



Lunch Menu

2026 – 2027 Cycle Menu

Serving Sizes are as follows:

6 months – 11 months – 6-8ounces of breast milk or formula and 0-1/2oz infant cereal or 0-4T m/ma or 0-2oz cheese or 0-4oz Yogurt; and 0-2T vegetable or fruit or a combination of both

12months – 24 months Old – m/ma 1oz, Fruit 1/8 c, vegetable 1/8 c, grain ½ oz, 4oz Plain Whole Milk (*menu modifications in italics*)

24months – 36 months Old - m/ma 1oz, Fruit 1/8 c, vegetable 1/8 c, grain ½ oz, 4oz Plain 1% Milk (*menu modifications in italics*)

3–5-Year-Old – m/ma 1.5oz, Fruit ¼ c, vegetable ¼ c, grain ½ oz, 6oz 1% Plain Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Day 1 Turkey Burger w/ American Cheese WGR Bun Mixed Vegetables Fruit Milk Veggie Burger	Day 2 Grilled Chicken Buttered Noodles Green Beans Fruit Milk Veggie Nugget Parm	Day 3 SunButter & Grape Sandwich Tomato & Cucumber Salad Fruit Milk Cheese Sandwich	Day 4 Taco Pasta Bake w/ Turkey Taco, Cheddar Cheese and Black Beans Corn Fruit Milk Veggie Burger	Day 5 Turkey & Cheese Sandwich Carrot Sticks w/ Ranch (Diced Tomatoes) Fruit Milk Sunbutter & Grape Sandwich
Day 6 Egg & Cheese Omelet Breakfast Potatoes Fruit Milk WG Cheese Sticks	Day 7 Walking Turkey Taco w/ Cheddar Cheese WG Tortilla Chips (WG Flour Tortilla) Corn Fruit Milk Bean Taco	Day 8 Cheese Sandwich on WW Bread Carrot Sticks (Diced Tomatoes) Ranch Fruit Milk	Day 9 Grilled Chicken Pesto Pasta Garden Salad w/ Ranch (Chic Peas) Fruit Milk Veggie Burger	Day 10 Pizza Dippers w/ Shredded Mozzarella Naan Bread Marinara Sauce Garden Salad (Chic Peas) Fruit Milk
Day 11 Italian Meatballs Brown Rice Baby Carrots (Cooked Carrots) Fruit Milk Veggie BBQ Meatballs	Day 12 WG Chicken Tenders Mashed Potatoes Fruit Milk WG Veggie Nuggets	Day 13 Turkey Ham & Cheese Sandwich on WG Bun Tomato & Cucumber Salad Fruit Milk Sunbutter & Grape Sandwich	Day 14 American Chop Suey WG Pasta w/ Tomatoes and Ground Turkey Mixed Vegetables Fruit Milk Lentil American Chop Suey	Day 15 SunButter & Grape Sandwich Fresh Broccoli (Peas) Fruit Milk
Day 16 Meatballs in Sauce w/ Mozzarella Cheese Hot dog Bun Cooked Broccoli Fruit Milk Veggie Meatballs	Day 17 Baked Chicken Parm WG Dinner Roll Mixed Vegetables Fruit Milk Veggie Nuggets	Day 18 Turkey & Cheddar Pasta Salad Carrot Sticks (chic peas) Fruit Milk Cheese Sandwich	Day 19 Beef BBQ WG Bun Potato Wedges Fruit Milk Veggie Bean BBQ	Day 20 Chicken Caesar Pasta Salad Fresh Broccoli (Peas) Ranch Fruit Milk Edamame Pasta Salad
Day 21 Mac & Cheese Green Beans Fruit Milk				

****ALL GRAIN COMPONENTS ARE WHOLE GRAIN RICH****