-8501

Fax: 610-861-8908

#### **Bethlehem Health Bureau**

10 E Church St.

Bethlehem, PA 18018 Phone: 610-865-7083 Fax: 610-865-7326

ax. 010-003-7320

Website:

#### www.bethlehem-pa.gov/Health-Bureau

Offers public health.

#### **Bethlehem Pediatric Dental Associates**

#### Dr. Ibrahim Durra

2229 Broadhead Rd. Bethlehem, PA 18020 Phone: 610-954-5400;

Fax: 610-954-9008

#### **Broad Street Dental Associates**

627 W. Broad Street Bethlehem, PA 18018 Phone: 610-691-6200 Fax: 610-691-1840

Website: www.broadstreetda.com

### **Broadway Family Dentistry**

Dr. Rami Khoury DMD Dr. Harry J. Shleifer DDS

1003 Broadway

Bethlehem, PA 18015

Phone: 610-691-3311

Fax: 610-317-6052

Website: www.dentistbethlehem.com

## **Children's Surgical Center**

89 South Commerce Way Suite 900

Bethlehem, PA 18017 Phone: 484-892-6777

Fax: 484-892-6773

Website: www.childrenssurgicalcenter.com

### **Dr. Jeannine Wyke Pediatric Dentistry**

260 E Broad St.

Bethlehem, PA 18018 Phone: 610-867-1511 Fax: 610-867-7223

Website: www.drjwyke.com

### **Family and Cosmetic Dental Care**

#### Soun Wong, DMD

601 Delaware Avenue Fountain Hill, PA 18015 Phone: 610-868-6768

## **Gentle Family Dentistry & Implant Center**

2431 Easton Ave.

Bethlehem, PA 18017 Phone: 610-861-0190 Fax: 610-861-3771

Website: www.lehighvalleydentistry.com

## **Keystone Dentistry**

2571 Baglyos Cir Suite B-34 Bethlehem, PA 18020

Phone: 610-849-2777 Fax: 610-849-2667

Website: www.keystone-dentist.com

## Lehigh Valley Hospital – Muhlenberg Dental Clinic

2545 Schoenersville Road (South Entrance)

Bethlehem, PA 18017 Phone: 484-884-2315

Fax: 484-884-3309

## **Lehigh Valley Pediatric Dentistry**

1665 Valley Center Pkwy. Suite 100

Bethlehem, PA 18017 Phone: 610-694-0711 Fax: 610-694-0710

Website: **lvpdsmiles.com** 

### **Parkview Dentistry**

1665 Valley Center Pkwy, Suite 160

Bethlehem, PA 18017 Phone: 610-691-1500

Fax: 610-691-7801

## Star Community Health Dental – Bethlehem

511 East Third St., Suite 301 260

Bethlehem, PA 18015 Phone: 484-526-2460

Fax: 484-526-2466

#### **Wolfe Dental Spa**

#### Dr. Charles G. Wolfe, DDS

5250 Freemansburg Ave.,

Easton, PA 18045 Phone: 610-691-6522 Fax: 610-691-3040

Website: www.thebethlehemdds.com

#### **BETHLEHEM EYE DOCTORS**

Oculistas en Bethlehem

## **Care Net of the Lehigh Valley**

541 E. Broad St.

Bethlehem, PA 18018 Phone: 610-997-0195 Fax: (610) 997-0228

## Dr. Boosara Ratahawongsa

#### **Pediatric Neurologist**

961 Macron Boulevard, Suite 452

Allentown, PA 18109 Phone: 610-398-9898

Fax: 484-425-5384

## Good Shepherd Rehabilitation Hospital Pediatric Unit

2855 Schoenersville Rd. Bethlehem, PA 18017 Phone: 610-807-4200

Fax: 610-807-4205

## **Lehigh Valley Eye Center**

3535 High Point Blvd. Bethlehem, PA 18017 Phone: 610-867-9900

### Medoptic "See for Less"

Dr. Sylvia Medina, O.D.

2037 Stefko Blvd. Bethlehem, PA 18017 Phone: 610-419-6444

#### **Pearle Vision**

4753 Freemansburg Ave. Bethlehem Township, PA 18045

Phone: 610-866-1000

## St. Luke's Obstetrics and Gynecology Associates

834 Eaton Avenue, Suite 101 Bethlehem, PA 18018 Phone: 484-526-7474

Fax: 833-814-7405

## BETHLEHEM SPECIALISTS AND PRENATAL CARE

Especialistas y Cuidado Prenatal en Bethlehem

#### Dr. John Scaffidi

#### Weight Loss, Women's Health & Aesthetics

3400 Bath Pike, Suite 203 Bethlehem, PA 18017 Phone: 610-821-8321

Website: www.drscaffidi.com

#### St. Luke's Retina Center

(St. Luke's University Hospital - Bethlehem Campus)

801 Ostrum Street Bethlehem, PA 18015 Phone: 484-526-2130

A physician's referral is required for all services.

### Dr. Johnnie Willis, M.D.

#### **Obstetrics and Gynecology**

306 South New Street, Suite 301 Bethlehem, PA, 18015 Phone: 484-526-7060 Fax: 833-221-0340

## LVPG Obstetrics and Gynecology – Valley Center Parkway

1665 Valley Center Parkway, Suite 130 Bethlehem, PA 18017 Phone: 610-317-0208 Fax: 610-317-0210

# LVPG Obstetrics and Gynecology – West Broad

325 W Broad St, Third Fl Bethlehem, PA 18018 Phone: 484-626-9250 Fax: 484-626-9255

#### St. Luke's Women's Health Center

801 Ostrum Street, East Wing 3 Bethlehem, PA 18015 Phone: 610-954-4761 Fax: 833-828-1814

## St. Luke's Christmas City OB/GYN

306 South New Street, Suite 301 Bethlehem, PA, 18015 Phone: 484-526-6161

Fax: 833-206-6928

#### St. Luke's Maternal Fetal Medicine

701 Ostrum St Bethlehem, 18015 Phone: 484-526-3900

Fax: 484-526-3908

#### **EASTON MEDICAL PROVIDERS**

Medicos en Easton

## **Easton Area Family Medicine Associates**

2925 William Penn Hwy. Suite 201

Easton, PA 18045 Phone: 610-258-1400 Fax: 610-258-3047

#### **Easton Family Practice**

#### Dr. K. Makhoul

1901 Hay Terrace Suite 7

Easton, PA 18042 Phone: 610-438-4314

Fax: 610-438-4315

# Easton Medical Associates – Easton Hospital at Park Plaza

1800 Sullivan Trail, Suite 201

Easton, PA 18040 Phone: 610-250-8799

Fax: 610-258-1917

#### Dr. H.C. Lee - Pediatrician

50 South 18th Street, Suite 2

Easton, PA 18042

Phone: 610- 253-0811

Fax: 610-253-6045

Website:

#### www.dr-hc-lee-md-pediatrician.business.site

#### Dr. Maheshwer Verma

21 Corporate Drive Easton, PA 18042

Phone: 610-252-4220 Fax: 610-258-2553

#### **LVPG Pediatrics – Madison Farms**

4807 Freemansburg Ave., Suite 100

Easton, PA 18045

Phone: 484-591-7620

Fax: 484-591-7621

## **LVPG Pediatrics – Palmer Township**

3701 Corriere Rd, Suite 10 Palmer Township, PA 18045

Phone: 484-591-7060 Fax: 484-591-7061

## Northampton County State Health Center – PA Dept. Of Health

1600 Northampton Street

Easton, PA 18042

Phone: 610-250-1825

Fax: 610-250-1812

Immunizations for children. Accepts: Access, Gateway, Med+, Mercy, CHIP. Accepts non- or

under insured children.

## **Palmer Family Practice**

41 Community Dr.

Easton, PA 18045

Phone: 610-252-8037 Fax: 610-252-1861

#### **Palmer Pediatrics**

21 Corporate Dr. Suite #4

Easton, PA 18045

Phone: 610-252-4220

Fax: 610-258-2553

#### **Patient First – Easton**

2450 Butler Street

Easton, PA 18042

Phone: 610-991-3136

Fax: 610-991-3137

## Pediatric Medical Center of Lehigh Valley Inc.

#### Dr. Ramash Kadewari

50 S. 18th St. Easton, PA 1804

Phone: 610-252-3042 Fax: 610-253-0831

#### St. Luke's Anderson Pediatrics

2200 St. Luke's Boulevard, Suite 201

Easton, PA 18045 Phone: 484-503-0060 Fax: 833-466-8211

## St. Luke's Family Practice – Palmer

3213 Nazareth Rd. Easton, PA 18045 Phone: 484-822-5280

Fax: 610-559-2064

## St Luke's Hospital – Anderson Campus

1872 St Luke's Blvd. Easton, PA 18041 Phone: 866-785-8537

### St. Luke's Hospital – Easton Campus

250 South 21st Street Easton, PA 18042

Phone: 610-250-4242 or 1-866-785-8537

#### St. Luke's Kids Care - Easton

220 Ferry Street Easton, PA 18041 Phone: 484-526-3060

Fax: 833-828-1812

#### **Tender Care Pediatrics – Dr. Lisa Caso**

3330 Nazareth Road Easton, PA 18045

Phone: 610-559-0266 Fax: 610-559-0509

#### **EASTON WIC SITES**

### Oficina de WIC en Easton

#### WIC - Easton

101 Larry Holmes Plaza, Suite 204

Easton, PA 18042

Phone: 610-258-6938 or 866-942-8463

Fax: 610-258-0147

Must call for appointment.

Hours: Mon. and Thur. 8:00 AM - 5:00 PM, Tue.,

Wed., Fri. 8:00 AM – 4:00 PM

#### **EASTON DENTAL PROVIDERS**

Dentistas en Easton

## Adam G. Bernhardt, Jr. D.M.D.

3413 Sullivan Trail Easton, PA 18040

Phone: 610-258-6116; Fax:

Private Insurance, Takes Delta CHIP Start Seeing

Children Age 3

#### **Children's Dental Health Associates**

1800 Sullivan Trail, Suite 120

Easton, PA 18040

Phone: 610-914-1700

Fax: 610-743-8699

## **Complete Dental of Easton**

4727 Freemansburg Ave, Suite 104

Easton, PA 18045 Phone: 610-419-9121

Phone: 610-419-912 Fax: 610-419-9234

#### Dr. Fadi Karam D.D.S.

2131 Northampton St. Easton, PA 18042

Phone: 610-252-3425

Website: www.dentaleaston.com

### **Dr. Miriam Sternberg**

3305 Nazareth Rd. Easton, PA 18045 Phone: 610-258-5388

Fax: 610-252-3621

#### Dr. Steven Saffren - Dr. Don Gibson

1625 Northampton Street

Easton, PA 18042

Phone: 610-252-8966 Fax: 610-252-6691

### **Easton Bright Smiles**

3800 William Penn Hwy

Easton, PA 18045

Phone: 610-923-0000 Fax: 610-252-3090

Website: www.eastonbrightsmiles.com

### **Easton Family Dental**

2031 Hay Terrace

Easton, PA 18042

Phone: 610-252-3861 Fax: 610-253-7934

## Fabey Dental – Mark J. Fabey, D.M.D.

2690 Kingston Rd

Easton, PA 18045

Phone: 610-253-4400 Fax: 610-253-4600

## **Maple Tree Dental**

#### Andrew V. Inge, D.D.S.

3442 Nazareth Rd.

Easton, PA 18045

Phone: 610-250-6411 Fax: 610-250-7174

## Neighborhood Health Centers of the Lehigh Valley – Easton Health Center

Two Rivers Health and Wellness Building

1101 Northampton St. Easton, PA 18042

Phone: 484-544-3113

### Palmer Smile Design

3465 Nazareth Road Suite 200

Easton, PA 18045 Phone: 610-923-0100

Fax: 610-923-0115

#### **Rose Dental Center**

4500 William Penn Hwy

Easton, PA 18045

Phone: 610-923-8340

Fax: 610-923-8342

### William Penn Family Dental PC

701 Village at Stone Crossing Rd.

Easton, PA 18045

Phone: 610-258-2000

Fax: 610-258-2400

#### **EASTON EYE DOCTORS**

Oculistas en Easton

## **Dr. Gabrielle Schoeppner**

3735 Nazareth Road, Suite 205

Easton, PA 18045

Phone: 610- 258-7255

Fax: 610-258-5197

## **Lehigh Valley Center for Sight**

3959 William Penn Highway

Easton, PA 18045

Phone: 610-437-4988:

Fax: 610-437-4176

Website: www.lvcenter4sight.com

### **Palmer Family Eye Care**

#### Dr. Joanne Larson & Dr. Gary Dietterick

21 Corporate Drive, Suite 2

Easton, PA 18045 Phone: 610- 258-2442

Fax: 610-258-7961

Website: www.palmerfamilyeyecare.com

#### **Walmart Vision Center**

3722 Easton Nazareth Hwy, Easton, PA 18045 Phone: 610- 253-6460

Fax: 610-253-6489

## EASTON SPECIALISTS AND PRENATAL CARE

Especialistas y Cuidado Prenatal en Easton

## **Bright Hope Pregnancy Support Centers**

2204 North Hampton St Easton PA 18042

Phone: 610-821-4000

#### We offer:

- Pregnancy test, early ultrasound.
- Pregnancy and parenting classes.
- Maternity Home: Housing for homeless pregnant women, ages 18-21.

