



Breakfast Menu

2026 – 2027 Cycle Menu

This institution is an equal opportunity provider.

Serving Sizes are as follows:

12months – 24months Old – m/ma ½oz, fruit ¼c, grain ½oz, 4oz Plain Whole Milk

24months – 36months Old – m/ma ½ oz, fruit ¼ c, grain ½ oz, 4oz Plain 1% Milk

3-5 Year Olds – m/ma ½ oz, fruit ½ c, grain ½ oz, 6oz Plain 1% Milk

School Age – m/ma 1oz, fruit ½ c, grain 1oz, 8oz Plain 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Day 1 WGR Apple Muffin Fruit Milk	Day 2 WG Rice Krispies (toasted oats) Fruit Milk	Day 3 WG English Muffin w/ Apple Butter Fruit Milk	Day 4 WG Kix Fruit Milk	Day 5 WG French Toast Fruit Milk
Day 6 WGR Blueberry Muffin Fruit Milk	Day 7 WG Life Cereal Fruit Milk	Day 8 WG Bagel w/ Cream Cheese Fruit Milk	Day 9 WG Corn Flakes Fruit Milk	Day 10 WG Pancake Fruit Milk
Day 11 WG Banana Muffin Fruit Milk	Day 12 WG Rice Krispies (toasted oats) Fruit Milk	Day 13 WG English Muffin w/ Apple Butter Fruit Milk	Day 14 WG Kix Fruit Milk	Day 15 WG Waffle Fruit Milk
Day 16 WGR Apple Muffin Fruit Milk	Day 17 WG Life Cereal Fruit Milk	Day 18 WG Bagel w/ Cream Cheese Fruit Milk	Day 19 WG Corn Flakes Fruit Milk	Day 20 WG French Toast Fruit Milk
Day 21 WGR Blueberry Muffin Fruit Milk				

WG = Whole Grain

Fruit options vary when in season, viable options are as follows: Apples, Applesauce, Flavored Applesauce, Fruit, Diced Pears, Diced Peaches, Fruit, Oranges, Pears, Cantaloupe, Honeydew, Strawberries, Fruit Cocktail, Peaches, Mandarin Oranges, Mangos

*****All cereals must contain no more than 6 grams of added sugars per dry ounce.*****

*****All yogurt contains no more than 12 grams of added sugars per 6 ounces (2 grams of added sugars per ounce).*****