For more information visit us at: www.brighthopecenters.org

#### Dr. John Kim, MD

#### **Obstetrics and Gynecology**

3701 Corriere Road

Easton, PA 18045 Phone: 484-591-7170 Fax: 484-591-7171

## St. Luke's Caring for Women

4051 Freemansburg Avenue

Easton, PA 18045

Phone: 484-503-7474

Fax: 833-203-6416

## St. Luke's Riverside Women's Health Center – Forks

2003 Sullivan Trail

Easton, PA 18040

Phone: 484-503-6492

Fax: 833-820-1009

# St. Luke's Riverside Women's Health Care – Anderson Campus

2200 St. Luke's Boulevard, Suite 200

Easton, PA 18045

Phone: 484-503-0628

Fax: 833-820-1009

### **RURAL MEDICAL PROVIDERS**

Médicos en áreas rurales

#### **BANGOR**

## **Bangor Medical Center**

Dr. Cinelli/Dr. Baird

153 North 11th Street

Bangor, PA 18013

Phone: 610-588-4502

Fax: 610-588-6928

#### **Blue Mountain Pediatrics**

316 Washington Blvd.

Bangor, PA 18013

Phone 610-599-9000

Fax 610-599-9119

#### **Brodheadsville Office**

1612 Route 209, P.O Box 405

Broadheadsville, PA 18322

Phone: 570-402-8900

Fax: 570-402-8122

#### **BATH**

#### ABW St. Luke's Pediatrics - Bath

6651 Silver Crest Rd. #103 Bath, PA 18014

Phone: 484-526-7360 Fax: 833-514-6945

## LVPG Family and Internal Medicine – Bath

6649 Chrisphalt Drive Suite 101 Bath, PA 18014

Phone: 484-287-1111 Fax: 484-287-1117

## **Moorestown Family Medicine**

586 Moorestown Drive Bath, PA 18014

Phone: 610-746-2010 Fax: 610-746-2060

# St. Luke's Northern – Valley Primary Care

6651 Silver Crest Rd., Suite 101 Bath, PA 18014

Phone: 484-526-7265 Fax: 610-261-2187

#### **CENTER VALLEY**

## **LVPG Pediatrics – Center Valley**

3800 Sierra Circle, Suite 100 Center Valley, PA 18034 Phone: 484-664-2090

Fax: 484-664-2089

#### **COOPERSBURG**

## St. Luke's Coopersburg Pediatrics

5425 Lanark Road, Suite 101 Center Valley, PA, 18034

Phone: 484-822-6112 Fax: 833-820-1010

#### **LEHIGHTON**

#### **Northeast Pediatrics, LLC-LVHN**

281 N. 12th St. Suite E Lehighton, PA 18235 Phone: 610-377-6969 Fax: 610-377-9099

#### **MACUNGIE**

### **LVPG Family Medicine – Macungie**

6451 Village Lane Macungie, PA 18062 Phone: 610-967-2772 Fax: 610-967-2599

#### **NAZARETH**

### **Dr. Craig Sabre**

111 South Spruce St. Suite 104 Nazareth, PA 18064 Phone: 610-746-9640

Fax: 746-9642

#### Dr. David Zambo

4263 Lonate Drive Nazareth, PA 18064 Phone: 610-759-5501 Fax: 610-759-2216

## **Keystone Dentistry**

241 E. North Street Nazareth, PA 18064 Phone: 610-849-2777 Fax: 610-849-2667

Website: www.keystone-dentist.com

## **LVPG Nazareth Primary Care**

863 Nazareth Pike Nazareth, PA 18064 Phone: 484-373-3260

Fax: 484-373-3128

#### St. Luke's Family Medicine - Nazareth

#### Dr. Pogodizinski, Dr Black, Dr Schrel Broadt

4059 Jandy Boulevard, Suite 103

Nazareth, PA 18064 Phone: 484-503-6450

Fax: 833-820-1004

#### **NORTHAMPTON**

### **Northampton Medical Associates**

602 E. 21st Street, Suite 400B Northampton, PA 18067

Phone: 610-262-1519 Fax: 833-6262-7125

#### **Northwestern Medical Center**

7096 Decatur St.

New Tripoli, PA 18066

Phone: 610-298-8521 Fax: 610-298-3021

#### **RURAL EYE DOCTORS**

Oculistas en Areas Rural

#### **COPLAY**

#### **A Plus Pediatrics**

17 North Third St.

Coplay, PA 18037

Phone: 610-200-8183

Fax: 610-262-5238

#### **EMMAUS**

## St. Luke's Lehigh Primary Care

3440 Lehigh Street, Suite 100

Allentown, PA 18103

Phone: 484-822-5900

Fax: 866-672-9882

### **LVPG Family Medicine – Emmaus**

1040 Chestnut St.

Emmaus, PA 18049

Phone: 610-966-5549

Fax: 610-967-0204

#### **FOGELSVILLE**

### **LVPG Pediatrics – Fogelsville**

1431 Nursery St. Suite 102

Fogelsville, PA 18051

Phone: 610-821-4920

Fax: 610-821-1358

#### **HELLERTOWN**

#### **LVPG Family Medicine – Hellertown**

708 Main Street Suite 200

Hellertown, PA 18055

Phone: 610-838-7069

Fax: 610-838-7060

## St. Luke's Saucon Valley Family Practice

ranning reaction

255 Front St.

Hellertown, PA 18055

Phone: 484-526-5255

Fax: 866-539-7211

#### **LAURYS STATION**

## **LVPG Pediatrics – Laurys Station**

5649 Wynwood Drive

Laurys Station, PA 18059

Phone: 610-261-1123

Fax: 610-262-0428

### **LVPG Family Medicine – Laurys Station**

5649 Wynwood Drive, Suite 203

Laurys Station, PA 8059

Phone: 610-261-1123

Fax: 610-262-1739

#### **PALMERTON**

#### St. Luke's Palmerton Pediatrics

Dr. Mira Slizovsky, MD

555 Delaware Avenue Palmerton, PA 18071 Phone: 272-639-5340 Fax: 833-820-1012

## STROUDSBURG/ EAST STROUDSBURG

#### **Pocono Kids Pediatrics**

## Clementine Abeloff Community Health Center

200 E. Brown St. East Stroudsburg, PA 18301 Phone: 570-476-3585

Fax: 570-422-8249

## **PMC Physician Associates Pocono Kids**

175 E Brown St. #114 East Stroudsburg, PA 18301 Phone: 570-476-3585;

Fax: 570-421-9014

# Pocono Adult & Pediatric Medical Group

302 E Brown St. Suite A East Stroudsburg, PA 8301 Phone: 570-476-4161

Fax: 570-476-9954

## St. Luke's Pocono Pediatrics – East Stroudsburg

9090 Franklin Hill Rd., Suite 201 East Stroudsburg, PA 18301

Phone: 570-664-8760 Fax: 866-230-8060

## St. Luke's Pocono Pediatrics – Stroudsburg

208 Lifeline Road. Suite 201 Stroudsburg, PA 18360 Phone: 570-664-8750 Fax: 866-230-8060

### STROUDSBURG WIC SITE

Oficina de WIC en Stroudsburg

## Maternal & Family Services – Monroe County

175 East Brown Suite 205 East Stroudsburg, PA 18301 Phone: 570-424-8784

Fax: 570-424-8279

#### **TREXLERTOWN**

#### **LVPG Pediatrics – Trexlertown**

#### Carter Debra L, MD

6900 Hamilton Blvd Trexlertown, PA 18087 Phone: 610-402-2600 Fax: 610-402-0409

## **LVPG Family Medicine – Trexlertown**

6900 Hamilton Blvd PO Box 127 Trexlertown, PA 18087

Phone: 610-402-0101 Fax: 610-402-0102

#### **WALNUTPORT**

### Cressman and Yablonski, LLP

#### Family Medicine, Podiatric Foot & Ankle

215 N. Best Avenue Walnutport, PA 18088 Phone: 610-760-7044

Fax: 610-760-8587

### St. Luke's Family Practice - Walnutport

330 North Best Avenue, Suite A Walnutport, PA 18088 Phone: (610) 628-8922

Fax: 833-816-5610

#### **WINDGAP**

## ABW St. Luke's Pediatrics - Wind Gap

487 E. Moorestown Rd. Suite 105

Wind Gap, PA 18091 Phone: 484-526-7740 Fax: 833-822-5223

### **Slate Belt Family Practice**

826 South Broadway Wind Gap, PA 18091

Phone: 610-863-3019 Fax: 610-863-6732

Website: www.slatebeltfamilypractice.com

#### St. Luke's Bushkill Family Practice

487 East Moorestown Rd, Suite 110

Wind Gap, PA 18091 Phone: 484-503-2055 Fax: 866-833-9399

**Accepts CHIP** 

## St. Luke's Family Practice - Wind Gap

487 E Moorestown Rd., Suite101

Wind Gap, PA 18091 Phone: 484-526-7888 Fax: 610-863-6998

#### WHITEHALL

## **Lehigh County State Health Center**

(Lehigh County Child Health) 3730 Lehigh Street, Suite 206

Whitehall, PA 18052 Phone: 610-821-6770 Fax: 610-821-6564

Contact: Nichole Pfujer Mon-Fri 8am-4:30pm

By appointment only - offers immunizations for non-insured children. Cannot serve Bethlehem or Allentown city residents

### My Eye Dr - Whitehall

706 Grape Street Whitehall, PA 18052 Phone: 610-266-7700 Fax: 610-266-9300

Website: www.myeyedr.com

### **North Whitehall Family Practice**

3560 Route 309 Orefield, PA 18069 Phone: 484-426-2030 Fax: 866-926-3612

#### **Whitehall Medical Associates**

Dr. W. Yacoub, MD

525 5th St. Whitehall PA 18052

Phone: 610-434-6678 Fax: 484-664-7781

#### **NORTHAMPTON**

## Angello Sharkey & Kokosky Vision Care Specialists

1935 Center Street Northampton, PA 18067 Phone: 610-262-2091 Fax: 610-262-2239

#### **RURAL WIC SITE**

Oficina de WIC en Lehighton

## WIC – Lehighton-Carbon County

Body & Soul Complex 701 Bridge St, 3rd Floor Lehighton, PA 18235

Phone: 610-377-6097 or 866-942-8463 (toll free)

Fax: 610-377-9667

#### **RURAL DENTAL PROVIDERS**

Dentistas en áreas rurales

#### **BANGOR**

#### **Pacifico Dental Care**

48 N 3rd St.

Bangor, PA 18013 Phone: 610-588-2722 Fax: 610-599-1034

Website: www.pacificodentalcare.com

### **BARTONSVILLE**

## **Smiles for Keeps**

3565 Route 611, 2nd Floor Bartonsville, PA 18321 Phone: 570-629-1142

Fax: 570-629-1149

Website: www.smiles4keeps.com

#### **FOUNTAIN HILL**

## **Family and Cosmetic Dental Care**

Dr. Soun Wong, DMD

601 Delaware Ave. Fountain Hill, PA 18015 Phone: 610-868-6768

Fax: 610-868-6788

#### **HELLERTOWN**

## **Hellertown Dental Group**

1213 Main St.

Hellertown, PA 18055 Phone: 610-632-1054 Fax: 610-838-1308

Website: www.hellertowndentalgroup.com

#### KING OF PRUSSIA

### **Upper Merion Dental Associates**

#### Dr. Jay Goldsledger, DDS

357 S. Gulph Road

King of Prussia, PA 19406

Phone: 610-337-2325 Fax: 610-337-3863

Website: www.adult-dentistry.com

#### **LEHIGHTON**

### **Lehighton Family Dentistry**

233 S. 3rd St

Lehighton, PA

Phone: 610-377-5948

Website: www.lehightondentistry.com

#### **LIMERICK**

#### **Children's Dental Health of Limerick**

292 W. Ridge Pike, Building B, Suite A

Limerick, PA 19648 Phone: 610-500-2040 Fax: 484-902-8151

Website: www.childrensdentalhealth.com

## **QUAKERTOWN**

## **A Plus Family Dental Care**

24 S. 14th Street Quakertown, PA

Phone: 215-536-3210 or 855-342-5336

Fax: 215-536-2972

#### **READING**

#### **Penn Dental**

1027 Penn St.

Reading, PA 19601 Phone: 610-374-0906 Fax: 610-374-0597

## STROUDSBURG/EAST STROUDSBURG

## LVH – Pocono Valerie M. Hodge Memorial Pediatric Dental Center

447 Office Plaza, 500 Plaza Court, Suite A

East Stroudsburg, PA 18301

Phone: 570-476-3506 Fax: 570-420-2408

#### **Pocono Dental Associates**

1992 W Main St.

Stroudsburg, PA 18360 Phone: 570-424-1201 Fax: 570-476-8841

Website: www.poconodental.com

### **Serenity Advanced Dentistry**

6250 Route 209

Stroudsburg, PA 18360 Phone: 570-213-7610

Fax: 570-992-2120

Website: www.serenityadvanceddentistry.com

#### **TREXLERTOWN**

## **Trexler Family Dental Group**

6900 Hamilton Blvd.

P.O. Box 721

Trexlertown, PA 18087 Phone: 610-395-3335 Fax: 610-395-0388

Website: www.trexlerdental.com

#### **WALNUTPORT**

#### **Professional Dental Associates**

Dr. David Wyke, DMD

433 S. Best Avenue Walnutport, PA 18088

Phone: 610-767-0601 Fax: 610-743-8566

Website: www.profdental.net

### **Walnutport Dental Center**

#### Dr. Karen Lehman

961 Riverview Drive P.O. Box 118

Walnutport, PA 18088 Phone: 610-767-5388 Fax: 610-767-7072

Website: walnutportdental.com

#### WHITEHALL

### **Advanced & Comfort Dentistry**

3655 Municipal Dr. Whitehall PA 18052 Phone: 610-432-1200 Fax: 610-432-8150

Website: www.whitehalldentist.com

#### Dr. Michael E. Kun, DMD

881 Third St.

Whitehall, PA 18052 Phone: 610-266-9048 Fax: 610-266-0250

Website: www.lehighvalleysculptedsmiles.com

#### **MacArthur Dental PC**

1634 MacArthur Rd. Suite 2 Whitehall, PA 18052

Phone: 610-433-3361 Fax: 610-433-2120

#### **Whitehall Dental Associates**

450 Pershing Blvd Whitehall PA 18052 Phone: 610-434-6796 Fax: 484-664-7221

Website: www.whitehalldental.com

## **Whitehall Dental Group**

5501 MacArthur Rd.

Whitehall, PA

Phone: 610-440-0075

Website: www.whitehalldentalgroup.com

### **Whitehall Family Dentistry**

#### Ayham Yacoub, DMD

2123 North First Avenue, Suite A2

Whitehall, PA 18052 Phone: 610-266-1101 Fax: 610-266-1170

Website: www.whitehallfamilydentistry.com

#### **WIND GAP**

## **Gentle Smiles of Wind Gap**

477 Bushkill Plaza Lane Wind Gap, PA 18091 Phone: 610-863-4692 Fax: 610-863-3052

Website: www.gentlesmileswindgap.com

#### **RURAL SPECIALISTS**

Especialistas en áreas rurales

## **Hearing Screening – Audiologist**

Carbon Lehigh Intermediate Unit #21 4210 Independence Drive Schnecksville, PA 18078 Phone 610-769-4111, ext. 1680

Website: www.cliu.org

Audiology – no vision

## COMMUNITY RESOURCES FOR THE UNINSURED

Recursos comunitarios para personas sin seguro médico

#### Allentown Health Bureau

(Hablamos español)

Alliance Hall 245 N. 6th Street Allentown, PA 18102 Phone: 610-437-7760 Fax: 610-437-8799

Website:

#### www.allentownpa.gov/Health-Bureau

Can provide free immunizations (including the Varicella vaccines) for children who live or attend school in Allentown.

El centro de salud de Allentown puede proveer vacunas gratuitas (incluyendo las vacunas contra la varicela) para los niños que viven o asisten a la escuela en Allentown.

#### **Bethlehem Health Bureau**

10 E Church St. Bethlehem, PA 18018 Phone: 610-865-7083 Fax: 610-865-7326

Website:

#### www.bethlehem-pa.gov/Health-Bureau

Offers public health, cancer screening programs. Home visiting program for pregnant and new moms, FREE breastfeeding support in the home or by phone. Healthy Homes inspection program for families, Family Planning services for teens through adults, STD and Tuberculosis clinics. Immunizations for children and adults. Breast and cervical cancer screening programs. MA and some private insurances are accepted. Call for an appointment or for more information.

El centro de salud de Bethlehem ofrece servicios de salud pública; programas de detección de cancer; programa de visitas para mujeres embarazadas y madres primerizas; apoyo para lactacia gratuito en casa o por teléfono; programa de inspección Healthy Homes para familias; servicio de planificación familiar para adolescentes hasta adultos; clínicas de ITS y tuberculosis; vacunas para niños y adultos; programas de detección de cancer de seno y servical. Aceptamos MA y otros seguros de salud privados. Llamar para hacer una cita o para más información.

## **Lehigh County State Health Center**

3730 Lehigh St., Suite 206 Whitehall, PA 18052

Phone: 610-821-6770

Offers Immunizations for non-insured/under insured children.

Ofrece vacunas para niños sin seguro médico o seguro de salud limitado.

## Lehigh Valley Hospital – Muhlenberg Dental Clinic

2545 Schoenersville Rd. (South Entrance) Bethlehem, PA 18017 Phone: 484-884-2315

Provides exams, cleanings and treatment to uninsured or underinsured families. The family would complete an application form, provide proof of income and submit the paperwork to a Financial Counselor. Upon acceptance, they would be able to schedule an appointment for treatment. Depending on their income, the treatment may be done at little to sometimes no cost.

Porvee exámenes, limpiezas y tratamiento a las familias sin seguro médico o con seguro limitado. La familia debe llenar un formulario de solicitud, presentar prueba de ingreso y entregar los documentos a un asesor financiero. Después de ser aprobados, podrán hacer una cita para recibir tratamiento dental. El tratamiento puede ser gratis o a bajo costo, dependiendo de sus ingresos.

## **Pennsylvania Department of Health**

Can provide free immunizations (including the Varicella and Covid19 vaccines). For residents of Allentown and Bethlehem, please contact the health bureaus in those cities directly.

El Departamento de Salud de Pensilvania puede proveer vacunas gratuitas (incluyendo varicela y COVID-19) para residents de Allentown y Bethlehem. Contactarse directamente con los centros de salud de esos condados.

Website: www.health.pa.gov

## **Star Community Health**

InfoLink: 484-526-8600

Website: www.starcommunityhealth.org

Star Community Health provides comprehensive well and sick primary care, OB/GYN, dental and pediatric health services to the medically underserved, including the uninsured and underinsured.

Star Community Health provee atención primara completa, ginecología, servicios de salud dental y pediatría a personas sin seguro médico o con seguro de salud limitado.

## St. Luke's Community Health Line

Phone: 610-954-2100

#### St. Luke's Dental Van

Servicing over a dozen different school districts in Lehigh, Northampton, Bucks, Carbon and Schuylkill counties.

#### **Allentown**

Phone: 610-628-8463

**Bethlehem** 

Phone: 484-526-6482

Lehighton

Phone: 610-377-7354

## **Health Related Service Agencies**

## Agencias de servicios relacionados con la salud

## وكالات الخدمات الصحية

#### **Aidsnet**

31 South Commerce Way, Suite 400

Bethlehem, PA 18017 Phone: 610-882-1119 Fax: 610-954-7921

Hours: 8:00 AM-4:00 PM, M-F Email: **info@aidsnetpa.org** Website: **www.aidsnetpa.org** 

Plan and fund HIV/AIDS Care and prevention services. Provide HIV testing and case management services referrals. No direct services provided.

#### **Allentown Women's Center**

(Hablamos español)

31 S. Commerce Way, Suite 100 Bethlehem, PA 18017

Phone: 484-821-0821 or

877-342-5292 (Medical Emergencies Only)

Fax: 484-821-0826 Contact: Kristin

Hours: Mon, Tue and Thu, 9:00 AM-5:00 PM;

Wed and Fri, 9:00 AM-4:00 PM;

Sat 9:00 AM-12:00 PM; Closed Sunday

Website: www.allentownwomenscenter.com

Gynecology, Gender Affirming Health Care, and abortion care services to 23 weeks; Abortion by pill to 10 weeks; All methods of birth control including morning after pill, Uterine ablation for too heavy periods; Free pregnancy options counseling including referrals to supportive adoption agencies; Accepts many insurance plans; Low cash prices; Call for an appointment or more information; Welcoming and affirming to people of all gender identities, expressions, and sexual orientations.

## American Heart Association and American Stroke Association

968 Postal Road, Suite 110 Allentown, PA 18109

Phone: 484-245-6290 Fax: 610-264-2090

Hours: 8:30 AM-5:00 PM, M-F Website: www.heart.org

Advocates of early detection/prevention of cardiovascular disease. Limited free literature on heart disease and stroke. For local CPR and first aid courses, please call our national number 1-800-AHA-USA-1. This is the fundraising office for the AHA and ASA.

## American Lung Association in Pennsylvania

3001 Gettysburg Road Camp Hill, PA 17011

Phone: 717-971-1137 or 1-800-LUNGUSA

Contact: Julie Bartol Website: www.lung.org

The American Lung Association is the leading organization working to save lives by improving lung health and preventing lung disease, through research, education and advocacy. Our work is focused on four strategic imperatives: to defeat lung cancer; to improve the air we breathe; to reduce the burden of lung disease on individuals and their families; and to eliminate tobacco use and tobacco-related diseases.

## **Blue Mountain Health System**

211 North 12th Street Lehighton, PA 18235-9989 Phone: 610-377-1300

Contact: Mary Lou McGeehan

Kid Zone, Blue Mountain Health System – Car Seat Program. For information or to access the program, call 610-379-0411.

Call 610-377-7070 for periodic car seat safety checks and the Safesitter babysitting program.

### **Blue Mountain Health System Hospital**

For Lehighton and Palmerton

217 Franklin Ave Palmerton, PA 18071 Phone: 610-826-1158

Adult day care program: 610-379-4880 Home Health Services: 610-377-7157

Woman Wise program and all others offered at this location as well.

## **Bright Hope Pregnancy Support Centers**

#### **Allentown Clinic**

2200 Hamilton St., Suite 103 Street Allentown, PA 18104

#### **Easton Clinic**

2204 Northampton St Easton, PA 18042

Phone: 610-821-4000

Website: www.brighthopecenters.org

Services: free pregnancy testing, free early pregnancy ultrasounds (eligibility determined by medical staff), EWYL incentive program education (parenting/life skills/finances/healthy relationships paying "baby bucks" to spend in our baby store), men's mentoring. All services are free and confidential. Does not refer for or perform abortions.

## Cancer Support Community of the Greater Lehigh Valley

944 Marcon Blvd., Suite 110 Allentown, PA 18109 Phone: 610-861-7555 Fax: 610-861-9177

Contact Amanda Buss, Executive Director

or Jen Sinclair, Program Director Hours: 9:00 AM-5:00 PM, M-F

Website: www.CancerSupportGLV.org

We offer programs, at no cost, of emotional support, educational resources, wellness classes and social opportunities to people with cancer and their loved ones.

## **Everlasting Life Ministries**

224 N. Sixth Street Allentown, PA 18102 Phone: 610-776-4009

Website: www.elmallentown.org

Clinic for adults over 18 only. Enter alley door (Oak St.) in the basement of New Bethany E.C Church. Call 610-434-1477 to make an appointment.

## **Hispanic Center Lehigh Valley**

(Hablamos español)

520 East 4th Street Bethlehem, PA 18015 Phone: 610-868-7800 Contact: Enid Arroyo

Hours: 8:30 AM-4:30 PM, M-F

Website: www.hclv.org

Basilio Huertas Senior Center, Food Pantry, Community Engagement Program, and WIC program; health screening and supplemental food for pregnant, nursing moms and small children.

### **HOPE at St. Luke's Hospital**

Community Health & Preventive Medicine (Hablamos español)

#### **Bethlehem**

502 E. Fourth St

Bethlehem, PA 18015 Phone: 484-526-2062

Hours: M, W, Thu, 8:00 AM-4:30 PM;

Tue: 10:00 AM-6:30 PM

Case Management: 484-526-2874

#### **Walk-in HIV Testing:**

Mondays 9:00 AM-12:00 PM, Wednesdays 1:00 PM-4:00 PM

#### **Easton**

100 N. Third St., 2nd Floor Easton, PA 18042

Phone: 484-503-8010

Hours: M, Tue, Thu 8:00 AM-4:30 PM;

Wed 10:00 AM-6:30 PM

#### Free STD Clinic:

Thursdays 1:00 PM-4:00 PM Call 484-503-8008

#### Walk-in HIV Testing:

Tuesdays: 1:00 PM-4:00 PM; Thursdays 9:00 AM-12:00 PM

 $\label{eq:free_free} \textit{FREE HIV/STD testing, prevention education, HIV}$ 

support, information and referrals, case

management services.

## **LVHN Comprehensive Health Services**

(Hablamos español)

1627 W. Chew Street, 3rd Floor

Allentown, PA 18104 Phone: 610-969-2400 Fax: 610-969-2195

We provide a multidisciplinary approach in Health care and social services to those living

and affected by HIV/AIDS.

### Lehigh Valley Hospital - 17th Street

(Hablamos español)

1627 W. Chew Street Allentown, PA 18104-7017 Hospital: 610-402-8000 Website: **www.LVHN.org** 

**Adult clinic:** 610-969-4370 **Pediatric clinic:** 610-969-4300

Women's OB/GYN clinic: 610-402-1600 Depression after Delivery: 610-402-3800

Support group meets 1st Wed of month at 7 PM

MA accepted, physical exams, immunizations, sick care. Uninsured low income need to call 610-969-2394 for financial screening prior to appointment. Free child care service for clinics and outpatient appointments.

#### **March of Dimes Foundation**

435 Devon Park Dr., Suite 300

Wayne, PA 19087 Phone: 610-814-7000 Contact Rose Anema

Hours: 8:30 AM-5:00 PM, M-F website: www.marchofdimes.org

March of Dimes is a non-profit foundation dedicated to "improve the health of babies by preventing birth defects and infant mortality." They raise funds and provide educational materials on topics like diet in pregnancy "Eating for Two", vaccinations, smoking and pregnancy, and newborn care.

## New Directions Treatment Services and Cedar Point Family Services

(Hablamos español)

2442 Brodhead Road Bethlehem, PA 18020 Phone: 610-758-8011

Website: www.ndts.org

Medication assisted treatment for opioid use disorder, DUI program and psychiatric outpatient clinic.

### **Sights for Hope**

#### **Lehigh Valley**

845 W. Wyoming Street Allentown, PA 18103 Phone: 610-433-6018

Fax: 610-433-4856

#### **Monroe County**

4215 Manor Drive Stroudsburg, PA 18360 Phone: 570-992-7787 Fax 570-992-7772

Website: www.sightsforhope.org

Services for people who are blind or visually impaired, including casework, transportation, support groups, educational programs, recreation, low vision clinic, store for magnifiers and aids. Free eye screenings and eye safety educational programs for preschool children at preschools, day care centers, and community sites and for adults.

## St. Luke's Visiting Nurse Association

240 Union Station Plaza Bethlehem, PA 18015 Phone: 484-526-1100

Website:

#### www.slhn.org/visiting-nurse-association

Offers home health care, including skilled nursing, health care aides, physical, occupational and speech therapy. Health education and parenting skills, special birth preparation and new mother programs.

Direct health and therapy services require precertification by insurance companies. Some education programs do not. Call for more information. Accepts: Gateway, AmeriHealth Mercy, Keystone and most other insurance

## Su Familia – Hispanic Family Helpline

(Hablamos español)

Phone: 866-783-2645 or 866-SU-FAMILIA

#### Website: www.healthyamericas.org/help-line

Will make referrals to help Hispanic and other families get basic health information to prevent or manage chronic conditions. Refers to local health providers and federally supported programs, including CHIP (the Children's Health Insurance Program). Will help all families.

#### VHP Center for Women's Medicine

1627 Chew St. 1st Floor Allentown, PA 18102 Phone: 610-402-1600

Fax: 610-969-2197

Provides comprehensive health care for women, including adolescent girls. Specialists are available to help with difficult pregnancies, depression, nutrition and other concerns. If patients have difficulty getting to appointments, transportation is available.

The Healthy Behaviors Rewards is a donorfunded program that allows women to receive points for maintaining their prenatal appointments and to redeem their points for baby-related items. Serves pregnant women 1st trimester (will accept later in pregnancy); helps apply for MA; childbirth preparation and parenting classes. Bilingual staff. Referrals to community services. Accepts insurance, MA or self-pay.

#### Weller Health Education Center

Phone: 888-402-LVHN (5846) Website: www.wellercenter.org

The Weller Center supplements the teaching of health, character education and life science for students in grades Pre-K through 12 by providing outreach and online programs for children in a 39-county area of Pennsylvania and New Jersey. For nearly 30 years, the mission of the Weller Health Education Center has been to measurably improve children's lives by giving students the tools they need to make informed and healthy life choices.

## **Home Buying Programs**

# Programas de compra de viviendas برامج لشراء منزل

### **Alliance for Building Communities**

(Hablamos español)

532 West Walnut Street Allentown, PA 18101 Phone: 610-439-7007 Fax: 610-439-7888

Brad Fatzinger – Executive Director Website: **www.housing-abc.org** 

A home buying program for lower income people and families. ABC assists them to become homeowners by providing fully rehabilitated homes at affordable prices. They counsel and walk you through the home buying process. ABC

also offers rental housing.

# Community Action of the Lehigh Valley, Inc.

(Arabic, Chinese, Portuguese, Spanish)

1337 E. Fifth Street Bethlehem, PA 18015 Phone: 610-691-5620

Website: www.communityactionlv.org

Provides free first-time homebuyer seminars, one-on-one pre-purchase counseling, and presettlement counseling through the Home Ownership Counseling Program (HOCP). First-time homebuyer seminars provide a comprehensive overview of the home buying process. Seminars are offered in English and Spanish.

Program staff also administer the Home Ownership Savings Account Program and the City of Bethlehem Homebuyer Assistance Program, which provides down payment and closing cost assistance. The program provides mortgage foreclosure counseling, loss mitigation, and Court Diversion Programs in Lehigh and Northampton counties.

HUD-certified housing counselors assist participants in applying for a loan modification or repayment plan. Housing counselors also assist participants, who are behind on mortgage payments, to apply to the Homeowners' Emergency Mortgage Assistance Program.

#### **Fannie Mae**

Based in Washington D. C., Fannie Mae is an investment group. For further information about finances mortgage lending to low/middle income families for homes across the USA, visit **www.fanniemae.com** or call 800-232-6643. Income restrictions different for different areas.

## **FHA Mortgage Assistance**

Lower cost mortgages for first time home buyers

- Home buyers select the property.
- You get pre-qualification (amount you can afford).
- For more information, call any mortgage company in yellow pages that lists VA and FHA mortgages.

# Habitat for Humanity of the Lehigh Valley

245 N Graham Street Allentown, PA 18109 Phone: 610-776-7737

Contact: Brenda Strockyj, Program Director

Email: brenda@habitatlv.org Website: www.habitatlv.org

A first-time Homeownership program that helps low-income family achieve first time homeownership and increase stability in their lives with a 0% interest mortgage. Buyers must meet the Habitat guidelines in order to qualify for the program. Please call Program Manager Brenda Strockyj for any questions or stop by the office for an application.

## Housing Association and Development Corp. (HADC)

513 Chew Street

Allentown, PA 18102 610-432-6336

A home ownership program plus 40 rental opportunities. Accepts Section 8.

## **HUD – Housing Discrimination Hotline**

1-800-669-9777 (fair housing complaints)

Email: **ComplaintsOffice03@hud.gov**Website: **www.hud.gov/faqs/complaints** 

Helps individuals purchase homes, learn about rights and responsibilities and file a complaint.

## Neighborhood Housing Services of Greater Berks, Inc. (Hablamos español)

213 N 5th Street, Suite 1030

Reading, PA 19601 Phone: 610-372-8433

Contact: Daniel Sansary, Executive Director

Website: www.nhsgb.org Hours: 9:00AM to 4:00PM, M-F

Provides down-payment and closing cost assistance for low to moderate-income first-time home buyers.

Administers the CPP grant program in the city of Allentown and Lehigh County grant program.

Provides credit and financial counseling to individuals in areas of credit counseling, budget, saving and spending plan.

## Rural Development Single Family Housing Programs

Bob Morgan, State Director 359 East Park Drive Suite 4 Harrisburg, PA 17111-2747

Phone: 717-237-2299 Fax: 855-813-2864

Website:

#### www.rd.usda.gov

Rural Development's Single Family Housing Programs give families and individuals the opportunity to buy, build, or repair affordable homes located in rural America. Eligibility for these loans, loan guarantees, and grants is based on income and varies according to the average median income for each area.

## **Hotlines**

## Líneas directas de emergencia الخطوط الساخنة

## The Asthma and Allergy Foundation of America

1-800-727-8462

Hours: 10:00 AM- 3:00 PM

or leave message. They will answer.

## Child Care Concerns/Complaints/ Day Care Certifications

1-800-222-2108

PA Department of Public Welfare run hotline

### **Childline and Abuse Registry**

(Hablamos español)

1-800-932-0313

24-hour a day hotline to call to report suspected child abuse. All calls are confidential and you can remain anonymous.

## **Cocaine Anonymous**

1-800-347-8998

## Crime Victim's Council of the Lehigh Valley

610-437-6611

## **Crisis in the Lehigh Valley Area**

Suicide Prevention Lifeline: 800-273-8255 Lehigh Country Crisis: 610-782-3127

Northampton Country Crisis: 610-252-9060

Carbon/Monroe/Pike: 570-421-2901

24/7 24/7 Crisis support

#### **Domestic Violence Victims' Aid**

(Hablamos español)

#### **Turning Point of Lehigh Valley:**

610-437-3369 or 1-877-438-4957, 24hr.

National: 1-800-799-SAFE

For the Deaf (TTY): 1-800-787-3224, 24hr.

Referrals for shelter, legal services. Has bilingual staff; their language line uses over 100 languages.

## **National Parent Helpline**

1-855-427-2736

### **National Problem Gambling Hotline**

1-800-426-2537

The NCPG is the national advocate for programs and services to assist problem gamblers and their families. Confidential, 24 hours.

## National Suicide Prevention – Crisis Intervention Lifeline

1-800-273-TALK (8255) or dial 9-8-8

### PA 211 – United Way

Call 211 or 855-567-5341

Website: www.pa211east.org

A free, confidential referral and information helpline and website that connects people from all communities and of all ages to the essential health and human services they need.

- Supplemental food and nutrition programs
- Shelter and housing options and utilities assistance
- Emergency information and disaster relief
- Employment and education opportunities
- Services for veterans
- Health care, vaccination and health epidemic information
- Addiction prevention and rehabilitation programs
- Re-entry help for ex-offenders
- Support groups for individuals with mental illnesses or special needs
- A safe, confidential path out of physical and/or emotional domestic abuse

## Pennsylvania State Tax Info Line

1-888-pataxes or 888-728-2937

#### **Poison Control Hotline**

1-800-222-1222

## **Predatory Lending Hotline**

(Also known as The Foreclosure Diversion Program at the Community Action Committee of the Lehigh Valley)

1-800-755-1563

If you think you are being cheated by your mortgage company or home equity lender (or any questions about your home mortgage, call.

#### **Veteran Crisis Line**

1-800-273-8255

#### Warmline (Hablamos español)

610-820-8451 or 610-820-8549

Hours: 6:00 AM-2:00 AM

A Lehigh and Northampton County telephone service for adults with a mental health concern. Provides a listener who can respond to you before you reach a crisis. Hours: Warmline operates daily but is not able to accept calls between 2:00 AM-6:00 AM.

#### Warmline in Spanish:

484- 223-0785 from 6:00 AM-10:00 PM daily.

#### **Zoom Virtual Meetings:**

646-558-8656 meeting id# 99026924170

For more information on locations and times visit **www.warmline.org** 

## **Legal and Pre-Legal Services**

## Servicios legales

## خدمات قانونية والتثقيف القانوني

#### **Catholic Charities**

(Hablamos español)

900 S. Woodward Street 1541 Allentown, PA 18103

Phone: 610-435-1541

Immigration issues and counseling, paperwork, and citizenship classes. Fees charged for all immigration services. Call for more information.

#### **Domestic Relations**

Lehigh County 455 W. Hamilton St Room 320

Allentown, PA 18101 Phone: 610-782-3185 Fax: 610-782-3725

Hours: 8:00 AM-4:30 PM, M-F

Services: Child support, establishing paternity

Northampton County 126 S. Union Street Easton, PA 18042-7481 Phone: 610-253-3566

Fax: 610-253-4135

Hours: 8:30 AM-4:30 PM, M-F,

8:30 AM-4:30 PM for petitions Services: Child

support, paternity suits

Domestic Relations Offices: You can also receive payment info by calling 1-877-727-7238 or visiting **www.childsupport.state.pa.us** 

#### **Education Law Center**

(Hablamos español)

1800 JFK Blvd., Suite 1900A Philadelphia, PA 19103 Phone: 215-238-6970

Fax: 215-772-3125

Pittsburgh Office: 412-258-2120 Website: https://www.elc-pa.org

Open to all state of PA residents. Focuses on the rights of children in the public school system and Early Intervention Services.

## Grupo de Apoyo e Integración Hispanoamericano (Hablamos español)

Phone: 484-664-3518 Contact: Erika Sutherland

Email: erikasutherland@muhlenberg.edu or

emsuther@muhlenberg.edu

Website:

https://grupodeapoyoeinteg.wixsite.com/gru

po-de-apoyo/about

Support group for Hispanic immigrants. Offer support to individuals/families on identifying places to help them obtain legal status or places that offer resources to those who are not legal at no charge. Call for more information.

## **Lehigh County Court** of Common Pleas

455 West Hamilton Street Allentown, PA 18101 Phone: 610-782-3000

Website: www.lccpa.org

#### **Adult Probation and Parole Department**

Phone: 610-782-3933 Fax: 610-871-2784-

### **Family Court Division**

Phone: 610-782-3390 Fax: 610-782-3866

#### **Juvenile Court**

Phone: 610-782-3143 Fax: 610-871-2781

Supervision for youth offenders, advocacy/support for families of youth offenders

## **North Penn Legal Services** Lehigh Valley Office (Hablamos español)

559 Main St Suite 200 Bethlehem, PA 18018 Phone: 610-317-8757

Fax: 610-317-8778

Website: www.northpennlegal.org

Apply by phone at 877-953-4250 M-T from 9:00 AM-11:30 AM or 1:30 PM-4:00 PM. Clients can also apply online for services anytime.

Free legal services for low-income families. Unemployment compensation issues, social security issues, some custody, foreclosures, some domestic violence issues, custody workshops offered. Assistance in evictions and bankruptcy and problems with welfare rules. If you think you were denied benefits without good cause, give us a call.

## **Northampton County Court** of Common Pleas

#### **Adult Probation**

105 S. Union Street Easton, PA 18042 Phone: 610-829-6800 Fax: 610-559-6799

#### **Juvenile Probation**

650 Ferry Street Easton, PA 18042 Phone: 610-829-6880 Fax: 610-559-6886

520 E. Broad Street Bethlehem, PA 18017 Phone: 610-974-7580

Rehabilitation services and supervision for adult and youth offenders, advocacy support for families of offenders.

## **Public Defender's Office** of Lehigh County

Kimberly F. Makoul, Esq. Chief Public Defender

455 West Hamilton Street Allentown, PA 18101 Phone: 610-782-3157 Fax: 610-820-3154

Website:

## www.lehighcounty.org/Departments/Public-**Defender**

Criminal defense for those who cannot afford an attorney.

# **Public Defender's Office** of Northampton County

Nuria DiLuzio Chief Public Defender

669 Washington Street Easton, PA 18042

Phone: 610-829-6384 Fax: 610-559-3718

Email: ndiluzio@northamptoncounty.org

Website:

### www.northamptoncounty.org/PUBDEF

Criminal case representation for low-income families.

#### **Villanova Federal Tax Clinic**

299 North Spring Mill Road Villanova, PA 19085 Phone: 610-519-4123 Toll Free 888-829-2546

Línea en español 866-655-4419

Website:

## www1.villanova.edu/university/law/experien ce/clinics-externships/clinics/federal-tax.html

Students in Villanova Law's Federal Tax Clinic provide free legal representation to low-income individuals in disputes with the IRS, both before the IRS and in federal court. Potential clients should call the clinic at 610-519-5894.

# Youth Advocate Programs Northampton/Lehigh Counties

35 E Elizabeth Ave, Suite 23 Bethlehem, PA 18018 Phone: 610-865-9111 Fax: 610-865-2607

Contact: Mary Keefe, Director Email: mkeefe@yapinc.org

Website: www.yapinc.org

Provides services to keep youth out of the police and court system, individual case management, counseling and relationships with caring adults for at-risk children and youth. Requirements: You must be referred by Children and Youth or the County Probation Office or Mental Health Office. Visit website for more locations.

### **Libraries**

# Bibliotecas

### **Allentown Public Library**

1210 Hamilton Street Allentown, PA 18102 Phone: 610-820-2400

Email: aplref@allentownpl.org Website: www.allentownpl.org

Hours: Monday-Tuesday 9:00 AM-8:00 PM, Wednesday-Saturday 9:00 AM-5:00 PM

**Sunday Closed** 

Adult Services include special programs of varied interests, book groups, homebound book services, and more. For children and families, we offer story times for infants through early elementary school ages, homework help during the school year, many programs of interest to children involving hands-on learning fun, Summer Reading Club, and more.

With a library card, anyone can borrow books, movies, music CD's, use databases either in the library or from your own home, download books and audios, learn another language, study for the GED (English or Spanish), study for a Citizenship test (English or Spanish), or use our computers or WIFI at no charge. Printing, copying, faxing, and scanning are available at a nominal fee per page. Allentown Public Library and any participating Access Pennsylvania libraries honor your valid PA library card with identification.

### **Bethlehem Area Public Library**

### **Main Library**

11 West Church Street Bethlehem, PA 18018

Phone: 610-867-3761 Ext. 499

Fax: 610-867-2767

Email: emhoy@bapl.org

Hours: Monday-Wednesday 9:00 AM-8:00 PM

Thursday-Friday 9:00 AM-6:00 PM

Saturday 10:00 AM-5:00 PM, Sunday Closed

#### **South Side Branch**

400 Webster Street
Bethlehem, PA 18015
Phone: 610-867-7852
Contact: Brenda Grow
Email: bgrow@bapl.org

Hours: Monday-Thursday 10:00 AM-7:00 PM Saturday 10:00 AM-2:00 PM Friday and Sunday Closed

Materials may be borrowed with a library card: books, DVD's, learning video games, magazines, toys, puzzles, music CD's, books on CD. Some material is in English and some in Spanish. Internet access for adults and children. Early literacy and school age computers for children with educational software and ABC mouse. Programs for children, teens, and adults. FAX service.

Children's Services: Story times, Family Place parent/child workshops (early childhood literacy); a variety of family programs including STEM events and special performers.

Adult Services: Qigong, Conversational Spanish classes, Book discussions, D.I.Y. for adults

### **Easton Public Library**

515 Church Street Easton, PA 18042

Phone: 610-258-2917

#### **Palmer Branch**

1 Weller Place Easton PA 18045

Phone: 610-258-7492

Website: www.eastonpl.org

Library materials for children, teens, and adults. Programming, book discussion groups, and activities for children, teens, and adults. A computer lab with access to the internet and Microsoft Office. Access is currently limited to 30 minute appointments. Free public Wi-Fi.

The Library offers printing in black & white (\$0.20/page) and color (\$0.50/page) from the public computers with a current library card or computer use only card. Mobile printing from your own device is available.

The Palmer Branch will send faxes for the public.

Museum passes are available at the main branch on a first-come, first-serve basis.

The Easton Area Public Library proctors exams for those taking online and distance learning courses. A library card is not required for this service.

# Family Lending Libraries American – Family Services Foundation

1025 MacArthur Road 1804 Whitehall, PA 18052 Phone: 610-351-3069

Leithsville Road Hellertown, PA 18055 Phone: 610-838-0667

Each Library contains Christian videos/books of over 1,000 family-related titles. These are made available, without charge, on a seven-day loan-period basis.

## **Preschool Programs at No Cost**

Programas preescolares gratuitos برامج التعليم ماقبل المدرسي (بدون تكلفة)

Head Start is a Federal program that promotes the school readiness of children from birth to age five from low-income families by enhancing their cognitive, social, and emotional development. Head Start programs provide a learning environment that supports children's growth in many areas such as language, literacy, and social and emotional development. Head Start emphasizes the role of parents as their child's first and most important teacher. These programs help build relationships with families that support family well-being and many other important areas.

Many Head Start programs also provide Early Head Start, which serves infants, toddlers, and pregnant women and their families who have incomes below the Federal poverty level.

# **Early Childhood Learning and Knowledge Center**

www.eclkc.ohs.acf.hhs.gov/hslc/HeadStartOffices

### **National Head Start Association**

www.nhsa.org/head-start-center-locations

### **Pennsylvania Head Start Association**

www.paheadstart.org/programs

### **Federal Benefits**

www.benefits.gov

# Head Start and Early Head Start of the Lehigh Valley

(Hablamos español)

1520 Hanover Avenue Allentown, PA 18109 610-437-6000

Fax: 610-437-6500

Website: www.cscinc.org

Head Start and Early Head Start of the Lehigh Valley offers high quality early education, child development and family development programming for prenatal women and children, birth to age five. HS/EHS prepares children and families for success in learning and in life.

Both Head Start and Early Head Start offers children and their families developmental assessments, child-centered curriculum, play experiences, parenting support, health assessment screening and follow-up, nutrition services and education, safety and life skills information and training, and support in personal and family development.

Requirements: Age and Income eligibility. Residence in Lehigh or Northampton County.

Fees: None

Applications available online at www.cscinc.org

## **Pregnancy and Newborn Support**

Ayuda para el embarazo y el recién nacido

دعم الحمل وحديثي الولادة

### **Catholic Charities**

900 S. Woodward Street Allentown, PA 18103 Phone: 610-435-1541

Problem –solving and decision –making guidance; free, confidential pregnancy test; Pregnancy support counseling and education; assistance with baby-related items (as available); adoption planning, parenting support; referrals for pre- and post-natal ca.

### **Cay Galgon Life House**

714 West Broad Street Bethlehem, PA 18018 Phone: 610-867-9546

Fax: 610-419-3255

Website: www.caygalgonlifehouse.org

## **Bright Hope Pregnancy Support Centers**

2200 Hamilton St., Suite 103 Street Allentown, PA 18104

Easton Clinic 2204 Northampton St Easton, PA 18042

Phone: 610-821-4000

Website: www.brighthopecenters.org

Services: free pregnancy testing, free early pregnancy ultrasounds (eligibility determined by medical staff), EWYL incentive program education (parenting/life skills/finances/healthy relationships paying "baby bucks" to spend in our baby store), men's mentoring. All services are free and confidential. Does not refer for or perform abortions.

### **Bethlehem Health Bureau**

10 E. Church Street Bethlehem, PA 18018 Phone: 610-865-7083 Hours 8:00-4:30

Website:

www.bethlehem-pa.gov/Health-Bureau

Breastfeeding education and support. Home visiting program (Partners for Healthy Baby). Safe sleep program (Cribs for Kids). Wome's health and family planning.

### Allentown Health Bureau

(Hablamos español)

245 N. 6th Street Allentown, PA 18102 Phone: 610-437-7760 Fax: 610-437-8799

Website:

### www.allentownpa.gov/Health-Bureau

**Primary Services:** 

- Prenatal, Newborn and Child (birth to age 18) home visitation, health education and health advocacy
- Home visits for at-risk families with infants and children
- Home visitation prenatal education and support program for at-risk pregnant women
- Agency staff in-services about infant and child health
- Sudden Unexpected Death in Infancy (SUDI) initial bereavement counseling and referral
- Advocacy and referral assistance
- Child care center inspections

### **Trinity Episcopal Church**

44 E. Market Street Bethlehem, PA 18018 Phone: 610-867-4741

Website: www.trinitybeth.org/soup-kitchen

Family support for new moms. Diapers, baby food and other items are available (once a month). Referral needed from another agency. Only Bethlehem, Northampton County families. Social worker on staff 11:30 AM-1:30 PM, M-F.

### **Lehigh Valley Breastfeeding Coalition**

1636 N. Cedar Crest Blvd #105 Allentown, PA 18104 Phone: 484-232-9427

Email: lehighvalleybreastfeeding@gmail.com Website: www.LehighValleyBreastfeeding.org

We are a resource for breast/chest feeding support within the Lehigh Valley.

### **Lehigh Valley Health Network**

1200 S. Cedar Crest Blvd. Allentown, PA 18103 Phone: 610-402-2273

Website: www.LVHN.org

Offers parenting workshops/classes. Call 888-402-5846 for more information or to register.

### **Life Choices**

411 South Main Street Phillipsburg, NJ 08865 Phone: 908-454-2066

Website: www.lifechoicesonline.org

Promotes and helps build healthy families by providing medical services that encourage good pre-natal care, material assistance for families in need, mentoring and encouraging risk-free behavior in youth.

### St. Luke's Baby & Me Support Center

1425 Eighth Avenue Bethlehem, PA 18018

Phone: 484-526-BABY (2229)

Provides mothers, fathers, support persons and family members with a variety of services commonly needed before, during and after pregnancy in one convenient location.

Services include: classes, support groups, lactation support services, post-partum emotional wellness services, activities/exercise, and onsite play.

Visit www.slhn.org/womens/obstetrics or call 866-STLUKES (785-8537) for more services and locations.

## **Prescription Drug Assistance**

### Asistencia para recetas médicas

### مساعدة الوصفات الطبية

### **Medicine Assistance Tool**

Connects qualified low-income people with discount or free prescription drugs, direct from the medicine manufacturer. Can help you enroll in one or more of over 150 company programs that provide more than 1,200 medicines for free or at a low cost. Go online at

www.medicineassistancetool.org

### **Lehigh Conference of Churches**

(Hablamos español)

457 W. Allen St. Allentown, PA 18102

Phone: 610-433-6421

Website: www.lehighchurches.org

An association of over 140 local churches that provide social service programs.

**Pharmaceutical Assistance:** Provides once-ayear emergency medical assistance for certain kinds of medications to qualifying low-income individuals.

### The Salvation Army – Allentown

144 North Eighth Street Allentown, PA 18101 Phone: 610-432-0129

Hours: 8:30 AM-4:00 PM, M-F

Website:

www.pa.salvationarmy.org/lehigh-valley

### The Salvation Army of Bethlehem

521 Pembroke Road Bethlehem, PA 18018 Phone: 610-867-4681 Contact: Jennifer Litzinger

Website:

www.pa.salvationarmy.org/lehigh-valley

### **Project of Easton – Assist Program**

(Hablamos español)

320 Ferry Street Easton, PA 18042 Phone: 610-258-4361

Email: communityrelations@projecteaston.org

Website: www.projecteaston.org

Emergency assistance for Northampton County residents. Helps with emergency shelter, prescriptions, home heating oil, baby needs, children's furniture and clothing, eye exams/glasses. Requires intake interview. Open: 8:30 a.m. to 4:30 p.m. Monday through Friday. Bus passes available for designated appointments. All services are free.

### **Public Assistance Offices**

### Oficinas de asistencia pública

مكاتب الخدمات العامة

# Lehigh County Assistance Office – Department of Human Services

(Hablamos español)

555 Union Blvd., Suite 3, 2nd floor

Allentown, PA 18109-3389 Phone: 610-821-6509

Fax: 610-821-6705

Hours: 7:30 AM-5:00 PM, M-F Website: **www.dhs.pa.gov** 

Services: Medical assistance, food stamps, cash grants, energy assistance. Employment and

training resources and referrals.

# Northampton County Assistance Office – Department of Human Services (Hablamos español)

201 Larry Holmes Drive Easton, PA 18042

Phone: 610-250-1700 or 800-349-5122

Fax: 610-250-1839

Website: www.dhs.pa.gov

Hours: 7:30 AM-5:00 PM, M-F

Services: Medical assistance, food stamps, cash grants, energy assistance. Employment and training resources and referrals. Access to language line for clients speaking other

languages.

### Social Security Office – Allentown

41 N. Fourth Street Allentown, PA 18102 Phone: 877-405-6746

TTY: 800-325-0778

Hours: 9:00 AM-4:00 PM, M-F

### **Social Security Office – Bethlehem**

555 Main Street (in Woolworth Building)

Bethlehem, PA 18018 Phone: 866-783-7458 TTY: 800-325-0778

Hours: 9:00 AM-4:00 PM, M-F

### **Social Security Office – Easton**

134 S. Fourth Street Easton, PA 18042

Phone: 866-964-5056 TTY: 1-800-325-0778

Hours: 9:00 AM-4:00 PM, M-F

### **Social Security Administration**

Phone: 800-772-1213

Hours: 8:00 AM-7:00 PM, M-F

Website: www.ssa.gov

Services Provided: Handling all inquiries

concerning Social Security.

## **Recreation and After School Programs**

Programas extraescolares y de recreación

## برامج ترفيهية وبرامج مابعد المدرسة

### **Allentown Parks and Recreation**

3000 Parkway Blvd Allentown, PA. 18104 Phone: 610-437-7757

Fax: 610-437-7796

Website:

www.allentownpa.gov/Department-of-Parks-and-Recreation

Hours: 8:00 AM-4:00 PM, M-F

Call for information about recreational, athletic, after school and seasonal programs for City of

Allentown residents.

### **Banana Factory**

25 West Third Street, Suite 300

Bethlehem, PA 18015 Phone: 610-332-1300 Fax: 610-332-1310

Email: info@artsquest.org

Website: www.bananafactory.org

Hours: 8:00 AM-9:30 PM, Mon-Fri

8:30 AM-5:00 PM, Sat-Sun

Hands on art programs and classes. Gallery & Exhibitions. Summer camp. Call for more information, hours and costs. Scholarship aid

available.

### The Baum School of Art

510 Linden Street Allentown, PA 18101 Phone: 610-433-0032

Website: www.baumschool.org

Art Classes for children ages 4 years old and up. Students explore art with a variety of media, such as drawing, painting, sculpture, ceramics, computer design, jewelry, fashion and more. Weekday and Saturday classes offered during the school year. One and two week art camps during the summer.

Financial aid is available. Group field trip art classes available. Please call for information.

### **Bethlehem Recreation Bureau**

10 East Church Street Bethlehem, PA 18018 Phone: 610-865-7081

Website: www.bethlehem-pa.gov/Recreation

Winter Programs: public skate sessions, ice skating lessons; adult basketball league. Summer Programs: tennis, swimming, golf lessons; free neighborhood summer playground program; adult fitness classes. Rentals: park pavilions; fields and courts.

### **Boys & Girls Club of Allentown**

720 North Sixth Street Allentown, PA 18102 Phone: 610-432-9944

Fax: 610-432-9946

Website: Website: www.bgcallentown.org

Other locations:

#### Sixth Street Unit

720 N. Sixth Street Allentown, PA 18102 Phone: 610-432-9323

#### **Teen Center**

641 N. 7th Street Allentown, PA 18102 Phone: 610-434-4592

### **Turner Street Unit**

1302 Turner Street Allentown, PA 18102 Phone: 610-433-0093

#### **Cumberland Gardens Unit**

501 E. Susquehanna Street Allentown, PA 18103 Phone: 610-791-1113

Make your M.A.R.K.™ (Motivated Academically Ready Kids) an educational reading and math program,

Imagination Station (early literacy program), DreamBox (math literacy program), computer awareness, Triple Play (healthy lifestyles program), Positive Action (social-emotional development), Career Launch, Money Matters, basketball, crafts, cooking, swimming, and more!

### **Boys & Girls Club of Bethlehem**

(Hablamos español)

1430 Fritz Drive Bethlehem, PA 18017 Phone: 610-865-4241 Contact: Alesia Dietrich

Email: adietrich@bgcob.org Website: www.bgcob.org

Playground available; staff on site. After school and summer programming for ages 5 and up. Membership is \$15.00 per year. Call for hours and more information.

### **Boys & Girls Club of Easton**

210 Jones Houston Way (for MapQuest/GPS use 508 Charles Street) Easton, PA 18044 Phone: 610-703-8575

Website: www.eastonpabgc.org

Serves boys and girls ages 5-18. Afterschool program, Saturday programs, summer camp. Membership \$15.00/per year. Call for more information.

### The Caring Place

Youth Development Center

931 Hamilton Street Allentown, PA 18101 Phone: 610-433-5683 Fax: 610-433-9165

Website: www.thecaringplace.org

Free after school (and also summer) program, for children, ages 6 to 18. Homework assistance, art, music activities, youth groups.

Office Hours: 10:00 AM-6:00 PM, M-Th

### **Casa Guadalupe Center**

218 N. 2nd Street Allentown, PA 18102 Phone: 610-435-9902

Fax: 610-435-0898 Contact: Baj Njie

Website: www.casa-lv.org

Free after school program and summer activities for students from grades 1 through 12. Also offering WIC services, a wellness program, social services as well as meals and recreational activities for older citizens (60 and over). The services are free of charge.

### **Community Bike Works**

235 N. Madison Street Allentown, PA 18102 Phone: 610-434-1140

Contact: Adonis Cannon

Email: Acannon@communitybikeworks.org
Website: www.communitybikeworks.org

Hours: 10:00 AM-6:00 PM, M-F

Community Bike Works provides youth development programs for students ages 7-17.

In Earn a Bike, students ages 9-17 learn bike mechanics and safety with adult mentors.

Junior Earn a Bike is offered for 7 and 8 year olds and focuses on Reading, Riding, and Wrenching.

At the end of these programs, students earn their refurbished bike and a new helmet. Once enrolled in either of these programs, students have the opportunity to participate in supplemental programs until they turn 18.

Drop-In is a structured group mentoring program that occurs every day after school and for extended days in the summer. Students participate in a variety of activities including games, bike repairs, and art and science projects.

"Earn A Book" focuses on literacy and homework help. Our Youth Leadership Team is open to students who are 12+ and exhibit leadership skills. All of our programs are offered at no cost to families.

### **Easton Area Community Center**

901 Washington Street

Easton, PA 18042 Phone: 610-253-8271 Fax: 610-253-5897

Contact Elizabeth Reyes, Program Director

Website: www.eastonareacc.org

Cost: \$175.00 per semester for membership

Hours: School-year program 3:00 PM-7:00 PM,

Summer 9:00 AM-4:00 PM

Afterschool program for K – 8th grade (Homework help, educational and recreational programs) Winter Sports fee is extra- Basketball, Cheering & Wrestling. CACFP youth Dinner Program (Free dinner and snack served daily, M/F school year / to any child 5-18 years old) 8 week Summer Day Camp/Weekly Fee. Age appropriate programs. Breakfast, lunch and a snack provided. Summer nights evening program Monday through Thursday 4 pm to 7 pm, FREE, family oriented, snack and dinner.

#### **Easton Recreation Bureau**

123 S. 3rd Street Easton, PA 18042 Phone: 610-250-6711

A. I. . .

Website:

## www.easton-pa.com/welcome-easton-pa/parks-recreation

Recreational programs and athletic activities for Easton residents. In the fall, we offer football, soccer, and cheerleading for children. In the spring, we offer baseball and softball, lacrosse and soccer for children. Cost: \$40 fee for sports. Call for information.

### **Greater Valley YMCA – Allentown Branch**

425 S. 15th Street Allentown, PA 18102 610-351-9622

Contact: Robert Dellavecchia

Website:

### www.gv-ymca.org/location/allentown

Hours: 6:00 AM-8:00 PM, M-F 9:00 AM-1:00 PM, Sat-Sun

The Allentown Branch of the Greater Valley YMCA offers a cardio center, free weights and exercise equipment, pool, childcare including 2, 3 and 5 day options, group exercise classes, adult education classes, racquetball courts, two full-size gymnasiums, and many multi-purpose rooms.

### Lehigh Children's Academy

5910 Hamilton Blvd. Allentown, PA 18106 Phone: 610-841-5801

Fax: 610-841-5805

Contact: Marie Andrew

Email:

director@LehighChildrensAcademy.com Website: www.LehighChildrensAcademy.com

Lehigh Children's Academy is a non-profit early education childcare center that provides quality care and education for children ages six weeks through Kindergarten, and before and after care for school agers through 12 years. We are open Monday through Friday from 6:30am to 6 pm, year-round.

At Lehigh Children's Academy, we focus on building educational and recreational experiences that help promote each child's emotional, social, intellectual, and physical growth and development while also providing for individualization by incorporating the interests of the children.

We work collaboratively with families every step of the way from first feedings to first day of school and beyond. In our inclusive setting, we provide a developmentally appropriate educational environment for your child that accounts for everyone's unique abilities and potential in an accepting, respectful environment.

The mission of Lehigh Children's Academy is:

- To provide quality care and education to children in a safe, caring and developmentally appropriate environment.
- To provide a place for education, play and social engagement that is inclusive of children of all abilities.
- To recognize families as a child's first teachers and the ones who know their children best: and
- To function as a model for best practice in early care and education by meeting and exceeding licensing and quality standards.

### Salvation Army of Allentown

(Hablamos español)

144 North 8th Street Allentown, PA 18101 Phone: 610-432-0129 Contact: Eloitza King

**Camp Ladore:** Overnight camping for children 7-12 yrs. in the Poconos. (5 nights/6 days) Transportation provided. A scenic summer camp with swimming, hiking, crafts, recreation, boating, and camping. Minimal fee.

The After School Program: Monday through Friday 3:00 pm to 6:00 p.m. for ages 7-14 years old with a minimal fee. After school help with homework, reading, Bible study, snacks, dinner twice a week, structured physical education, recreational activities, cooking classes.

**Summer Day Camp Program:** Monday 1:30 p.m. to 3:30 p.m. Tuesday through Friday from 9:00 a.m. to 3:30 p.m. Very low fee for children ages 7-14 years old. Must register in advance. Spots fill guickly!

**Back to School Carnival:** Annual "Back 2 School Carnival" will be held on the last Friday of August. School aged students can attend carnival and receive a free book bag and school supplies for the upcoming school year. Call to verify date and time!

### **Salvation Army of Bethlehem**

521 Pembroke Road Bethlehem, PA 18018 Phone: 610-867-4681

Fax: 610-867-9847

Contact: Jennifer Litzinger

Youth Enrichment Center provides homework help and tutoring services to children ages 6-12.

Children also engage in various activities. Program hours are from 2:30-5:30 p.m. Resident camp one or two weeks in summer. Please call for information.

### **YWCA Bethlehem**

3895 Adler Place, Building A, Suite 180 Bethlehem, PA 18017 Phone: 610-867-4669

Website: www.ywcabethlehem.org

Hours: Monday through Friday 8 am to 5 pm

Operates TechGYRLS STEM: Science, Technology, Engineering & Math (STEM) learning for girls in grades 4th through 8th in BASD schools.

Holds annual Prom Dress Day each March to help girls purchase inexpensive gently used gowns at their Pop-Up Prom Shop.

Affiliated to the national LPGA-USGA Girls Golf program that help little girls dream big and foster confidence on the green and beyond.

Operates Adult Day Services Center for seniors with disabilities and/or dementia to assist family caregivers.

### **School Districts**

# Distritos escolares المناطق التعليمية

### **Allentown Area School District**

31 South Penn Street Allentown, PA 18102 Phone: 484-765-4000

Website: www.allentownsd.org

### **Bangor Area School District**

123 Five Points Richmond Road

Bangor, PA 18013 Phone: 610-588-2163

Website: www.bangor.k12.pa.us

### **Bethlehem Area School District**

1516 Sycamore Street Bethlehem, PA 18017 Phone: 610-861-0500

Website: www.basdschools.org

### **Catasauqua Area School District**

201 North 14th Street Catasauqua, PA 18032 Phone: 610-264-5571

Fax: 610-264-5618

Website: www.cattysd.org

### **Easton Area School District**

1801 Bushkill Drive Easton, PA 18040 Phone: 610-250-2400

Website: www.eastonsd.org

#### **East Penn School District**

800 Pine Street Emmaus, PA, 18049 Phone: 610-966-8300

Website: www.eastpennsd.org

### **Northampton Area School District**

2014 Laubach Avenue Northampton, PA 18067 Phone: 610-262-7811

Fax: 610-262-4398

Website: www.nasdschools.org

Head Start Pre-K, Pre-K Counts

### **Pen Argyl Area School District**

1620 Teels Road Pen Argyl, PA 18072 Phone: 610-863-3191

Fax: 610-863-7040

Website: www.penargylschooldistrict.org

Head Start Pre-K, Pre-K Counts

### Whitehall/Coplay Area School District

2940 MacArthur Road Whitehall, PA 18052 Phone: 610-439-1431

Website: www.whitehallcoplay.org

### Wilson Area School District

2040 Washington Blvd. Easton, PA 18042

Phone: 484-373-6000 Fax: 610-258-6421

Website: www.wilsonareasd.org

### Services for Individuals with Disabilities

Servicios para personas con discapacidad

## خدمات لذوي الاحتياجات الخاصة

## The Arc of Lehigh and Northampton Counties

(In the Lehigh Valley Industrial Park #1 across from the LV Airport)
2289 Avenue A

Bethlehem, PA 18017

Phone: 610-849-8076 or 877-272-0317, toll free

Fax: 610-849-6202

Website: www.arcoflehighnorthampton.org

Contact persons:

Karen L. Shoemaker, Executive Director Patrick Kreshock, Director of Programs Bruce Seidel, Director of Development

Hours: 8:00 AM-5:00 PM, M-F

(varies by program)

Since 1967, The Arc of Lehigh and Northampton Counties has been providing high quality programs and services to more than 1,500 children and adults with intellectual and developmental disabilities and their families in our community on an annual basis. As the Lehigh Valley's only free of charge provider of advocacy services for people with intellectual and developmental disabilities, The Arc provides education advocacy for children and youth, adult advocacy, specialized training for families, and mission-driven community programs that include Wings For All and Infusion of Inclusion/Sprout Film Festival.

In addition, The Arc provides the following programs: SPARC, an adult day program; Family Driven/Family Support Services for both Lehigh and Northampton Counties; The Agency With Choice Program; Include Me, a school based and preschool initiative for students with significant

disabilities; an Evening Recreation Program for adults; and serves as the liaison/coordinator of the Best Buddies clubs for local participating college/university chapters.

### **Department of Labor & Industry**

## Bureau of Blindness and Visual Services

8 W. Market Street, 2nd Floor Wilkes-Barre, PA 18701

Phone: 570-826-2361 or 866-277-4163, toll free TTY: 570-826-2023 or 888-651-6117, toll free

Email: bbvs@pa.gov

### Office of Vocational Rehabilitation

(OVR) (Hablamos español)

45 N. Fourth Street Allentown, PA 18102

Phone: 610-821-6441 or 800-922-9536, toll free

TTY: 888-377-9207, toll free

OVR is a state and federal program that provides social services to children, adults and seniors to include: social workers, low vision evaluations and aids, independent living and mobility training. Assists individuals with disabilities to obtain, maintain and prepare for employment. Services include job training, vocational assessment, vocational counseling, job placement, and on-the-job supports. Transition services for students with disabilities may start as early as age 14. Serves Lehigh, Northampton, Carbon and Monroe Counties.

Department of Labor & Industry Website: www.dli.pa.gov/Individuals/Disability-Services

### **Carbon Lehigh Intermediate Unit #21**

4210 Independence Drive Schnecksville, PA 18078

Phone: 610-769-4111, ext.1256

Fax: 610-769-1098

The Early Intervention (EI) Program of the Carbon Lehigh Intermediate Unit #21 (CLIU #21) is a federal and state public special education service provided to children ages three to five years of age who are experiencing a delay in their development. These children are evaluated and found to be eligible for special education services under the guidelines of the federal Individuals with Disabilities Education Act (IDEA) regulations. The CLIU #21 EI Program, operates under the direction of the PA Office of Child Development and Early Learning (OCDEL).

Early Intervention conducts child find activities to assist in identifying children in need of such services. Staff are made aware of a child who may be eligible for special education EI services through a referral from a person who has regular contact with the child - either a parent, relative, daycare or preschool teacher, physician, or other professional. Once a child is referred a screening occurs. Results of the screening determine the need for, and type of, evaluation that a child may require. If a child is determined to be eligible as a result of the evaluation, he or she will receive services that are both free and appropriate.

### **Clubhouse of Lehigh County**

### A program of Goodwill Keystone Area

1437 W. Gordon St. Allentown, PA 18102 Phone: 610-433-9910 Email: cluboflc@ptd.net

www.clubhouseoflehighcounty.org

The mission of Clubhouse of Lehigh County is to offer persons 18 and older who are living with mental illness a safe and healing environment

wherein each person is given the opportunity to explore their personal and vocational potentials to their fullest and to receive support in achieving their goals. Clubhouse offers employment and educational support and serves as a link to community resources.

Clubhouse now offers a Young Adult Transition program for individuals 18-21 years of age who are currently in school or in a post-secondary educational environment. It focuses on training, educating and supporting their transition into adult mental health resources and educational and vocational opportunities. A Drop-in Center is run out of the same facility for Lehigh County residents 18 years of age and older who have mental health challenges. The drop-in center provides social and educational activities such as self- esteem groups, arts and crafts and outings. Drop-in Center hours are Monday through Friday from 4-7PM and Saturday from 2-8PM. Phone: 610-433-1803

1110116. 010 133 1003

### Colonial Intermediate Unit #20

6 Danforth Drive Easton, PA 18045

Phone: 610-252-5550 Website: **www.ciu20.org** 

Serves Northampton, Monroe and Pike Counties. Preschool (ages 3 to 5) child evaluation, education, and therapy. Provides transportation. Also runs Colonial Academy, an alternative education program to public school, with partial hospitalization, emotional support service.

### **Easterseals Eastern Pennsylvania**

1501 Lehigh Street, Suite 201

Allentown, PA 18103

Phone: 610-289-0114, ext. 201

Fax: 610-289-4282 Contact: Jill Glose

Email: jglose@esep.org

Website: www.easterseals.com/esep

Hours: 8:00 AM-4:30 PM, M-F

Easterseals Eastern Pennsylvania is a premier provider of Early Intervention services for children from birth to age three, including physical therapy, occupational therapy, speech and vision therapy, and special instruction. Our services are designed to promote child development while coaching parents and caregivers on how to build on their child's strengths. We offer a free, easy online tool for parents to measure and keep track of their child's developmental milestones through our Make the First Five Count program. We provide a referral-based Autism Diagnostic Clinic and free ABA Therapy Coaching for parents of children with autism. Summer camps, community supports/habilitation and employment preparation programs are available for children, teens and adults. At Easterseals, we have expertise serving individuals with a widerange of physical and cognitive disabilities, autism and other social, sensory and developmental delays. Our mission is to create life-changing solutions for individuals with disabilities and their families in their community by increasing independence, maximizing opportunities, minimizing barriers and enhancing quality of life.

### **Good Shepherd**

1651 North Cedar Crest Blvd., Suite 100 Allentown, PA 18104 Phone: 484-788-0701

24-hour hotline: 1-888-44-REHAB

A variety of medical evaluations and therapy services for those with physical or mental disability. A referral from a doctor or other agency is needed for care.

### **Hope House**

3606 Hecktown Road Bethlehem, PA 18020 Phone: 610-882-2008

Fax: 610-882-2009

Email: hopehouse@rhd.org

Website: www.rhd.org/program/hope-house

RHD Hope House provides short-term residential services for adults in psychiatric crisis. We offer a safe and supportive environment for people who need a place to stay until they stabilize and can safely return to the community.

Hope House services are a safe and costeffective alternative to hospitalization and are available to adults, 18 years of age and over, who reside in Northampton, Lehigh, and surrounding counties. Referrals must be submitted by a mental health professional. Services we offer include, but are not limited to:

- 24 Hour Crisis Intervention
- Individual & Group Counseling
- Psychiatric Treatment
- Medication Monitoring
- Case Management
- Psycho-Education
- Mental Health Recovery

Hope House is licensed by the Commonwealth of Pennsylvania and is primarily funded through contracts with Magellan Behavioral Health, Northampton County MH/MR and Lehigh County MH/MR.

# Lehigh Valley Center for Independent Living (LVCIL)

713 N. 13th Street
Allentown, PA 18102
Phone: 610-770-9781
Fax: 610-770-9801
Email: info@lvcil.org
Website: www.lvcil.org

Hours: 8:00 AM-4:00 PM, M-F

LVCIL provides services to persons with all types of disabilities in Lehigh & Northampton counties. We provide five Core Services of Peer Support, Independent Living Skills, Individual/Systems Advocacy, Information & Referral and Transition Services (both Youth

Transition and Nursing Home Transition). We are a TechOwl Assistive Technology Resource Center and may be able to help families learn about or borrow Assistive Technology. LVCIL provides ADA Accessibility Site Surveys and ADA Education as well. We may also be able to help you get information on funding technology needs. Additionally, LVCIL provides Specialized Housing Search Assistance & Housing Counseling and operated a 24/7 Sign Language Interpreter Referral Service. We are a leader in Transition Services and Employment Services for youth with disabilities. LVCIL offers numerous social groups for youth and adults with disabilities. We also provide Supports Coordination in the Adult Autism Waiver. Please call us, email our info line or visit our website.

### Merakey (Hablamos español)

3864 Adler Place Suite 100 Bethlehem, PA 18017

Phone: 610-866-8331 Contact: Elizabeth Keating Email: Ekeating@merakey.org

Website: www.merakey.org

Hours: 8:30 AM-4:30 PM, M-F

Programs include: Blended Case Management, Family Based Mental Health Services, Therapeutic Foster Care, and Residential Treatment Facilities. Accepts only MA for mental health services through Magellan. Accepts referrals and payment from both counties.

### **Mercy Special Learning Center**

830 South Woodward Street Allentown, PA 18103 Phone: 610-797-8242

Contact Mrs. Beth Grys, Principal Email: learning@mercyschool.org
Website: www.mercyschool.org

Accredited day school for mentally handicapped individuals, age infant to 21. Now also state

licensed for over 21 yr. old program services: education and safe adult day care.

### Northampton County Mental Health, Early Intervention and Developmental Programs

2801 Emrick Blvd. Bethlehem, PA 18020

Inquiry's and Referrals: 610-829-4800

Website: www.northamptoncounty.org/hs/dp

Northampton County's Mental Health, Early Intervention, and Developmental Programs serves Northampton County consumers as 3 separate programs. The Mental Health unit serves adults/children and adolescence who have been diagnosed with a mental health diagnosis. The Mental Health unit provides services and supports for consumers who reside in the community, shelters, residential homes, etc. They assist with Medical Assistance, housing, treatment, and Mental Health Court involvement.

The Developmental Program, in cooperation with the Commonwealth Office of Developmental Programs, coordinates services to county residents of all ages who are diagnosed with an Intellectual Disabilities, developmental delays, and/or Autism Spectrum Disorder. Services provide support to those consumers residing in the community, residential homes, and independent living.

The Early Intervention program provides evaluation and services for children birth to three years old who exhibit a developmental delay, or has a diagnosis with a high probability of developmental delays. The Early Intervention program provides services in the child's home, childcare center or any other natural setting the child is in. They also assist families to access the community services and supports in their local area such as medical assistances, CHIP health care, childcare services, private therapy if needed, and local support groups. All 3

programs are actively engaged in the Community and will provide the supports and services to the most vulnerable populations.

### **Parent to Parent of Pennsylvania**

6340 Flank Drive Harrisburg, PA 17112 1-888-727-2706 or 717-540-4722

Fax: 717-657-5895

Contact: Fiona Patrick, Program Director

Email: fpatrick@pattan.net

Website: www.parenttoparent.org

Monday- Friday 8:00 a.m.- 4:00 p.m.

Parent to Parent of Pennsylvania links families of children or adults with a disability or special need to a Peer Supporter (mentor) for purposes of emotional support and information. We can "match" families together for the same condition or concern as their own child such as physical disabilities, developmental disabilities, special health care needs, behavioral/mental health concerns, foster care or adoption or educational issues. Parent to Parent of Pennsylvania is a statewide organization and has nine additional offices located across the Commonwealth.

### **Sights for Hope**

845 W. Wyoming Street Allentown, PA 18103 Phone: 610-433-6018

Fax: 610-433-4856

Website: www.sightsforhope.org

Hours: 8:30 AM-4:30 PM, M-F

Services for people who are blind or visually impaired, including casework, transportation, support groups, educational programs, recreation, low vision clinic, store for magnifiers and aids. Free eye screenings and eye safety educational programs for preschool children at preschools, day care centers, and community sites and for adults. Serving Lehigh, Monroe and Northampton counties.

### Step By Step, Inc. (Hablamos español)

### **Lehigh Valley Region**

623 West Union Blvd. Bethlehem, PA 18018 Phone: 610-867-0688

### **Cross Valley Commons**

744 Kidder Street

Wilkes Barre, PA 18701 Phone: 570-829-3477

Website: www.stepbystepusa.com

Services: Intensive case management and supportive living services for mentally ill and developmentally disabled consumers and counseling for MH and MR clients. Residential living options

### VIA of the Lehigh Valley, Inc.

336 West Spruce Street Bethlehem, PA 18018 Phone: 610-317-8000

Contact: Kim Tracy, ext. 461 Email: k.tracy@vianet.org Website: www.ViaNet.org

Via of the Lehigh Valley is a nonprofit agency that provides children and adults with developmental and intellectual disabilities living in Lehigh, Northampton, Carbon, Monroe, Bucks, and Berks counties. These services include vocational exploration, employment, educational activities, volunteer and recreational opportunities for teens and adults, and early intervention therapies and inclusive education for young children.

**Early Intervention:** Via provides Speech, Physical and Occupational Therapies, as well as Special Instruction for children from birth through the first three years, addressing individual disabilities and delays, both in-home and in care settings. We respect and build on the family's strengths, values, diversity and competencies. Caregivers are included in the

teaching process so therapy can continue across the child's daily routines.

Lehigh Children's Academy: Lehigh Children's Academy provides quality care and education for children ages six weeks through Kindergarten, and before- and after-care for school ages through 12 years. We focus on creating learning opportunities through educational and recreational experiences that promote all areas of a child's growth and development. We work collaboratively with families every step of the way, from first feedings, to the first day of school and beyond. In our inclusive setting, we provide a developmentally appropriate educational environment for every young child that accounts for each individual's unique abilities and potential in an accepting, respectful climate.

**Teen Experience:** Held during summer and winter break, Teen Experience includes job shadowing, career counseling, volunteering, and recreational and team-building activities. With the help of Via staff, teens develop life skills to plan their futures and gain independence upon graduation while having fun during school breaks.

**School-to-Work Transition Services:** Via works with students, in partnership with their school districts and the Office of Vocational Rehabilitation, to create an employment plan and explore careers of interest. Pre- Employment Transition Services are also available under this service.

**Community Employment:** Via helps adults with disabilities work in integrated, competitive employment settings within their community, while providing ongoing support to ensure job stability.

**ViaWorks Small Group Employment:** ViaWorks helps people with disabilities enter the work force, be a part of the community and earn a paycheck. ViaWorks teams work on site at local companies, providing contract services for local

employers. This service teaches job skills in a supportive, hands-on environment.

Via Business & Industrial Services: For almost 60 years, Via has specialized in contract packaging and assembly work, providing consistent high-quality work for businesses. Staff help provide a safe and productive environment for individuals to enhance skills and gain work experience.

Community Connections: Via connects people to their community through volunteer, recreational, social, and educational activities. Participants take an active role in planning their schedules and developing goals and objectives for each activity. Staff educate participants on a variety of life skills, such as the use of public transportation, understanding housing options, and the importance of money management.

**Autism Services:** Via provides adults on the autism spectrum with resources to connect with each other and community resources to explore their talents and potential. Vocational, educational, and recreational services are available.

**Behavioral Supports:** Behavioral Support Services promote the growth, development, and independence of individuals with disabilities who experience behavior challenges. Our Masterslevel staff work with a person's natural support system and caregivers to develop a behavioral support plan.

### **Creative Expressions - Adult Training**

**Services:** This service supports growth through artistic self- expression. Individuals engage their local community through visits to artist studios, museums, galleries, schools and cultural events. While at our facility, we focus on art projects, wellness, culinary skills and working to achieve independence and improve self-awareness

## **Support Groups**

Grupos de apoyo مجمو عات الدعم

### Alcoholics Anonymous in the Lehigh Valley

Helpline: 610-882-0558 Website: **www.aalv.org** 

### **American Cancer Society**

Helpline: 800-227-2345

Website:

www.cancer.org/aboutus/local/pennsylvania.html

Information and resources in PA

### **Bethlehem Hope Center**

Helpline: 484-788-3665

Website: www.treatmenttrends.org/hopecenter

Various support groups offered

### The Compassionate Friends

Helpline: 610-837-7924

Website: www.lehighvalleytcf.org

Cherryville: 484-891-0823 Easton: 610-515-3526

Bereaved Parent Support Group: for parents who

have suffered the loss of a child

# Crime Victim's Council of the Lehigh Valley

24 hr Hotline: 610-437-6611

Allentown: 610-437-6610 Bethlehem: 610-849-2446

Website: www.cvclv.org/individual-group-

counseling

Various support groups offered

### **Crisis in the Lehigh Valley Area**

Suicide Prevention Lifeline: 800-273-8255 Lehigh Country Crisis: 610-782-3127

Northampton Country Crisis: 610-252-9060

Carbon/Monroe/Pike: 570-421-2901

24/7 24/7 Crisis support

### **Haven House**

Phone: 610-433-6181

Website:

www.haven-house.com/mental-healthservices

Various support groups offered

### **Lehigh Valley Health Network**

Phone: 888-402-LVHN (5846)

Postpartum Emotions Support Group at Cedar

Crest

# National Alliance on Mental Illness (NAMI)

Phone: 610-882-2102

Website: www.nami-lv.org

Lehigh Valley Family and Peer Support Group

### Narcotics Anonymous in the Lehigh Valley

Allentown: 610-439-1998

Website: www.littleapplena.com

Visit **www.na.org/meetingsearch** to locate helplines and websites for local groups near you

who can assist you in finding a meeting.

# Pediatric Cancer Foundation of the Lehigh Valley

Phone: 484-221-9294 Website: **www.pcflv.org** 

PCFLV is exclusively for pediatric cancer families

in the Lehigh Valley

### **Project Child**

1520 Hanover Avenue Allentown, PA 18109 Phone: 610-437-6000

Project Child - Promoting Healthy Families, Preventing Child Abuse. Project Child provides parent education, professional development, parent support and specialized programs in order to prevent child abuse and neglect and child safety. Project Child's services are designed for parents, professionals and para-professionals in the community. Project Child offers ongoing weekly parenting classes which are open to all. Call for dates and times.

### St. Luke's Baby & Me Support Center

Helpline: 484-526-BABY (2229)

Breast Feeding & Postpartum Depression

**Support Groups** 

### **Survivors of Homicide Support Group**

Phone: 610-437-6610

# **Survivors of Suicide Loss Support Group**

Phone: 484-330-0912

### **Turning Point of Lehigh Valley**

Helpline: 610-437-3369

Website: www.turningpointlv.org

Survivors of Domestic Violence Empowerment

Support Group

## **Thrift Shops**

# Tiendas de segunda mano متاجر البضائع المستعملة

### **American Family Services**

1025 MacArthur Road Whitehall, PA 18052 Phone: 610-351-3069

541 Milford Street Easton, PA 18042 Phone: 610-253-1290

1804 Leithsville Road Hellertown, PA 18055 Phone: 610-838-0667

# Better Buy Thrift Shop at the Cathedral Church of the Nativity

321 Wyandotte Street Bethlehem, PA 18015 Phone: 610-867-6764 Contact: Connie Gilbert

Wednesday, Thursday, Friday 10:00 AM-2:00 PM Saturday 10:00 AM-1:00 PM

Thrift Shop for low/reduced cost clothing. We also sell housewares, toys and books. No furniture.

### **Catasauqua Community Thrift Shop**

113 Bridge Street Catasauqua, PA 18032 Phone: 610-266-0694

Hours: Mon., Tue., Thu., Fri. 10:00 AM-4:00 PM,

Sat. and Wed. 10:00 AM-1:00 PM

Small, run by volunteers. This thrift shop helps support the community, through the food bank, schools, library, scouts programs, and YMCA in Catasauqua. They have children's and adult clothing and small housewares items. Children's

are 50¢ -\$1.00. They will give vouchers for clothing in special circumstances; individuals must be referred by local church ministers, pastors, etc.

# **Goodwill Industries of Mid-Eastern Pennsylvania Thrift Stores**

### **Store and Donation Locations**

4634 Broadway (by Tilghman 8 Cinema) Allentown, PA 18104 Phone: 610-391-9760

Hours: Mon-Sat 9:30 AM-9:00 PM, Sunday 12:00 PM-5:00 PM

3926 Nazareth Pike Bethlehem, PA 18020 Phone: 610-866-1778

Hours: Mon-Sat 9:00 AM-9:00 PM, Sunday 12:00 PM-5:00 PM

7720 Main St Fogelsville, PA 18051 Phone: 610-398-2042

Hours: Mon-Sat 9:00 AM-9:00 PM, Sunday 12:00 PM-5:00 PM

These sites have clothing, household items and furniture.

## **Transportation**

Trasnportación المو اصلات

# Lehigh & Northampton Transportation Authority (LANTA)

Route Information 1060 Lehigh Street Allentown, PA 18103 610-776-7433

Route Information 3610 Nicholas Street Easton, PA 18042 610-776-7433

Email: customerservice@lantabus.com

Website: www.lantabus.com

Hours: 8:00 AM-4:30 PM, M-F

LANTA manages fixed-route bus and door-to-door van transportation services within and between Carbon, Lehigh and Northampton PA counties. More than 16,000 passengers use the transit system in the Lehigh Valley.

The majority of service is concentrated in the cities of Allentown, Bethlehem and Easton but service is available in all municipalities in the three Counties. Service operates 7 days a week approximately 18 hours per day.

All major businesses, shopping centers, colleges and universities, schools, hospitals, medical centers and government buildings are directly served.

### **Another car resource:**

If you are on public assistance ("cash," TANF) or were on it and need a used car, or to repair your car for work, call your former TANF caseworker to ask about their car or car repair assistance.

## Voting

### Votación

## التصويت

### **League of Women Voters**

### **Lehigh County**

P.O. Box 3275

Allentown, PA 18106

Phone: 610-432-1456

E-mail: email@lwvlehighcounty.org Website: www.lwvlehighcounty.org

### **Northampton County**

P.O. Box 523

Bethlehem, PA 18016 Phone: 610-252-1339

E-mail: lwvnorthco@yahoo.com Website: www.lwvnorthco.org

Non-partisan information on elections, issues and candidates. Visit website for more information, events and voting tools.

### **Voters' Registration Office**

### **Lehigh County Office**

17th South Seventh Street Allentown, PA 18101-2400

Phone: 610-782-3194 Fax 610-770-3845

#### Website:

## www.lehighcounty.org/Departments/Voter-registration

Hours: 8:00 AM-4:30 PM, M-F

### **Northampton County Office**

669 Washington St. Lower Level

Easton, PA 18042 Phone: 610-829-6260

#### Website:

## www.northamptoncounty.org/CTYADMN/ELE CTNS/Pages/VoterRegInfo.aspx

Hours: 8:30 AM-4:30 PM, M-F

Register to vote and get information on where to vote and your elected representatives.

**Note:** In general, you need to register a month before an election in order to vote in it. Call for information on dates/deadlines.

## **Alphabetical Index**

A Clean Slate (Slate Belt Recovery Center)6	1 American Family Services12
A Plus Family Dental Care9	American Family Services Day Care1
A Plus Pediatrics8	7 American Heart Association and
ABA Support Services1	2 American Stroke Association9
ABW St. Luke's Pediatrics – Bath8	American Lung Association in Pennsylvania9
ABW St. Luke's Pediatrics – Bethlehem7	American Red Cross
ABW St. Luke's Pediatrics – Wind Gap8	Pennsylvania Rivers Chapter43,5
Access Services12, 2	Animal Food Bank of the Lehigh Valley4
Adam G. Bernhardt, Jr. D.M.D8	Angello Sharkey & Kokosky
Advance Family Eye Care7	Vision Care Specialists8 4
Advance Smile Dental Creator, LLC7	Ann Friedenheim, M.S., L.P.C
Advanced & Comfort Dentistry9	Arc of Lehigh and Northampton Counties (The) 11
Aidsnet	Assali Family Dental Care7
Al-Anon Family Groups6	Assurance Wireless5
Alcoholics Anonymous Support Groups	Asthma and Allergy Foundation
Alcoholics Anonymous in the Lehigh Valley12	
Allentown Area School District11	
Allentown Asthma and Allergy7	•
Allentown Comprehensive Treatment5	_
Allentown Emergency Information6	
Allentown Family Practice7	
Allentown Health Bureau70, 92, 10	
Allentown Housing Authority4	•
Allentown Kids Care7	
Allentown Parks and Recreation11	
Allentown Pediatric Dental Associates7	
Allentown Public Library10	·
Allentown Rescue Mission3	
Allentown Vision Center7.	
Allentown Women's Center9	·
Alliance for Building Communities9	
American Cancer Society12	

Bethlehem Health Bureau77, 79, 92, 108	Casa Guadalupe Center52, 67, 114
Bethlehem Hope Center61, 124	Casa Jeanette1
Bethlehem Housing Rehabilitation Program44	Casa Jeanette – Food Pantry46
Bethlehem Housing Authority44	Casa Jeanette Christian Daycare16
Bethlehem Pediatric Dental Associates79	Catasauqua Area School District117
Bethlehem Recreation Bureau112	Catasauqua Community Thrift Shop126
Bethlehem Townhouse I47	Catholic Charities16, 28, 44, 102, 108
Better Buy Thrift Shop at the	Cay Galgon Life House35, 108
Cathedral Church of the Nativity52, 126	Cedar Creek Dental72
Big Brothers/Big Sisters of Lehigh Valley, Inc15	Center for Allergy and Asthma Care, LLC75
Blue Mountain Health System11, 95	Center for Humanistic Change 1, 16, 28, 59
Blue Mountain Health System Hospital95	Central Moravian Church – Food Pantry47
Blue Mountain Pediatrics85	Child Care Concerns/Complaints/
Blooming Lives Wellness Program at	Day Care Certifications100
Casa Guadalupe Center52	Childline and Abuse Registry16, 100
Boys & Girls Club of Allentown113	Children's Dental Health Associates83
Boys & Girls Club of Bethlehem113	Children's Dental Health of Limerick90
Boys & Girls Club of Easton113	Children's Health Care70
BPAIR (Bethlehem Police Assisting in Recovery)61	Children's Health Insurance Program (CHIP)69
Bright Creations Learning Center15	Children's Surgical Center79
Bright Hope Pregnancy Support Ctrs76, 85, 95, 108	Choice Food Pantry/ New Bethany Ministries47
Broad Street Dental Associates79	Christ Church UCC of Bath51
Broadway Family Dentistry79	Christ Church UCC of Bethlehem51
Brodheadsville Office85	Christian Evangelical Arabic Church46
Bureau of Blindness and Visual Services118	City of Allentown Bureau of Building
Calvary Baptist – Food Pantry47	Standards and Safety43
Camelot for Children16	City of Easton Department of Planning and Codes44
Cancer Support Community of the	Clubhouse of Lehigh County119
Greater Lehigh Valley95	Cocaine Anonymous100
Car Seat Loan Program11	Colonial Intermediate Unit #2012, 119
Carbon Lehigh Intermediate Unit #2112, 92, 119	Community Action Development – Allentown 2, 9
Care Net of the Lehigh Valley80	Community Action Development – Bethlehem2
Career Institute of Technology1	Community Action of the Lehigh Valley44, 53, 98
CareerLink Lehigh Valley1, 65	Community Bike Works114
Caring Place (The)113	Community Counseling Services28

Community Services for Children, Inc11, 17	Dr. Johnnie Willis, M.D81
Community Solutions, Inc16, 28	Dr. Karen Patenaude73
Compassionate Friends (The)124	Dr. Maheshwer Verma82
Complete Dental of Easton83	Dr. Michael E. Kun, DMD91
Concern12, 17	Dr. Michael Taras73
Concilio Pentecostal Church of the Truth47	Dr. Miriam Sternberg84
Concordia Lutheran Church – Food Pantry47	Dr. Nancy Perez – Dr. Patricia Seyer74
Conference Daybreak Shelter (The)51	Dr. Sally Haggerty77
Congress9	Dr. Steven Saffren – Dr. Don Gibson84
Cops 'n' Kids Reading Room – Bethlehem18	Dr. Talal Noumeh – East Side Family Dentistry73
Cressman and Yablonski, LLP88	Early Childhood Learning and Knowledge Center 107
Crime Victim's Council	Early Learning Resource Center (ELRC)14
of the Lehigh Valley29, 100, 124	East Penn School District2, 40, 117
Crisis in the Lehigh Valley Area100, 124	Easterseals Eastern Pennsylvania119
Crisis Intervention29	Easton Area Community Center114
Customer Assistance Program (CAP)54	Easton Area Family Medicine Associates82
Daybreak 57	Easton Area School District117
Dental Dreams72	Easton Bright Smiles84
Designing Smiles – Dr. James Tynecki72	Easton Family Dental84
Diakon Adoption and Foster Care18	Easton Emergency Information64
Domestic Relations102	Easton Family Practice82
Domestic Violence Victims' Aid100	Easton Housing Authority44
Dr. Binae Karpo OD74	Easton Medical Associates – Easton Hospital
Dr. Boosara Ratahawongsa80	at Park Plaza82
Dr. Craig Sabre86	Easton Public Library106
Dr. David Zambo86	Easton Recreation Bureau114
Dr. Eugene McGuire, DDS73	Easton St. Vincent De Paul Society49
Dr. Fadi Karam D.D.S84	Ebenezer New Reformed Church47
Dr. Gabrielle Schoeppner84	Education for Children and Youth Experiencing
Dr. H.C. Lee – Pediatrician82	Homelessness Program Regional Sites41
Dr. Hassan Bozorgnia77	Education Law Center 102
Dr. Jeannine Wyke Pediatric Dentistry80	Educational Opportunity Centers (EOC), Inc 2
Dr. John Kim, MD85	ELRC Region 14 Offices14
Dr. John Scaffidi76, 81	Employment Advancement and Retention Network (EARN)2

Evangelical Wesleyan – Food Pantry46	Healthy Beginnings Plus69
Everlasting Life Ministries46, 51, 52, 95	Hellertown Dental Group90
Fabey Dental – Mark J. Fabey, D.M.D84	Hispanic American Organization3, 30, 45, 59, 65
Fairmont Dental Associates73	Hispanic Center Lehigh Valley3, 65, 95
Families First18	Hispanic Center Lehigh Valley –
Family and Cosmetic Dental Care80, 90	Food Pantry Program48
Family Connection of Easton18	Hogar Crea of Pennsylvania61
Family Dental Services73	Holcomb Behavioral Health Systems12, 30, 75
Family Dentistry73	Holy Bethel Pentecostal – Food Pantry48
Family Lending Libraries American –	Holy Temple of Easton49
Family Services Foundation	HOPE at St. Luke's Hospital96
Fannie Mae98	Hope House30, 120
Fathers House (The)49	Hope UCC – Food Pantry50
Federal Benefits107	Hospitality House (The) – The Salvation Army36
Ferry Street Apartments36	Housing Association and Development Corp.
FHA Mortgage Assistance98	(HADC)99
Fund to Benefit Children and Youth (The)52	HUD – Housing Discrimination Hotline99
Gentle Family Dentistry & Implant Center80	Joanne T. Nigito-Raftas, MS, LPC31
Gentle Smiles of Wind Gap92	Job Corps3
Glen Koch & Associates12	Keystone Dentistry80, 86
Good Shepherd120	KidsPeace and Orchard Behavioral Health 19, 31
Good Shepherd Rehabilitation Center75	KidsPeace Children's Hospital12
Good Shepherd Rehabilitation Hospital	League of Women Voters9, 128
Pediatric Unit81	Lehigh & Northampton
Goodwill Industries of Mid-Eastern Pennsylvania	Transportation Authority (LANTA)127
Thrift Stores	Lehigh Carbon Community College3
Greater Lehigh Family Medicine77	Lehigh Career & Technical Institute4
Greater Shiloh51	Lehigh Children's Academy20, 24, 115, 123
Greater Valley YMCA – Allentown Branch 115	Lehigh Conference of Churches36, 56, 110
Grupo de Apoyo e Integración	Lehigh County Office of Children and Youth20
Hispanoamericano	Lehigh County Assistance Office –
Habitat for Humanity of the Lehigh Valley99	Department of Human Services55, 69, 111
Hanover Family Medical Group70	Lehigh County Court of Common Pleas103
Haven House29, 124	Lehigh County Crisis59
Head Start and Early Head Start	Lehigh County Drug and Alcohol59
of the Lehigh Valley17, 107	

Lehigh County Housing Authority and	LVPG Family Medicine – Easton Ave77
Valley Housing Development Corp45	LVPG Family Medicine – Emmaus87
Lehigh County Information and Referral31	LVPG Family Medicine – Hamilton Blvd70
Lehigh County Integrated Services31	LVPG Family Medicine – Hellertown87
Lehigh County State Health Center89, 93	LVPG Family Medicine – Laurys Station87
Lehigh Eye Specialists75	LVPG Family Medicine – Macungie86
Lehigh Valley Breastfeeding Coalition20, 109	LVPG Family Medicine – Trexlertown88
Lehigh Valley Center for Independent Living	LVPG Family Medicine – Easton Avenue77
(LVCIL)120	LVPG Internal Medicine – Muhlenberg78
Lehigh Valley Center for Sight75, 84	LVPG Internal Medicine – W Broad St78
Lehigh Valley Drug and Alcohol Intake Unit62	LVPG Maternal Fetal Medicine76
Lehigh Valley Eye Center81	LVPG Nazareth Primary Care86
Lehigh Valley Family Practice Associates, LLP77	LVPG Obstetrics and Gynecology – 17th St76
Lehigh Valley Health Network 11, 20, 64, 109, 124	LVPG Obstetrics and Gynecology – Pond Rd76
Lehigh Valley Hospital – 17th Street64, 96	LVPG Obstetrics and Gynecology –
Lehigh Valley Hospital – Cedar Crest64	Valley Center Parkway81
Lehigh Valley Hospital – Muhlenberg 64	LVPG Obstetrics and Gynecology – West Broad81
Lehigh Valley Hospital – Muhlenberg	LVPG Pediatric Specialty Center75
Dental Clinic	LVPG Pediatrics – Center Valley86
Lehigh Valley Hospital Dental Clinic – 17th Street 73	LVPG Pediatrics – Fogelsville71, 87
Lehigh Valley Outreach Depot53	LVPG Pediatrics – Laurys Station87
Lehigh Valley Pediatric Dentistry80	LVPG Pediatrics – Madison Farms82
Lehigh Valley Pediatrics70, 77	LVPG Pediatrics – Palmer Township82
Lehigh Valley Women's Medical Specialties, P.C 76	LVPG Pediatrics – Pond Rd71
Lehighton Family Dentistry90	LVPG Pediatrics – Trexlertown88
Life Choices11, 109	LVPG Pediatrics – West Broad78
Literacy Center (The)4	MacArthur Dental PC91
Low Income Home Energy Assistance Program (LIHEAP)54	Malvern Community Health Services13, 21
LVH – Pocono Valerie M. Hodge Memorial	Maple Tree Dental84
Pediatric Dental Center	March of Dimes Foundation96
LVH Cedar Crest NICU70	Marvine Family & Community Center21
LVHN Comprehensive Health Services96	Maternal & Family Services – Monroe County88
LVPG Family and Internal Medicine – Bath86	Maternal and Family Health Services, Easton WIC52
LVPG Family Medicine – Cedar Crest Blvd70	Maternal and Family Health Services:
I VPG Family Medicine – Cetronia Rd 71	Lehigh Valley WIC Clinic21, 52

Medical Assistance	69	Neighborhood Housing Services
Medicine Assistance Tool	110	of Greater Berks, Inc99
Medoptic "See for Less"	81	NeurAbilities Healthcare13
Merakey	121	New Bethany Ministries36
Mercy Special Learning Center	121	New Bethany Ministries –
MFHS Lehigh Valley Center – Liberty Plaza	72	Mollard Hospitality Center48, 51
Mid-Atlantic Rehabilitation Services (MARS)	61	New Choices Program  Northampton Community College4
Monocacy Counseling Associates	31	New Directions Treatment Services and
Moorestown Family Medicine	86	Cedar Point Family Services
Moravian Food Bank	48	New Jerusalem Lutheran Church48
My Eye Dr – Whitehall	89	New Vitae, Inc32
Naranon	63	NHCLV – Allentown Health Center67
Narcotics Anonymous in the Lehigh Valley	124	NHCLV – Easton Health Center68
Narcotics Anonymous Support Groups	63	NHCLV – Northside Bethlehem Health Center67
National Alliance on Mental Illness		NHCLV – Southside Bethlehem Health Center67
(NAMI)63,	124	North Penn Legal Services Lehigh Valley Office 103
National Center for Homeless Education Initiatives	20	North Whitehall Family Practice89
National Head Start Association10,		Northampton Area Food Bank50
National Parent Helpline		Northampton Area School District117
National Problem Gambling Hotline		Northampton Community College
National Suicide Prevention –	100	Center for College and Career Readiness4
Crisis Intervention Lifeline	100	Northampton County Housing Authority45
Nazareth Area Food Bank	50	Northampton County Assistance Office –
Nehemiah House (The)36	5, 63	Department of Human Services56, 111  Northampton County Children,
Neighborhood Center –		Youth and Families22
RoofOver Family Shelter	36	Northampton County Court of Common Pleas 103
Neighborhood Center (The)21, 45, 49	), 54	Northampton County Crisis62
Neighborhood Health Centers of the		Northampton County Drug and Alcohol Division62
Lehigh Valley – Allentown Health Center60	), 71	Northampton County Intake and Referral Line32
Neighborhood Health Centers of the Lehigh Valley – Easton Health Center	8.4	Northampton County Mental Health, Early
		Intervention and Developmental Programs121
Neighborhood Health Centers of the Lehigh Valley Fowler Family Center at Donegan		Northampton County State Health Center –
Neighborhood Health Centers of the Lehigh Valle		PA Dept. Of Health82
Southside Bethlehem Health Center	, 78	Northampton Medical Associates87

Northeast Community Center – Food Pantry48	
Northeast Pediatrics, LLC-LVHN86	
Northeast Treatment Centers, Inc62	
Northwestern Medical Center87	
Office of the Attorney General26	
Office of Vocational Rehabilitation (OVR)5, 65, 118	
Oxford House63	
PA 21139, 101	
PA Get Help Now59	
PA Hunger Action51	
PA Representatives8	
Pacifico Dental Care90	
Palmer Family Eye Care85	
Palmer Family Practice82	
Palmer Pediatrics82	
Palmer Smile Design84	
Parent to Parent of Pennsylvania122	
ParentChild+ Program23	
Parkview Dentistry80	
Pathways Housing Services At Dubbs37	
Patient First – Allentown71	
Patient First – Easton82	
PCCT Pen Argyl50	
Pearle Vision81	
Pediatric Cancer Foundation of the Lehigh Valley125	
Pediatric Dentistry73	
Pediatric Medical Center of Lehigh Valley Inc 83	
Pediatric Neurology of LV76	
Pellegrino Cosmetic & Family Dentistry	
Pen Argyl Area School District117	
Penn Dental90	
Penn Foundation13	
Penn State Extension – Lehigh County5, 26	

Pennsylvania Avenue Interfaith Food Pantry (The)40
Pennsylvania Department of Health93
Pennsylvania Head Start Association (PHSA) 10, 10
Pennsylvania Higher Education Assistance Agency (PHEAA)
Pennsylvania Human Relations Commission66
Pennsylvania Mentor13, 32
Pennsylvania Public Utility Commission54
Pennsylvania State Tax Info Line 10
Perfect Fit for Working Women (The)53
Pinebrook Family Answers – Unconditional Child Care22
Planned Parenthood Keystone68
PMC Physician Associates Pocono Kids88
Pocono Adult & Pediatric Medical Group88
Pocono Dental Associates9
Pocono Kids Pediatrics88
Poison Control Hotline10
Poison Information Center64
PPL Cares Program54
PPL Wrap Program54
Predatory Lending Hotline 10
Pre-K for PA10
Private Industry Council of Lehigh Valley, Inc. – Supported Employment Program66
Professional Dental Associates9
Project Child23, 12
ProJeCt of Easton
ProJeCt of Easton – Interfaith Food Pantry49
ProJeCt of Easton – SIZZLE!® Summer Reading Program2
Project of Easton – Assist Program 56, 110
Promise Neighborhoods of the Lehigh Valley10
Public Defender's Office of Lehigh County 103

Public Defender's Office	SS Simon & Jude48
of Northampton County 104	St Luke's Anderson Campus83
Pyramid Healthcare, Inc. – Allentown60	St Luke's Primary Care – Easton78
Recovery Revolution, Inc60	St. Elizabeth St. – St. Joseph50
ReDCo Group (The)13	St. Luke's Allentown Pediatrics71
Rising Tide Community Loan Fund6	St. Luke's Anderson Pediatrics83
Risley Dental Practice73	St. Luke's Baby & Me Support Center109, 125
River of Life Presbyterian Church49, 53	St. Luke's Bethlehem Internal Medicine78
Rose Dental Center84	St. Luke's Bushkill Family Practice89
Rural Development Single Family Housing Programs99	St. Luke's Caring for Women85
Safe Harbor Easton37, 50	St. Luke's Cedar Point Primary Care71
	St. Luke's Children's Choice Pediatrics79
Safe Harbor Easton – Warming Winter Shelter Site39	St. Luke's Christmas City OB/GYN81
SafeLink55	St. Luke's Community Health Line93
Salisbury Behavioral Health, Inc33	St. Luke's Coopersburg Pediatrics86
Salvation Army – Allentown47, 53, 55, 57, 110, 115	St. Luke's Dental Van93
Salvation Army – Bethlehem23, 48, 55, 57, 110, 116	St. Luke's Family Medicine – Nazareth87
Salvation Army – Easton 50, 55, 57	St. Luke's Family Practice – Palmer83
Salvation Army – Pen Argyl50	St. Luke's Family Practice – Walnutport89
SAMHSA Helpline63	St. Luke's Family Practice – Wind Gap89
Scott A. Gradwell, DMD FAGC74	St. Luke's Hospital – Allentown64, 72
Second Baptist Church – Food Pantry48	St. Luke's Hospital – Anderson Campus 64, 83
Second Harvest of the Lehigh Valley51, 46	St. Luke's Hospital – Easton Campus 64, 83
Serenity Advanced Dentistry91	St. Luke's Hospital – Parenting Classes23
Sights for Hope75, 97, 122	St. Luke's Hospital – Warren Campus64
Siri Family & Cosmetic Dentistry74	St. Luke's Kids Care – Easton83
Sixth Street Shelter37	St. Luke's Lehigh Primary Care71, 87
Sixth Street Shelter – Adult Health Clinic68	St. Luke's Maternal Fetal Medicine78, 82
Slate Belt Family Practice89	St. Luke's Northern – Valley Primary Care86
Smile Krafters Dentists74	St. Luke's Nurse – Family Partnership23
Smiles for Keeps90	St. Luke's OB/GYN Care Associates76
Social Security Office – Allentown111	St. Luke's Obstetrics and Gynecology Associates81
Social Security Office – Bethlehem111	St. Luke's Palmerton Pediatrics88
Social Security Office – Easton111	St. Luke's Pocono Pediatrics – Stroudsburg88

St. Luke's Pocono Pediatrics – E Stroudsburg88	Step By Step, Inc33, 122
St. Luke's Primary Care – Chew St71	Su Familia – Hispanic Family Helpline97
St. Luke's Primary Care – Hamilton72	Suburban Dental Associates74
St. Luke's Retina Center81	Super Cupboard52
St. Luke's Riverside Women's Health Care –	Survivors of Homicide Support Group 125
Anderson Campus 85	Survivors of Suicide Loss Support Group 125
St. Luke's Riverside Women's Health Care– Forks 85	Team Counseling Concepts13
St. Luke's Sacred Heart Campus64	Telephone Bills/Installation Assistance55
St. Luke's Saucon Valley Family Practice87	Tender Care Pediatrics – Dr. Lisa Caso83
St. Luke's South Mountain Family Practice78	Third Street Alliance for Women and Children 24, 37
St. Luke's University Health Network Psychiatric Associates33	Third Street Alliance for Women and Children – Sharing the Caring Adult Day Services58
St. Luke's University Hospital – Bethlehem64 St. Luke's Valley OB/GYN Associates – Allentown77	Third Street Alliance for Women and Children – The Learning Center14
St. Luke's Visiting Nurse Association97	Total Eye Care – Dr. William Semmel75
St. Luke's Women's Care OB/GYN – Allentown77	Treatment Trends, Inc60
St. Luke's Women's Health Center81	Trexler Family Dental Group91
St. Matthew Lutheran Church48	Trinity Episcopal Church50, 109
Star Community Health93	Trinity Episcopal Church – Trinity Soup Kitchen51
Star Community Health KidsCare Sigal –	Trinity United Church of Christ – Food Pantry49
Allentown71	Turner Street Apartments38
Star Community Health Dental – Bethlehem80	Turning Point of Lehigh Valley33, 38, 100, 125
Star Community Health Dental Sigal –	Unemployment Compensation57
Allentown74	Union Boulevard Dental Specialties
Star Community Health Family Medicine Bethlehem78	Upper Merion Dental Associates90
Star Community Health Family Medicine Sigal – Allentown71	Valley Health Partners Center for Women's Medicine77
Star Community Health KidsCare - Bethlehem78	Valley Health Partners Children's Clinic72
Star Community Health OB/GYN Sigal –	Valley Youth House13, 34, 38, 62
Allentown76	Valley Youth House Tobacco Free Northeast PA 63
Star Community Health Southside Bethlehem 78	Valliere & Counseling Associates, Inc. –
Star Community Women's Health76	Forensic Treatment Services34
Star Wellness Women's Health Center	Veteran Crisis Line
Bethlehem78	VHP – Lehigh Valley Physicians Practice70
State Senators7	VHP Center for Women's Medicine97

VHP Family Health Center	72
VIA of the Lehigh Valley, Inc	24, 66, 122
Victory House	38
Villanova Federal Tax Clinic	104
Voters' Registration Office	128
Walmart Vision Center	85
Walnutport Dental Center	91
Walter's Driving School	6
Warmline	101
Warren Hospital	64
Welfare Helpline	57
Weller Health Education Center	97
West Bethlehem Pantry	49
Whitehall Dental Associates	91
Whitehall Dental Group	91
Whitehall Family Dentistry	92
Whitehall Medical Associates	89

Whitehall/Coplay Area School District	117
WIC – Bethlehem	52
WIC – Casa Guadalupe	72
WIC – Easton	83
WIC – Lehighton-Carbon County	89
WIC – Women, Infants and Children Program	51
William Penn Family Dental PC	84
William Penn Family Practice	79
Wilson Area School District	117
Wolfe Dental Spa	80
Xfinity – Internet Only Promotion	55
YMCA of Easton, Phillipsburg & Vicinity	25
Youth Advocate Programs	
Northampton/Lehigh Counties	25, 104
YWCA Bethlehem6,	57, 116
Zero to Three	10

**Please Note:** Listing of an agency/service in this book is not meant as an endorsement. Post-publication, resource information may alter or become outdated within the year.

**Atención:** El listado de agencias/servicios en este libro no se ha hecho con el fin de respaldar a ninguna institución. La información de estos recursos puede cambiar o desactualizarse al fin de su publicación. Aunque este recurso no está traducido al español, los temas si están traducidos.

الرجاء أخذ العلم : لا يقصد بإدراج وكالة/خدمة في هذا الكتاب بأنها مصادقة. بعد النشر، قد تتغير معلومات الموارد أو تصبح قديمة خلال العام.

### **Disclaimer:**

This Community Resource Book is produced and printed with funds from the US Department of Health and Human Services, Office of Head Start for the purpose of distribution to families enrolled in Head Start/Early Head Start of the Lehigh Valley Programs. Community Agencies listed within were identified based on potential needs of the population served by Head Start and is not intended to be inclusive of all entities that provide these services. CSC does not endorse any of the services/providers within, nor take responsibility for changes in any information represented after publication.

**Note:** This material in part or whole may only be reproduced or transmitted with written permission from Community Services for Children, Inc., Head Start/Early Head Start of the Lehigh Valley.©

For questions concerning the Community Resource Book, please contact: Monica Fox, Assistant Director of Family and Community Engagement Phone: 610-437-6000 ext. 2213 or **mfox@cscinc.org** 

Revised July 2024



COMMUNITY SERVICES FOR CHILDREN, INC.
HEAD START/EARLY HEAD START OF THE
LEHIGH VALLEY
WWW.CSCINC.ORG